

**Create National
JANUARY 2023
DECEMBER 26 – JANUARY 1, 2023**

TIME	MONDAY, Dec 26	TUESDAY, Dec 27	WEDNESDAY, Dec 28	THURSDAY, Dec 29	FRIDAY, Dec 30	SATURDAY, Dec 31	SUNDAY, Jan 01	TIME
6 AM	THE LEGACY LIST WITH MATT PAXTON	J SCHWANKE'S LIFE IN BLOOM #312	CONSCIOUS LIVING #205	MAKE IT ARTSY #903H	BABY MAKES 3 #203	CLASSICAL STRETCH: B Y ESSENTRIC #1418	CLASSICAL STRETCH: B Y ESSENTRIC #1209	6 AM
06:30	Back to School #302	CULTURE QUEST #106H	GROWING BOLDER #701	FOR YOUR HOME #2306H	MAKE YOUR MARK #103	YNDI YOGA #112H	HAPPY YOGA WITH SARA H STARR #101	06:30
7 AM	BEST OF SEWING WITH NANCY #212	QUILTING ARTS #2613H	FIT 2 STITCH #804	QUILTING ARTS #2701H	BEST OF SEWING WITH NANCY #213	FONS & PORTER'S LOVE OF QUILTING #3501H	IT'S SEW EASY #1912H	7 AM
07:30	PAINT THIS WITH JERRY YARNELL #3113H	PAINTING AND TRAVEL WITH ROGER & #705	PAINTING WITH WILSON BICKFORD #703H	LANDSCAPES THROUGH TIME WITH DAV #112	PAINT THIS WITH JERRY YARNELL #1301	CANVASING THE WORLD WITH SEAN D #102H	WYLAND'S ART STUDIO #509	07:30
8 AM	THIS OLD HOUSE #4407	CRAFTSMAN'S LEGACY #212	AMERICAN WOODSHOP #2803H	CRAFTSMAN'S LEGACY #213	THIS OLD HOUSE #4407	ASK THIS OLD HOUSE #2107	CLASSICAL STRETCH: B Y ESSENTRIC #1418	8 AM
08:30	ASK THIS OLD HOUSE #2107	WOODSMITH SHOP #1506H	CLASSIC WOODWORKING #102	WOODSMITH SHOP #1507H	ASK THIS OLD HOUSE #2107	THIS OLD HOUSE #4407	CLASSICAL STRETCH: B Y ESSENTRIC #1209	08:30
9 AM	DINING WITH THE CHEF #838	TASTEMAKERS #109	HOW SHE ROLLS #203	CIAO ITALIA #2920	CROSSING SOUTH #304	P. ALLEN SMITH'S GARDEN HOME #1404	THE JAZZY VEGETARIAN #701	9 AM
09:30	FIT TO EAT (HOMETOWN CREATE) #112H	LIDIA'S KITCHEN #913	AMERICA'S TEST KITCHEN #2217	CHRISTOPHER KIMBALL'S MILK STREE #317	AMERICA'S TEST KITCHEN #2218	GARDEN SMART #6709	ELLIE'S REAL GOOD FOOD #103	09:30
10 AM	DISCOVER THE UPPER CUMBERLAND (#106H)	DAYTRIPPER #901	TWO FOR THE ROAD #402	HIGHPOINTERS WITH TH E BARGO BRO #105H	CYCLE AROUND JAPAN HIGHLIGHTS #439	THE GREAT AMERICAN RECIPE	TRAILS TO OISHII TOKYO #539	10 AM
10:30	SEEING CANADA #203	TRAVELSCOPE #507H	OUTSIDE: BEYOND THE LENS #205	TRAVELSCOPE #508H	SAMANTHA BROWN'S PLACES TO LOVE #308	If I Were A Recipe #101	JOURNEYS IN JAPAN #839	10:30
11 AM	RICK STEVES' EUROPE #801	RICK STEVES' EUROPE #802	RICK STEVES' EUROPE #803	RICK STEVES' EUROPE #804	RICK STEVES' EUROPE #805	THE GREAT AMERICAN RECIPE	J SCHWANKE'S LIFE IN BLOOM #405	11 AM
11:30	BEST OF THE JOY OF PAINTING #3843	BEST OF THE JOY OF PAINTING #3844	BEST OF THE JOY OF PAINTING #3845	BEST OF THE JOY OF PAINTING #3846	BEST OF THE JOY OF PAINTING #3847	The Daily Dish #102H	FAMILY PLOT: GARDENING IN THE M #1240	11:30
12 N	IN JULIA'S KITCHEN WITH MASTER C #117	TASTEMAKERS #109	HOW SHE ROLLS #203	CIAO ITALIA #2920	CROSSING SOUTH #304	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	12 N
12:30	MY GREEK TABLE WITH DIANE KOCHIL #304	LIDIA'S KITCHEN #913	AMERICA'S TEST KITCHEN #2217	CHRISTOPHER KIMBALL'S MILK STREE #317	AMERICA'S TEST KITCHEN #2218	Love Language #103H	If I Were A Recipe #101	12:30
1 PM	BEST OF SEWING WITH NANCY #212	QUILTING ARTS #2613H	FIT 2 STITCH #804	QUILTING ARTS #2701H	BEST OF SEWING WITH NANCY #213	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	1 PM
13:30	PAINT THIS WITH JERRY YARNELL #3113H	PAINTING AND TRAVEL WITH ROGER & #705	PAINTING WITH WILSON BICKFORD #703H	LANDSCAPES THROUGH TIME WITH DAV #112	PAINT THIS WITH JERRY YARNELL #1301	Moveable Feasts #104H	The Daily Dish #102H	13:30
2 PM	THIS OLD HOUSE #4407	CRAFTSMAN'S LEGACY #212	AMERICAN WOODSHOP #2803H	CRAFTSMAN'S LEGACY #213	THIS OLD HOUSE #4407	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	2 PM
