

Children learn to identify a variety of emotions through 12 fun illustrations each focusing on a distinct feeling.



Also, journey into the world of emotions with KidVision's FEELINGS series on YouTube!

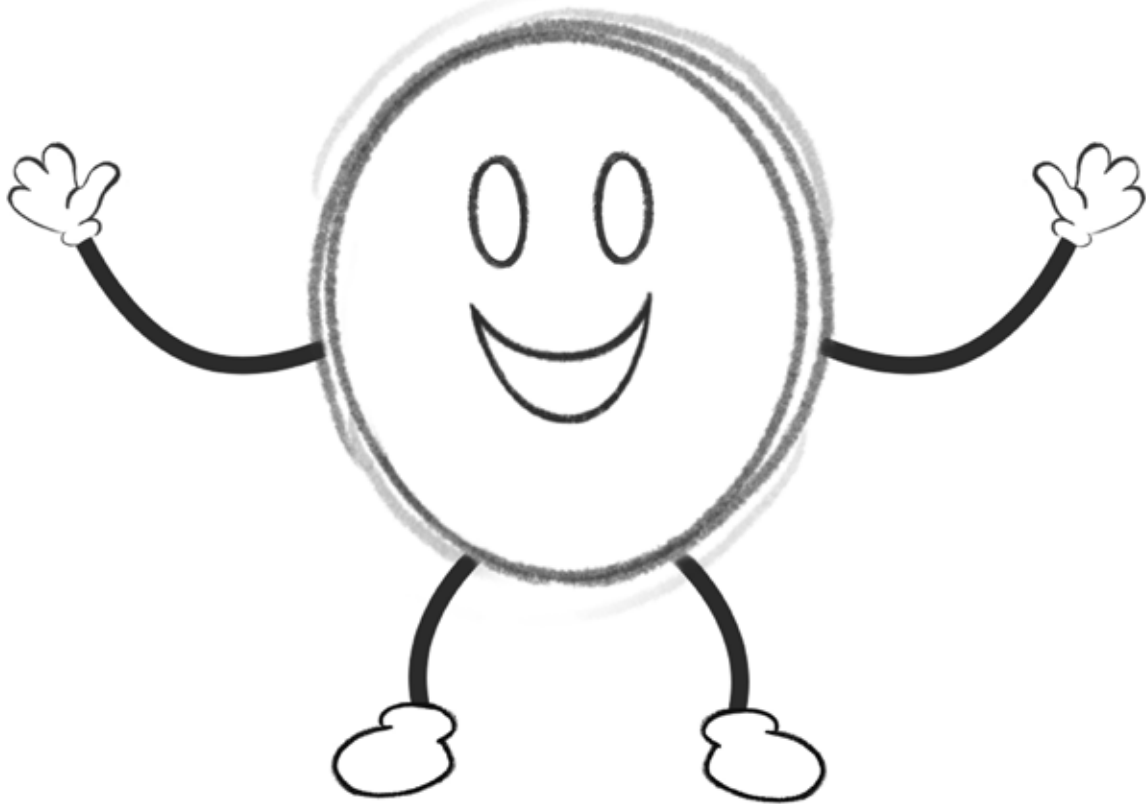


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# color Me HAPPY



**What color is Happy?**

**CHOOSE A COLOR:**



**What do you like to do when  
you are feeling Happy?**

**CHOOSE ONE:**

☐

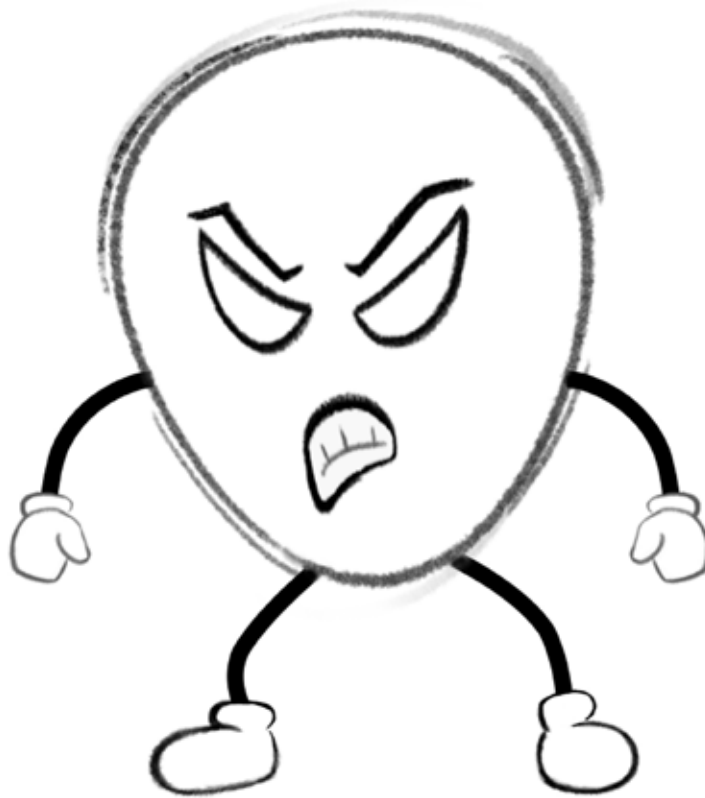
**I DO A HAPPY DANCE**

☐

**I SNUGGLE A  
STUFFED ANIMAL**



# Color Me **ANGRY**



**What color is Angry?**

**CHOOSE A COLOR:**



**How do you calm down  
when you're feeling angry?**