14:30	ASK THIS OLD HOUSE #2107	WOODSMITH SHOP #1506H	CLASSIC WOODWORKING #102	WOODSMITH SHOP #1507H	ASK THIS OLD HOUSE #2107	Party on a Plate #105H	Love Language #103H	14:30
3 PM	BEST OF SEWING WITH NANCY #212	QUILTING ARTS #2613H	FIT 2 STITCH #804	QUILTING ARTS #2701H	BEST OF SEWING WITH NANCY #213	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	3 PM
15:30	AMERICA'S TEST KITCHEN #2112	COOK'S COUNTRY #1509	AMERICA'S TEST KITCHEN #2113	COOK'S COUNTRY #1510	AMERICA'S TEST KITCHEN #2114	Mix It Up #106H	Moveable Feasts #104H	15:30
4 PM	IN JULIA'S KITCHEN WITH MASTER C #117	TASTEMAKERS #109	HOW SHE ROLLS #203	CIAO ITALIA #2920	CROSSING SOUTH #304	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	4 PM
16:30	FIT TO EAT (HOMETOWN CREATE) #112H	LIDIA'S KITCHEN #913	AMERICA'S TEST KITCHEN #2217	CHRISTOPHER KIMBALL'S MILK STREE #317	AMERICA'S TEST KITCHEN #2218	Family #107H	Party on a Plate #105H	16:30
5 PM	DISCOVER THE UPPER CUMBERLAND (#106H)	DAYTRIPPER #901	TWO FOR THE ROAD #402	HIGHPOINTERS WITH TH E BARGO BRO #105H	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	5 PM
17:30	SEEING CANADA #203	TRAVELSCOPE #507H	OUTSIDE: BEYOND THE LENS #205	TRAVELSCOPE #508H	If I Were A Recipe #101	The Great American Recipe #108H	Mix It Up #106H	17:30
6 PM	RICK STEVES' EUROPE #801	RICK STEVES' EUROPE #802	RICK STEVES' EUROPE #803	RICK STEVES' EUROPE #804	THE GREAT AMERICAN RECIPE	RICK STEVES' EUROPE #806	THE GREAT AMERICAN RECIPE	6 PM
18:30	HOW TO COOK WELL WITH H RORY O'CON #201	HOW TO COOK WELL WITH H RORY O'CON #202	HOW TO COOK WELL WITH H RORY O'CON #203	HOW TO COOK WELL WITH H RORY O'CON #204	The Daily Dish #102H	CHRISTOPHER KIMBALL'S MILK STREE #415H	Family #107H	18:30
7 PM	SIMPLY MING #1812	ROADFOOD #112H	JACQUES PEPIN: HEART & SOUL #111	100 DAYS, DRINKS, DI SHES AND DE #205H	THE GREAT AMERICAN RECIPE	100 DAYS, DRINKS, DI SHES AND DE #206H	THE GREAT AMERICAN RECIPE	7 PM
19:30	COOK'S COUNTRY #1213	NEW ORLEANS COOKING WITH KEVIN #121H	COOK'S COUNTRY #1301H	PATI'S MEXICAN TABLE #811H	Love Language #103H	PATI'S MEXICAN TABLE #812H	The Great American Recipe #108H	19:30
8 PM	AMERICA'S TEST KITCHEN #2209	CHRISTOPHER KIMBALL'S MILK STREE #509	LIDIA'S KITCHEN #914	CHRISTOPHER KIMBALL'S MILK STREE #510	THE GREAT AMERICAN RECIPE	CRAFT IN AMERICA #104H	CRAFT IN AMERICA #1041	8 PM
20:30	HOW TO COOK WELL WITH H RORY O'CON #201	HOW TO COOK WELL WITH H RORY O'CON #202	HOW TO COOK WELL WITH H RORY O'CON #203	HOW TO COOK WELL WITH H RORY O'CON #204	Moveable Feasts #104H	#302	#401	20:30
9 PM	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	BEST OF THE JOY OF PAINTING #3847	THE GREAT AMERICAN RECIPE	9 PM
21:30	If I Were A Recipe #101	The Daily Dish #102H	Love Language #103H	Moveable Feasts #104H	Party on a Plate #105H	BEST OF THE JOY OF PAINTING #3843	Party on a Plate #105H	21:30
10 PM	RICK STEVES' EUROPE #801	RICK STEVES' EUROPE #802	RICK STEVES' EUROPE #803	RICK STEVES' EUROPE #804	THE GREAT AMERICAN RECIPE	AMERICA'S TEST KITCHEN #2114	RICHARD BANGS' ADVENTURES WITH PURPOSE GREECE: QUEST FOR THE	10 PM
22:30	SEEING CANADA #203	TRAVELSCOPE #507H	OUTSIDE: BEYOND THE LENS #205	TRAVELSCOPE #508H	Mix It Up #106H	COOK'S COUNTRY #1302H	REECE: QUEST FOR THE	22:30
11 PM	IN THE AMERICAS WITH DAVID YETMAN #206	DAYTRIPPER #901	TWO FOR THE ROAD #402	HIGHPOINTERS WITH TH E BARGO BRO #105H	THE GREAT AMERICAN RECIPE	IN JULIA'S KITCHEN WITH MASTER C #117	MY GREEK TABLE WITH DIANE KOCHIL #304	11 PM
23:30	BEST OF THE JOY OF PAINTING #3843	BEST OF THE JOY OF PAINTING #3844	BEST OF THE JOY OF PAINTING #3845	BEST OF THE JOY OF PAINTING #3846	Family #107H	TASTEMAKERS #109	LIDIA'S KITCHEN #913	23:30
12 M	HOW TO COOK WELL WITH H RORY O'CON #201	HOW TO COOK WELL WITH H RORY O'CON #202	HOW TO COOK WELL WITH H RORY O'CON #203	HOW TO COOK WELL WITH H RORY O'CON #204	THE GREAT AMERICAN RECIPE	CIAO ITALIA #2920	CHRISTOPHER KIMBALL'S MILK STREE #317	12 M
24:30	AMERICA'S TEST KITCHEN #2209	CHRISTOPHER KIMBALL'S MILK STREE #509	LIDIA'S KITCHEN #914	CHRISTOPHER KIMBALL'S MILK STREE #510	The Great American Recipe #108H	HOW SHE ROLLS #203	AMERICA'S TEST KITCHEN #2217	24:30
1 AM	SIMPLY MING #1812	ROADFOOD #112H	JACQUES PEPIN: HEART & SOUL #111	100 DAYS, DRINKS, DI SHES AND DE #205H	AMERICA'S TEST KITCHEN #2114	CROSSING SOUTH #304	AMERICA'S TEST KITCHEN #2218	1 AM
25:30	COOK'S COUNTRY #1213	NEW ORLEANS COOKING WITH KEVIN #121H	COOK'S COUNTRY #1301H	PATI'S MEXICAN TABLE #811H	COOK'S COUNTRY #1302H	THE JAZZY VEGETARIAN #513H	ELLIE'S REAL GOOD FOOD #103	25:30
2 AM	HOW TO COOK WELL AT CHRISTMAS WI #101	HOW TO COOK WELL AT CHRISTMAS WI #103	HOW TO COOK WELL AT CHRISTMAS WI #105	CURIOUS TRAVELER #308	LIDIA'S KITCHEN #914	BEST OF THE JOY OF PAINTING #3847	THE GREAT AMERICAN RECIPE	2 AM
26:30	HOW TO COOK WELL AT CHRISTMAS WI #102	HOW TO COOK WELL AT CHRISTMAS WI #104	CHRISTMAS ON THE DANUBE	THE MAGIC OF CHRISTMAS IN ALSACE	CHRISTOPHER KIMBALL'S MILK STREE #510	BEST OF THE JOY OF PAINTING #3843	Party on a Plate #105H	26:30
3 AM	IN JULIA'S KITCHEN WITH MASTER C #117	TASTEMAKERS #109	HOW SHE ROLLS #203	CIAO ITALIA #2920	CROSSING SOUTH #304	CRAFT IN AMERICA #104H	CRAFT IN AMERICA #1041	3 AM
27:30	MY GREEK TABLE WITH DIANE KOCHIL #304	LIDIA'S KITCHEN #913	AMERICA'S TEST KITCHEN #2217	CHRISTOPHER KIMBALL'S MILK STREE #317	AMERICA'S TEST KITCHEN #2218	#302	#401	27:30
4 AM	THIS OLD HOUSE #4407	CRAFTSMAN'S LEGACY #212	AMERICAN WOODSHOP #2803H	CRAFTSMAN'S LEGACY #213	THIS OLD HOUSE #4407	THE GREAT AMERICAN RECIPE	RICHARD BANGS' ADVENTURES WITH PURPOSE GREECE: QUEST FOR THE	4 AM
28:30	ASK THIS OLD HOUSE #2107	WOODSMITH SHOP #1506H	CLASSIC WOODWORKING #102	WOODSMITH SHOP #1507H	ASK THIS OLD HOUSE #2107	The Great American Recipe #108H	REECE: QUEST FOR THE	28:30
5 AM	RICK STEVES' EUROPE #801	RICK STEVES' EUROPE #802	RICK STEVES' EUROPE #803	RICK STEVES' EUROPE #804	THE GREAT AMERICAN RECIPE	THE JAZZY VEGETARIAN #513H	THE JAZZY VEGETARIAN #701	5 AM
29:30	BEST OF THE JOY OF PAINTING #3843	BEST OF THE JOY OF PAINTING #3844	BEST OF THE JOY OF PAINTING #3845	BEST OF THE JOY OF PAINTING #3846	The Daily Dish #102H	ELLIE'S REAL GOOD FOOD #102H	ELLIE'S REAL GOOD FOOD #103	29:30

TIME	MONDAY, Dec 26	TUESDAY, Dec 27	WEDNESDAY, Dec 28	THURSDAY, Dec 29	FRIDAY, Dec 30	SATURDAY, Dec 31	SUNDAY, Jan 01	TIME
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Create National
JANUARY 2 – JANUARY 8, 2023

TIME	MONDAY, Jan 02	TUESDAY, Jan 03	WEDNESDAY, Jan 04	THURSDAY, Jan 05	FRIDAY, Jan 06	SATURDAY, Jan 07	SUNDAY, Jan 08	TIME
6 AM	THE LEGACY LIST WITH MATT PAXTON	J SCHWANKE'S LIFE IN BLOOM #313	CONSCIOUS LIVING #206	MAKE IT ARTSY #904H	BABY MAKES 3 #204	CLASSICAL STRETCH: B Y ESSENTRI#1101H	CLASSICAL STRETCH: B Y ESSENTRI#1210	6 AM
06:30	Moving Mom #303	CULTURE QUEST #101H	GROWING BOLDER #702	FOR YOUR HOME #2508H	MAKE YOUR MARK #104	YNDI YOGA #113H	HAPPY YOGA WITH SARA H STARR #102	06:30
7 AM	BEST OF SEWING WITH NANCY #214	QUILTING ARTS #2702H	FIT 2 STITCH #805	QUILTING ARTS #2703H	BEST OF SEWING WITH NANCY #215	FONS & PORTER'S LOVE OF QUILTIN #3502H	IT'S SEW EASY #1913H	7 AM
07:30	PAINT THIS WITH JERRY YARNELL #1302	PAINTING AND TRAVEL WITH ROGER & #706	PAINTING WITH WILSON BICKFORD #704H	LANDSCAPES THROUGH TIME WITH DAV #113	PAINT THIS WITH JERRY YARNELL #1303	CANVASING THE WORLD WITH SEAN D #103H	WYLAND'S ART STUDIO #510	07:30
8 AM	THIS OLD HOUSE #4408	THIS OLD HOUSE #3601	THIS OLD HOUSE #3602	THIS OLD HOUSE #3603	THIS OLD HOUSE #3604	ASK THIS OLD HOUSE #2108	CLASSICAL STRETCH: B Y ESSENTRI#1101H	8 AM