**CHOOSE ONE:**

☐

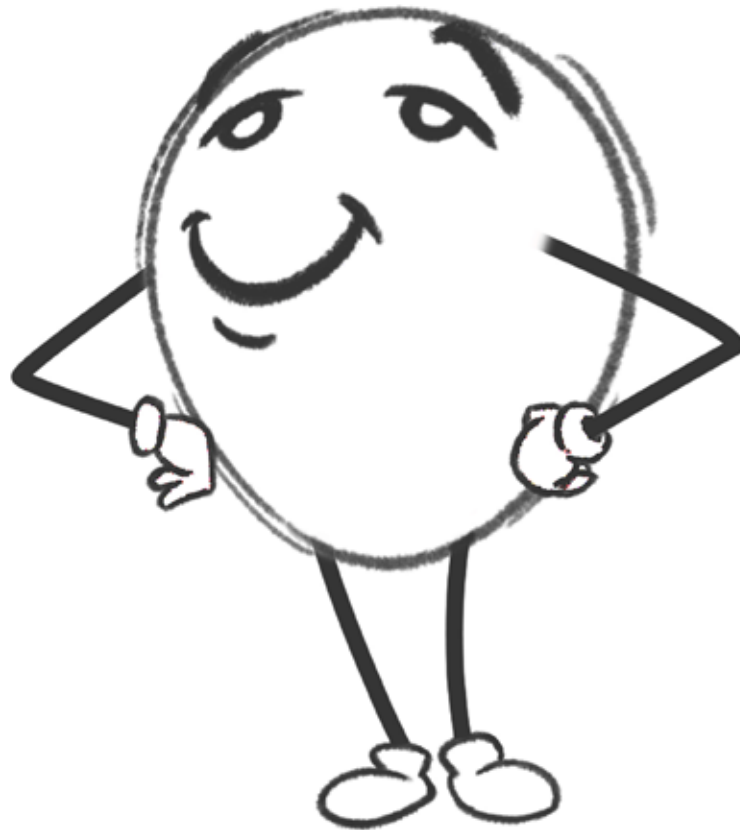
**I TAKE DEEP BREATHS**

☐

**I SCREAM REAL LOUD**



# color Me PROUD



**What color is Proud?**

**CHOOSE A COLOR:**



**What do you like to do when  
you are feeling Proud?**

**CHOOSE ONE:**

☐

**I PAT MYSELF ON  
THE BACK**

☐

**I GET REALLY SHY  
AND HIDE**





# Color Me CALM



**What color is Calm?**

**CHOOSE A COLOR:**



**How do we encourage being calm?**

**CHOOSE ONE:**

☐

**I RUN AROUND  
THE PLAYGROUND**

☐

**I TAKE DEEP BREATHS**



# Color Me SAD



**What color is Sad?**

**CHOOSE A COLOR:**



**If I'm Sad, how can I feel better?**

**CHOOSE ONE:**

☐