08:30	ASK THIS OLD HOUSE #2108	WOODSMITH SHOP #1508H	CLASSIC WOODWORKING #103	CRAFTSMAN'S LEGACY #401	AMERICAN WOODSHOP #2804H	THIS OLD HOUSE #4408	CLASSICAL STRETCH: B Y ESSENTRI#1210	08:30
9 AM	DINING WITH THE CHEF #839	TASTEMAKERS #110	HOW SHE ROLLS #204	CIAO ITALIA #2921	CROSSING SOUTH #305	P. ALLEN SMITH'S GARDEN HOME #1405	THE JAZZY VEGETARIAN #702	9 AM
09:30	FIT TO EAT (HOMETOWN CREATE) #113H	LIDIA'S KITCHEN #914	AMERICA'S TEST KITCHEN #2219	CHRISTOPHER KIMBALL'S MILK STREE #318	AMERICA'S TEST KITCHEN #2220	GARDEN SMART #6710	ELLIE'S REAL GOOD FOOD #104	09:30
10 AM	DISCOVER THE UPPER CUMBERLAND (#107H)	DAYTRIPPER #902	TWO FOR THE ROAD #403	HIGHPOINTERS WITH THE BARGO BRO #101H	CYCLE AROUND JAPAN HIGHLIGHTS #440	AMERICA'S TEST KITCHEN #2125	TRAILS TO OISHII TOKYO #540	10 AM
10:30	SEEING CANADA #204	TRAVELSCOPE #509H	OUTSIDE: BEYOND THE LENS #206	TRAVELSCOPE #510H	SAMANTHA BROWN'S PLACES TO LOVE #309	AMERICA'S TEST KITCHEN #2015H	JOURNEYS IN JAPAN #840	10:30
11 AM	RICK STEVES' EUROPE #807	RICK STEVES' EUROPE #808	RICK STEVES' EUROPE #809	RICK STEVES' EUROPE #810	RICK STEVES' EUROPE #811	COOK'S COUNTRY #1411	J SCHWANKE'S LIFE IN BLOOM #406	11 AM
11:30	BEST OF THE JOY OF PAINTING #3848	BEST OF THE JOY OF PAINTING #3849	BEST OF THE JOY OF PAINTING #3850	BEST OF THE JOY OF PAINTING #3851	BEST OF THE JOY OF PAINTING #3852	AMERICA'S TEST KITCHEN #1910	FAMILY PLOT: GARDENING IN THE M #1241	11:30
12 N	IN JULIA'S KITCHEN WITH MASTER C #118	TASTEMAKERS #110	HOW SHE ROLLS #204	CIAO ITALIA #2921	CROSSING SOUTH #305	COOK'S COUNTRY #1508	AMERICA'S TEST KITCHEN #2125	12 N
12:30	MY GREEK TABLE WITH DIANE KOCHIL #305	LIDIA'S KITCHEN #914	AMERICA'S TEST KITCHEN #2219	CHRISTOPHER KIMBALL'S MILK STREE #318	AMERICA'S TEST KITCHEN #2220	AMERICA'S TEST KITCHEN #2019H	AMERICA'S TEST KITCHEN #2015H	12:30
1 PM	BEST OF SEWING WITH NANCY #214	QUILTING ARTS #2702H	FIT 2 STITCH #805	QUILTING ARTS #2703H	BEST OF SEWING WITH NANCY #215	AMERICA'S TEST KITCHEN #1916	COOK'S COUNTRY #1411	1 PM
13:30	PAINT THIS WITH JERRY YARNELL #1302	PAINTING AND TRAVEL WITH ROGER & #706	PAINTING WITH WILSON BICKFORD #704H	LANDSCAPES THROUGH TIME WITH DAV #113	PAINT THIS WITH JERRY YARNELL #1303	AMERICA'S TEST KITCHEN #1918	AMERICA'S TEST KITCHEN #1910	13:30
2 PM	THIS OLD HOUSE #4408	THIS OLD HOUSE #3601	THIS OLD HOUSE #3602	THIS OLD HOUSE #3603	THIS OLD HOUSE #3604	COOK'S COUNTRY #1502	COOK'S COUNTRY #1508	2 PM
14:30	ASK THIS OLD HOUSE #2108	WOODSMITH SHOP #1508H	CLASSIC WOODWORKING #103	CRAFTSMAN'S LEGACY #401	AMERICAN WOODSHOP #2804H	COOK'S COUNTRY #1503	AMERICA'S TEST KITCHEN #2019H	14:30
3 PM	BEST OF SEWING WITH NANCY #214	QUILTING ARTS #2702H	FIT 2 STITCH #805	QUILTING ARTS #2703H	BEST OF SEWING WITH NANCY #215	THIS OLD HOUSE #4408	AMERICA'S TEST KITCHEN #1916	3 PM
15:30	AMERICA'S TEST KITCHEN #2115	COOK'S COUNTRY #1511	AMERICA'S TEST KITCHEN #2116	COOK'S COUNTRY #1512	AMERICA'S TEST KITCHEN #2117	ASK THIS OLD HOUSE #2108	AMERICA'S TEST KITCHEN #1918	15:30
4 PM	IN JULIA'S KITCHEN WITH MASTER C #118	TASTEMAKERS #110	HOW SHE ROLLS #204	CIAO ITALIA #2921	CROSSING SOUTH #305	AMERICA'S TEST KITCHEN #2211	COOK'S COUNTRY #1502	4 PM
16:30	FIT TO EAT (HOMETOWN CREATE) #113H	LIDIA'S KITCHEN #914	AMERICA'S TEST KITCHEN #2219	CHRISTOPHER KIMBALL'S MILK STREE #318	AMERICA'S TEST KITCHEN #2220	COOK'S COUNTRY #1304H	COOK'S COUNTRY #1503	16:30
5 PM	DISCOVER THE UPPER CUMBERLAND (#107H)	DAYTRIPPER #902	TWO FOR THE ROAD #403	HIGHPOINTERS WITH THE BARGO BRO #101H	CYCLE AROUND JAPAN HIGHLIGHTS #440	RICK STEVES ART OF EUROPE	LUCKY CHOW #501	5 PM
17:30	SEEING CANADA #204	TRAVELSCOPE #509H	OUTSIDE: BEYOND THE LENS #206	TRAVELSCOPE #510H	SAMANTHA BROWN'S PLACES TO LOVE #309	Stone Age to Ancient Greece #101H	SIMPLY MING #1813	17:30
6 PM	RICK STEVES' EUROPE #807	RICK STEVES' EUROPE #808	RICK STEVES' EUROPE #809	RICK STEVES' EUROPE #810	RICK STEVES' EUROPE #811	RICK STEVES' EUROPE #812	A CHEF'S LIFE #202	6 PM
18:30	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	LUCKY CHOW #504	LUCKY CHOW #505	CHRISTOPHER KIMBALL'S MILK STREE #416H	LIDIA'S KITCHEN #915	18:30
7 PM	SIMPLY MING #1813	ROADFOOD #113H	JACQUES PEPIN: HEART & SOUL #112	100 DAYS, DRINKS, DISHES AND DE #207H	SIMPLY MING #1801	FIELD TRIP WITH CURTIS STONE #101	SARA'S WEEKNIGHT MEALS #1101	7 PM
19:30	COOK'S COUNTRY #1303H	NEW ORLEANS COOKING WITH KEVIN #122H	COOK'S COUNTRY #1304H	PAT'S MEXICAN TABLE #813H	COOK'S COUNTRY #1305H	PAT'S MEXICAN TABLE #901	NICK STELLINO: STORY TELLER IN TH #301	19:30
8 PM	AMERICA'S TEST KITCHEN #2211	CHRISTOPHER KIMBALL'S MILK STREE #511	LIDIA'S KITCHEN #915	CHRISTOPHER KIMBALL'S MILK STREE #512	AMERICA'S TEST KITCHEN #2212	CRAFT IN AMERICA Crossroads	CRAFT IN AMERICA Forge	8 PM
20:30	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	LUCKY CHOW #504	LUCKY CHOW #505	#402	#501	20:30
9 PM	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	AMERICA'S TEST KITCHEN #2114	AMERICA'S TEST KITCHEN #2125	BEST OF THE JOY OF PAINTING #3852	AMERICA'S TEST KITCHEN #2125	9 PM
21:30	Mix It Up #106H	Family #107H	The Great American Recipe #108H	COOK'S COUNTRY #1302H	AMERICA'S TEST KITCHEN #2015H	BEST OF THE JOY OF PAINTING #3848	AMERICA'S TEST KITCHEN #2015H	21:30
10 PM	RICK STEVES' EUROPE #807	RICK STEVES' EUROPE #808	RICK STEVES' EUROPE #809	RICK STEVES' EUROPE #810	COOK'S COUNTRY #1411	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	10 PM
22:30	SEEING CANADA #204	TRAVELSCOPE #509H	OUTSIDE: BEYOND THE LENS #206	TRAVELSCOPE #510H	AMERICA'S TEST KITCHEN #1910	Stone Age to Ancient Greece #101H	Ancient Rome #102H	22:30
11 PM	IN THE AMERICAS WITH DAVID YETMAN #207	DAYTRIPPER #902	TWO FOR THE ROAD #403	HIGHPOINTERS WITH THE BARGO BRO #101H	COOK'S COUNTRY #1508	IN JULIA'S KITCHEN WITH MASTER C #118	MY GREEK TABLE WITH DIANE KOCHIL #305	11 PM
23:30	BEST OF THE JOY OF PAINTING #3848	BEST OF THE JOY OF PAINTING #3849	BEST OF THE JOY OF PAINTING #3850	BEST OF THE JOY OF PAINTING #3851	AMERICA'S TEST KITCHEN #2019H	TASTEMAKERS #110	LIDIA'S KITCHEN #914	23:30
12 M	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	LUCKY CHOW #504	AMERICA'S TEST KITCHEN #1916	CIAO ITALIA #2921	CHRISTOPHER KIMBALL'S MILK STREE #318	12 M
24:30	AMERICA'S TEST KITCHEN #2211	CHRISTOPHER KIMBALL'S MILK STREE #511	LIDIA'S KITCHEN #915	CHRISTOPHER KIMBALL'S MILK STREE #512	AMERICA'S TEST KITCHEN #1918	HOW SHE ROLLS #204	AMERICA'S TEST KITCHEN #2219	24:30
1 AM	SIMPLY MING #1813	ROADFOOD #113H	JACQUES PEPIN: HEART & SOUL #112	100 DAYS, DRINKS, DISHES AND DE #207H	COOK'S COUNTRY #1502	CROSSING SOUTH #305	AMERICA'S TEST KITCHEN #2220	1 AM
25:30	COOK'S COUNTRY #1303H	NEW ORLEANS COOKING WITH KEVIN #122H	COOK'S COUNTRY #1304H	PAT'S MEXICAN TABLE #813H	COOK'S COUNTRY #1503	THE JAZZY VEGETARIAN #701	ELLIE'S REAL GOOD FOOD #104	25:30
2 AM	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	THE GREAT AMERICAN RECIPE	AMERICA'S TEST KITCHEN #2114	AMERICA'S TEST KITCHEN #2212	BEST OF THE JOY OF PAINTING #3852	AMERICA'S TEST KITCHEN #2125	2 AM
26:30	Mix It Up #106H	Family #107H	The Great American Recipe #108H	COOK'S COUNTRY #1302H	LUCKY CHOW #505	BEST OF THE JOY OF PAINTING #3848	AMERICA'S TEST KITCHEN #2015H	26:30
3 AM	IN JULIA'S KITCHEN WITH MASTER C #118	TASTEMAKERS #110	HOW SHE ROLLS #204	CIAO ITALIA #2921	CROSSING SOUTH #305	CRAFT IN AMERICA Crossroads	CRAFT IN AMERICA Forge	3 AM