**I SCREAM REAL LOUD**

☐

**I HUG A STUFFED  
ANIMAL OR  
SOMEONE I LOVE**



# Color Me SHY



**What color is Shy?**

**CHOOSE A COLOR:**



**How can I help a friend not feel shy?**

**CHOOSE ONE:**

☐

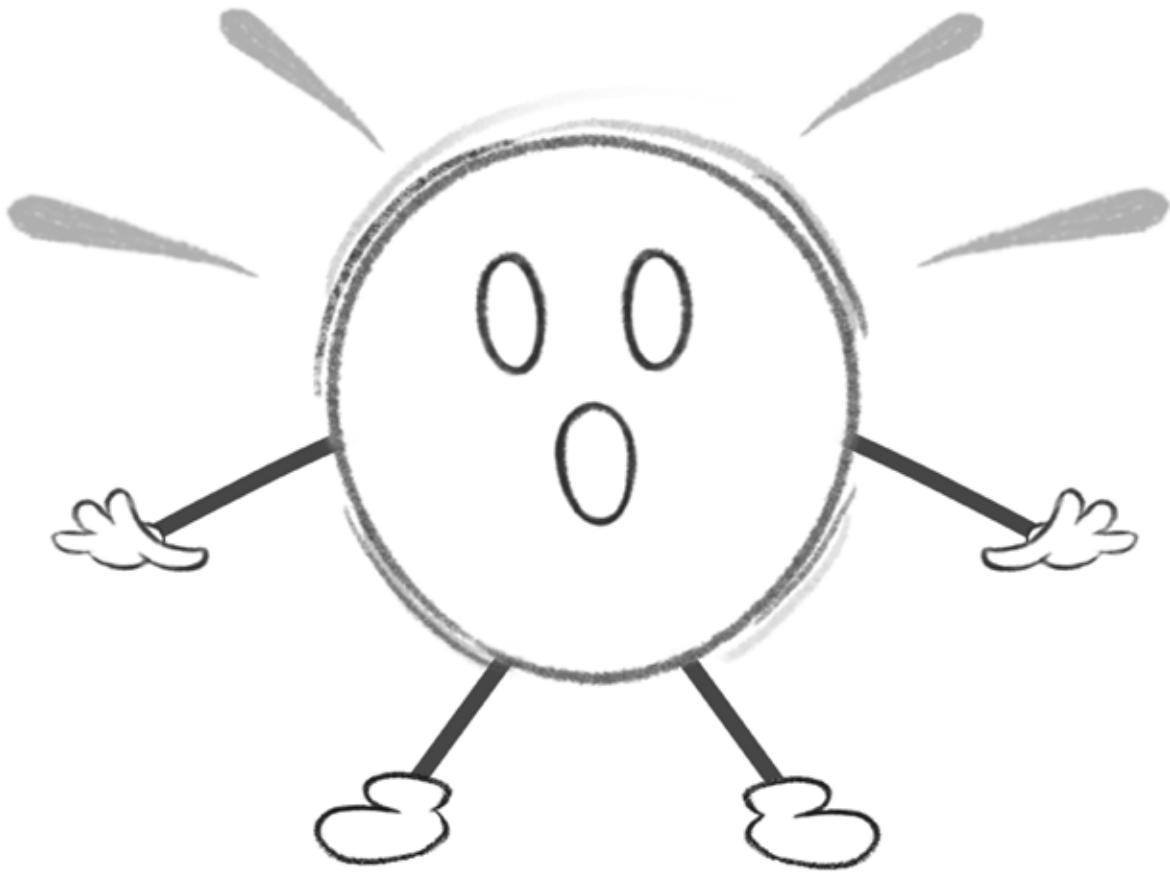
**WE HIDE BEHIND  
AN ADULT**

☐

**I SMILE AND ASK  
THEM TO PLAY**



# Color Me SURPRISED



**What color is Surprised?**

**CHOOSE A COLOR:**



**What makes you feel Surprised?**

**CHOOSE ONE:**

☐

**WHEN DINNER TIME  
COMES AROUND**

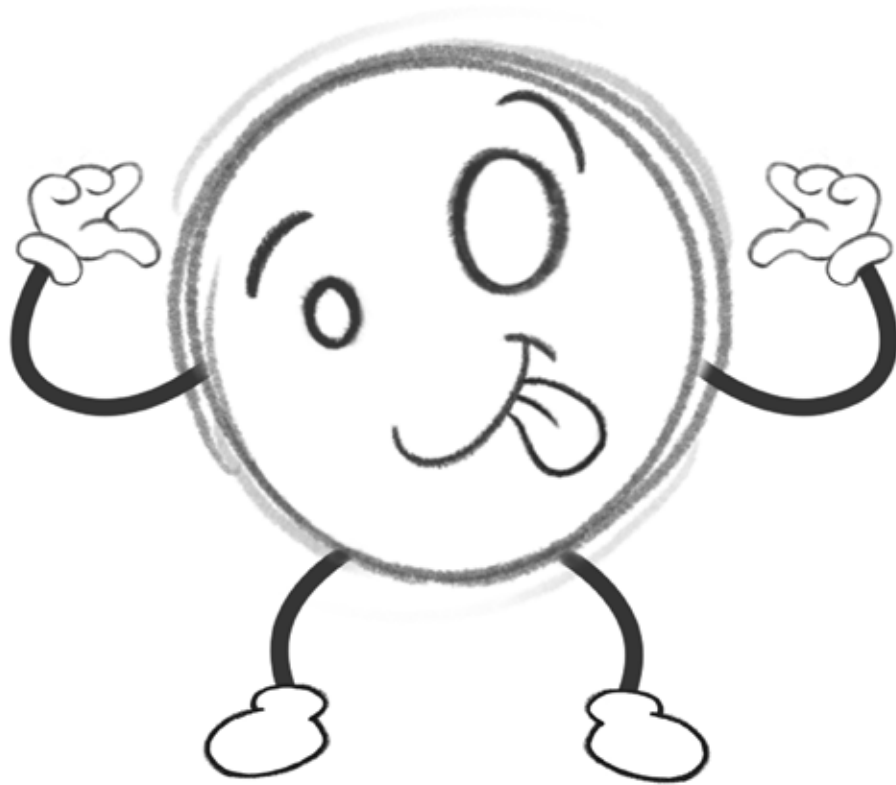
☐

**RECEIVING  
A PRESENT**