27:30	MY GREEK TABLE WITH DIANE KOCHIL #305	LIDIA'S KITCHEN #914	AMERICA'S TEST KITCHEN #2219	CHRISTOPHER KIMBALL'S MILK STREE #318	AMERICA'S TEST KITCHEN #2220	#402	#501	27:30
4 AM	THIS OLD HOUSE #4408	THIS OLD HOUSE #3601	THIS OLD HOUSE #3602	THIS OLD HOUSE #3603	THIS OLD HOUSE #3604	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	4 AM
28:30	ASK THIS OLD HOUSE #2108	WOODSMITH SHOP #1508H	CLASSIC WOODWORKING #103	CRAFTSMAN'S LEGACY #401	AMERICAN WOODSHOP #2804H	Stone Age to Ancient Greece #101H	Ancient Rome #102H	28:30
5 AM	RICK STEVES' EUROPE #807	RICK STEVES' EUROPE #808	RICK STEVES' EUROPE #809	RICK STEVES' EUROPE #810	RICK STEVES' EUROPE #811	THE JAZZY VEGETARIAN #701	THE JAZZY VEGETARIAN #702	5 AM
29:30	BEST OF THE JOY OF PAINTING #3848	BEST OF THE JOY OF PAINTING #3849	BEST OF THE JOY OF PAINTING #3850	BEST OF THE JOY OF PAINTING #3851	BEST OF THE JOY OF PAINTING #3852	ELLIE'S REAL GOOD FOOD #103	ELLIE'S REAL GOOD FOOD #104	29:30
TIME	MONDAY, Jan 02	TUESDAY, Jan 03	WEDNESDAY, Jan 04	THURSDAY, Jan 05	FRIDAY, Jan 06	SATURDAY, Jan 07	SUNDAY, Jan 08	TIME

**Create National
JANUARY 9 – JANUARY 15, 2023**

TIME	MONDAY, Jan 09	TUESDAY, Jan 10	WEDNESDAY, Jan 11	THURSDAY, Jan 12	FRIDAY, Jan 13	SATURDAY, Jan 14	SUNDAY, Jan 15	TIME
6 AM	THE LEGACY LIST WITH MATT PAXTON	J SCHWANKE'S LIFE IN BLOOM #401	CONSCIOUS LIVING #207	MAKE IT ARTSY #905H	BABY MAKES 3 #205	CLASSICAL STRETCH: B Y ESSENTRI #1102H	CLASSICAL STRETCH: B Y ESSENTRI #1211	6 AM
06:30	Life's A Beach #304	CULTURE QUEST #102H	GROWING BOLDER #703	FOR YOUR HOME #2509H	MAKE YOUR MARK #105	YNDI YOGA #101H	HAPPY YOGA WITH SARA H STARR #103	06:30
7 AM	BEST OF SEWING WITH NANCY #216	QUILTING ARTS #2704H	FIT 2 STITCH #806	QUILTING ARTS #2705H	BEST OF SEWING WITH NANCY #217	FONS & PORTER'S LOVE OF QUILTING #3503H	IT'S SEW EASY #1914H	7 AM
07:30	PAINT THIS WITH JERRY YARNELL #1304	PAINTING AND TRAVEL WITH ROGER & #707	PAINTING WITH WILSON BICKFORD #705H	LANDSCAPES THROUGH TIME WITH DAV #201	PAINT THIS WITH JERRY YARNELL #1305	CANVASING THE WORLD WITH SEAN D #104H	WYLAND'S ART STUDIO #511	07:30
8 AM	THIS OLD HOUSE #4409	THIS OLD HOUSE #3605	THIS OLD HOUSE #3606	THIS OLD HOUSE #3607	THIS OLD HOUSE #3608	ASK THIS OLD HOUSE #2109	CLASSICAL STRETCH: B Y ESSENTRI #1102H	8 AM
08:30	ASK THIS OLD HOUSE #2109	WOODSMITH SHOP #1509H	CLASSIC WOODWORKING #104	CRAFTSMAN'S LEGACY #402	AMERICAN WOODSHOP #2805H	THIS OLD HOUSE #4409	CLASSICAL STRETCH: B Y ESSENTRI #1211	08:30
9 AM	DINING WITH THE CHEF #840	TASTEMAKERS #111	HOW SHE ROLLS #205	CIAO ITALIA #2922	CROSSING SOUTH #306	P. ALLEN SMITH'S GARDEN HOME #1406	THE JAZZY VEGETARIAN #703	9 AM
09:30	FIT TO EAT (HOMETOWN CREATE) #114H	LIDIA'S KITCHEN #915	AMERICA'S TEST KITCHEN #2221	CHRISTOPHER KIMBALL'S MILK STREE #319	AMERICA'S TEST KITCHEN #2222	GARDEN SMART #6711	ELLIE'S REAL GOOD FOOD #105	09:30
10 AM	DISCOVER THE UPPER CUMBERLAND (#108H)	DAYTRIPPER #903	TWO FOR THE ROAD #404	HIGHPOINTERS WITH THE BARGO BRO #102H	CYCLE AROUND JAPAN HIGHLIGHTS #441	CHRISTINA COOKS: BACK TO THE CU #307H	TRAILS TO OISHII TOKYO #541	10 AM
10:30	SEEING CANADA #205	TRAVELSCOPE #511H	OUTSIDE: BEYOND THE LENS #207	TRAVELSCOPE #512H	SAMANTHA BROWN'S PLACES TO LOVE #310	THE JAZZY VEGETARIAN #1009	JOURNEYS IN JAPAN #841	10:30
11 AM	RICK STEVES' EUROPE #901	RICK STEVES' EUROPE #902	RICK STEVES' EUROPE #903	RICK STEVES' EUROPE #904	RICK STEVES' EUROPE #905	YOGA IN PRACTICE #205	J SCHWANKE'S LIFE IN BLOOM #407	11 AM
11:30	BEST OF THE JOY OF PAINTING #3826	BEST OF THE JOY OF PAINTING #3827	BEST OF THE JOY OF PAINTING #3828	BEST OF THE JOY OF PAINTING #3829	BEST OF THE JOY OF PAINTING #3830	CHRISTINA COOKS: BACK TO THE CU #302H	FAMILY PLOT: GARDENING IN THE M #1242	11:30
12 N	IN JULIA'S KITCHEN WITH MASTER C #119	TASTEMAKERS #111	HOW SHE ROLLS #205	CIAO ITALIA #2922	CROSSING SOUTH #306	THE JAZZY VEGETARIAN #709	CHRISTINA COOKS: BACK TO THE CU #307H	12 N
12:30	MY GREEK TABLE WITH DIANE KOCHIL #306	LIDIA'S KITCHEN #915	AMERICA'S TEST KITCHEN #2221	CHRISTOPHER KIMBALL'S MILK STREE #319	AMERICA'S TEST KITCHEN #2222	CLASSICAL STRETCH: B Y ESSENTRI #1110H	THE JAZZY VEGETARIAN #1009	12:30
1 PM	BEST OF SEWING WITH NANCY #216	QUILTING ARTS #2704H	FIT 2 STITCH #806	QUILTING ARTS #2705H	BEST OF SEWING WITH NANCY #217	CHRISTINA COOKS: BACK TO THE CU #312H	YOGA IN PRACTICE #205	1 PM
13:30	PAINT THIS WITH JERRY YARNELL #1304	PAINTING AND TRAVEL WITH ROGER & #707	PAINTING WITH WILSON BICKFORD #705H	LANDSCAPES THROUGH TIME WITH DAV #201	PAINT THIS WITH JERRY YARNELL #1305	THE JAZZY VEGETARIAN #909	CHRISTINA COOKS: BACK TO THE CU #302H	13:30
2 PM	THIS OLD HOUSE #4409	THIS OLD HOUSE #3605	THIS OLD HOUSE #3606	THIS OLD HOUSE #3607	THIS OLD HOUSE #3608	YOGA IN PRACTICE #312	THE JAZZY VEGETARIAN #709	2 PM
14:30	ASK THIS OLD HOUSE #2109	WOODSMITH SHOP #1509H	CLASSIC WOODWORKING #104	CRAFTSMAN'S LEGACY #402	AMERICAN WOODSHOP #2805H	CLASSICAL STRETCH: B Y ESSENTRI #1410	CLASSICAL STRETCH: B Y ESSENTRI #1110H	14:30
3 PM	BEST OF SEWING WITH NANCY #216	QUILTING ARTS #2704H	FIT 2 STITCH #806	QUILTING ARTS #2705H	BEST OF SEWING WITH NANCY #217	THIS OLD HOUSE #4409	CHRISTINA COOKS: BACK TO THE CU #312H	3 PM
15:30	AMERICA'S TEST KITCHEN #2118	COOK'S COUNTRY #1513	AMERICA'S TEST KITCHEN #2119	COOK'S COUNTRY #1514	AMERICA'S TEST KITCHEN #2120	ASK THIS OLD HOUSE #2109	THE JAZZY VEGETARIAN #909	15:30
4 PM	IN JULIA'S KITCHEN WITH MASTER C #119	TASTEMAKERS #111	HOW SHE ROLLS #205	CIAO ITALIA #2922	CROSSING SOUTH #306	AMERICA'S TEST KITCHEN #2213	YOGA IN PRACTICE #312	4 PM
16:30	FIT TO EAT (HOMETOWN CREATE) #114H	LIDIA'S KITCHEN #915	AMERICA'S TEST KITCHEN #2221	CHRISTOPHER KIMBALL'S MILK STREE #319	AMERICA'S TEST KITCHEN #2222	COOK'S COUNTRY #1307H	CLASSICAL STRETCH: B Y ESSENTRI #1410	16:30
5 PM	DISCOVER THE UPPER CUMBERLAND (#108H)	DAYTRIPPER #903	TWO FOR THE ROAD #404	HIGHPOINTERS WITH THE BARGO BRO #102H	CYCLE AROUND JAPAN HIGHLIGHTS #441	RICK STEVES ART OF EUROPE	LUCKY CHOW #506	5 PM
17:30	SEEING CANADA #205	TRAVELSCOPE #511H	OUTSIDE: BEYOND THE LENS #207	TRAVELSCOPE #512H	SAMANTHA BROWN'S PLACES TO LOVE #310	The Middle Ages #103H	SIMPLY MING #1802	17:30
6 PM	RICK STEVES' EUROPE #901	RICK STEVES' EUROPE #902	RICK STEVES' EUROPE #903	RICK STEVES' EUROPE #904	RICK STEVES' EUROPE #905	RICK STEVES' EUROPE #906	A CHEF'S LIFE #203	6 PM
18:30	LUCKY CHOW #506	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	LUCKY CHOW #504	CHRISTOPHER KIMBALL'S MILK STREE #417H	LIDIA'S KITCHEN #916	18:30
7 PM	SIMPLY MING #1802	SARA'S WEEKNIGHT MEALS #1102	JACQUES PEPIN: HEART & SOUL #113	FIELD TRIP WITH CURTIS STONE #102	SIMPLY MING #1803	FIELD TRIP WITH CURTIS STONE #103	SARA'S WEEKNIGHT MEALS #1103	7 PM
19:30	COOK'S COUNTRY #1306H	NEW ORLEANS COOKING WITH KEVIN #123H	COOK'S COUNTRY #1307H	PAT'S MEXICAN TABLE #902	COOK'S COUNTRY #1308H	PAT'S MEXICAN TABLE #903	NICK STELLINO: STORY TELLER IN THE #302	19:30
8 PM	AMERICA'S TEST KITCHEN #2213	CHRISTOPHER KIMBALL'S MILK STREE #513	LIDIA'S KITCHEN #916	CHRISTOPHER KIMBALL'S MILK STREE #514	AMERICA'S TEST KITCHEN #2214	CRAFT IN AMERICA Holiday	CRAFT IN AMERICA Industry	8 PM
20:30	LUCKY CHOW #506	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	LUCKY CHOW #504	#502	#503	20:30
9 PM	COOK'S COUNTRY #1411	COOK'S COUNTRY #1508	AMERICA'S TEST KITCHEN #1916	COOK'S COUNTRY #1502	CHRISTINA COOKS: BACK TO THE CU #307H	BEST OF THE JOY OF PAINTING #3830	CHRISTINA COOKS: BACK TO THE CU #307H	9 PM