# Color Me SILLY



**What color is Silly?**

**CHOOSE A COLOR:**



**What do you do when you feel Silly?**

**CHOOSE ONE:**

☐

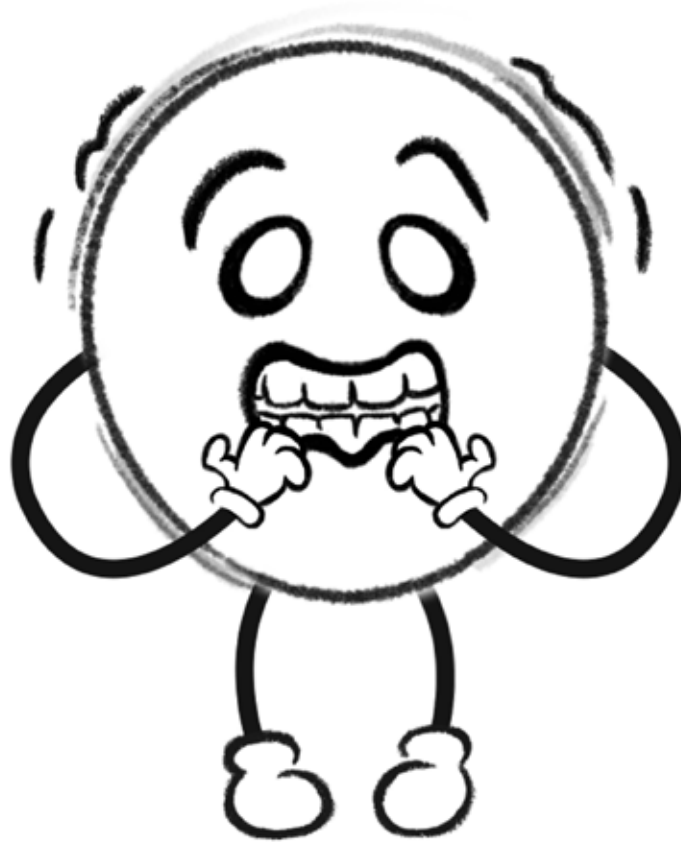
**I DO A SILLY DANCE**

☐

**I TAKE A NAP**



# Color Me SCARED



**What color is Scared?**

**CHOOSE A COLOR:**



**What do you do when you're Scared?**

**CHOOSE ONE:**

☐

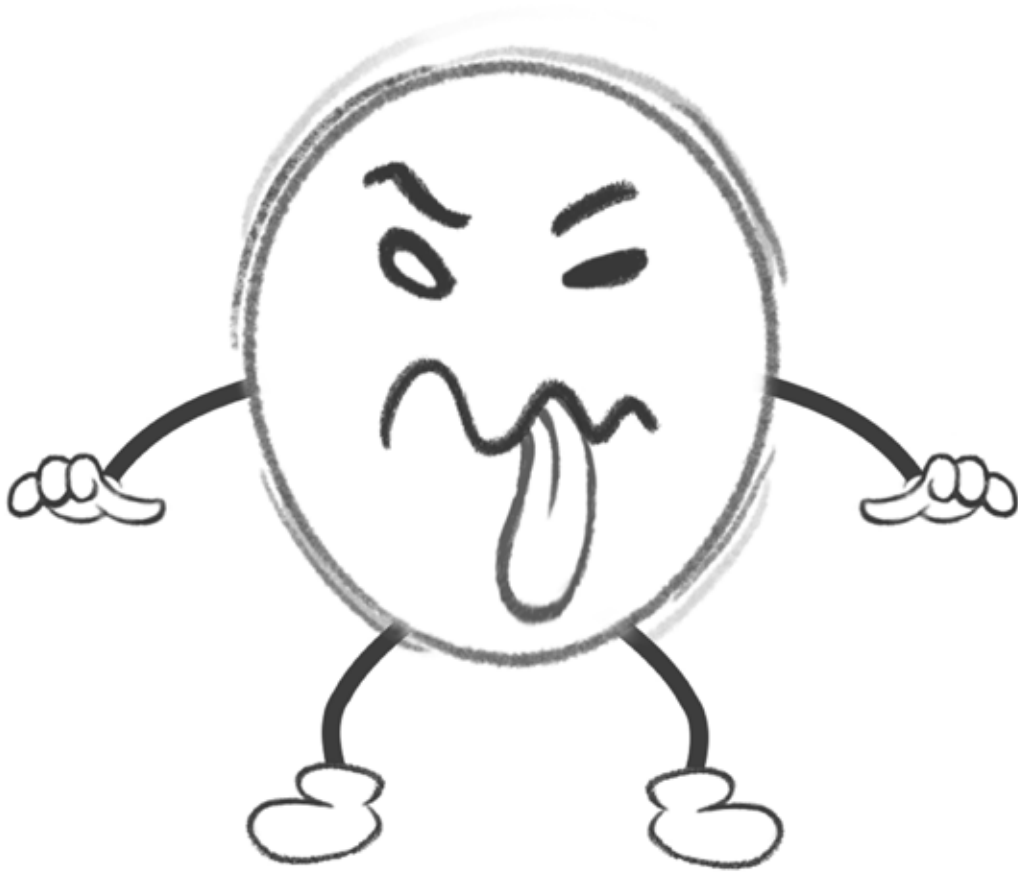
**I GIVE SOMEONE  
A BIG HUG**

☐

**I DO A SILLY DANCE**



# Color Me DISGUSTED



**What color is Disgusted?**

**CHOOSE A COLOR:**



**What do you do if you feel Disgusted?**

**CHOOSE ONE:**

☐

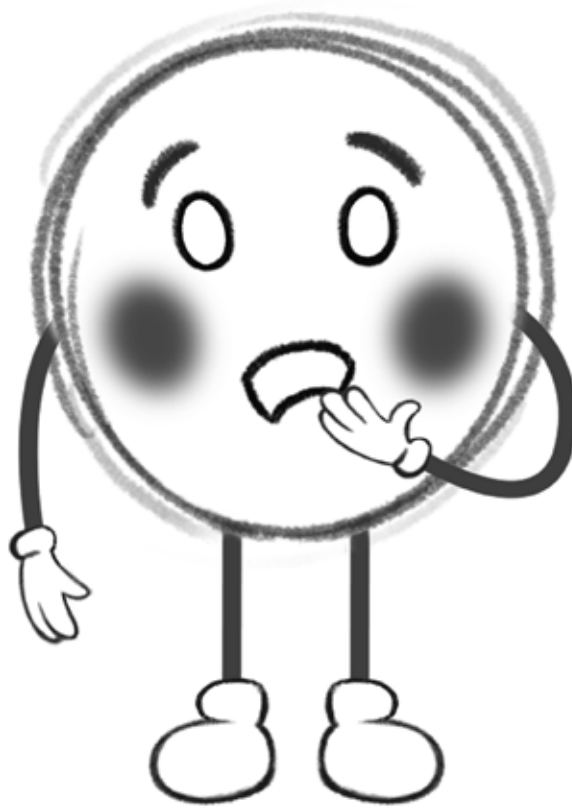
**I CLOSE MY EYES  
AND THINK OF  
SOMETHING HAPPY**

☐

**I KEEP LOOKING AT  
THE SOMETHING  
YUCKY**



# Color Me EMBARRASSED



**What color is Embarrassed?**

**CHOOSE A COLOR:**



**How can I feel better after  
I get Embarrassed?**

**CHOOSE ONE:**

☐

**I HIDE BEHIND  
AN ADULT**

☐

**I REMEMBER EVERYONE  
MAKES MISTAKES AND  
SAY "IT'S OKAY!"**



# Color Me CONFUSED



**What color is Confused?**

**CHOOSE A COLOR:**



**What can I do when I feel confused?**

**CHOOSE ONE:**

☐

**PROBLEM SOLVE  
WITH AN ADULT**

☐

**GET REALLY  
UPSET**



# Watch Now!



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