21:30	AMERICA'S TEST KITCHEN #1910	AMERICA'S TEST KITCHEN #2019H	AMERICA'S TEST KITCHEN #1918	COOK'S COUNTRY #1503	THE JAZZY VEGETARIAN #1009	BEST OF THE JOY OF PAINTING #3826	THE JAZZY VEGETARIAN #1009	21:30
10 PM	RICK STEVES' EUROPE #901	RICK STEVES' EUROPE #902	RICK STEVES' EUROPE #903	RICK STEVES' EUROPE #904	YOGA IN PRACTICE #205	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	10 PM
22:30	SEEING CANADA #205	TRAVELSCOPE #511H	OUTSIDE: BEYOND THE LENS #207	TRAVELSCOPE #512H	CHRISTINA COOKS: BACK TO THE CU #302H	The Middle Ages #103H	The Renaissance #104H	22:30
11 PM	IN THE AMERICAS WITH DAVID YETMAN #208	DAYTRIPPER #903	TWO FOR THE ROAD #404	HIGHPOINTERS WITH THE BARGO BRO #102H	THE JAZZY VEGETARIAN #709	IN JULIA'S KITCHEN WITH MASTER C #119	MY GREEK TABLE WITH DIANE KOCHIL #306	11 PM
23:30	BEST OF THE JOY OF PAINTING #3826	BEST OF THE JOY OF PAINTING #3827	BEST OF THE JOY OF PAINTING #3828	BEST OF THE JOY OF PAINTING #3829	CLASSICAL STRETCH: B Y ESSENTRI #1110H	TASTEMAKERS #111	LIDIA'S KITCHEN #915	23:30
12 M	LUCKY CHOW #506	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	LUCKY CHOW #504	CIAO ITALIA #2922	CHRISTOPHER KIMBALL'S MILK STREE #319	12 M
24:30	AMERICA'S TEST KITCHEN #2213	CHRISTOPHER KIMBALL'S MILK STREE #513	LIDIA'S KITCHEN #916	CHRISTOPHER KIMBALL'S MILK STREE #514	THE JAZZY VEGETARIAN #909	HOW SHE ROLLS #205	AMERICA'S TEST KITCHEN #2221	24:30
1 AM	SIMPLY MING #1802	SARA'S WEEKNIGHT MEALS #1102	JACQUES PEPIN: HEART & SOUL #113	FIELD TRIP WITH CURTIS STONE #102	YOGA IN PRACTICE #312	CROSSING SOUTH #306	AMERICA'S TEST KITCHEN #2222	1 AM
25:30	COOK'S COUNTRY #1306H	NEW ORLEANS COOKING WITH KEVIN #123H	COOK'S COUNTRY #1307H	PAT'S MEXICAN TABLE #902	CLASSICAL STRETCH: B Y ESSENTRI #1410	THE JAZZY VEGETARIAN #702	ELLIE'S REAL GOOD FOOD #105	25:30
2 AM	COOK'S COUNTRY #1411	COOK'S COUNTRY #1508	AMERICA'S TEST KITCHEN #1916	COOK'S COUNTRY #1502	AMERICA'S TEST KITCHEN #2214	BEST OF THE JOY OF PAINTING #3830	CHRISTINA COOKS: BACK TO THE CU #307H	2 AM
26:30	AMERICA'S TEST KITCHEN #1910	AMERICA'S TEST KITCHEN #2019H	AMERICA'S TEST KITCHEN #1918	COOK'S COUNTRY #1503	LUCKY CHOW #504	BEST OF THE JOY OF PAINTING #3826	THE JAZZY VEGETARIAN #1009	26:30
3 AM	IN JULIA'S KITCHEN WITH MASTER C #119	TASTEMAKERS #111	HOW SHE ROLLS #205	CIAO ITALIA #2922	CROSSING SOUTH #306	CRAFT IN AMERICA Holiday	CRAFT IN AMERICA Industry	3 AM
27:30	MY GREEK TABLE WITH DIANE KOCHIL #306	LIDIA'S KITCHEN #915	AMERICA'S TEST KITCHEN #2221	CHRISTOPHER KIMBALL'S MILK STREE #319	AMERICA'S TEST KITCHEN #2222	#502	#503	27:30
4 AM	THIS OLD HOUSE #4409	THIS OLD HOUSE #3605	THIS OLD HOUSE #3606	THIS OLD HOUSE #3607	THIS OLD HOUSE #3608	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	4 AM
28:30	ASK THIS OLD HOUSE #2109	WOODSMITH SHOP #1509H	CLASSIC WOODWORKING #104	CRAFTSMAN'S LEGACY #402	AMERICAN WOODSHOP #2805H	The Middle Ages #103H	The Renaissance #104H	28:30
5 AM	RICK STEVES' EUROPE #901	RICK STEVES' EUROPE #902	RICK STEVES' EUROPE #903	RICK STEVES' EUROPE #904	RICK STEVES' EUROPE #905	THE JAZZY VEGETARIAN #702	THE JAZZY VEGETARIAN #703	5 AM
29:30	BEST OF THE JOY OF PAINTING #3826	BEST OF THE JOY OF PAINTING #3827	BEST OF THE JOY OF PAINTING #3828	BEST OF THE JOY OF PAINTING #3829	BEST OF THE JOY OF PAINTING #3830	ELLIE'S REAL GOOD FOOD #104	ELLIE'S REAL GOOD FOOD #105	29:30
TIME	MONDAY, Jan 09	TUESDAY, Jan 10	WEDNESDAY, Jan 11	THURSDAY, Jan 12	FRIDAY, Jan 13	SATURDAY, Jan 14	SUNDAY, Jan 15	TIME

Create National
JANUARY 16 – JANUARY 22, 2023

TIME	MONDAY, Jan 16	TUESDAY, Jan 17	WEDNESDAY, Jan 18	THURSDAY, Jan 19	FRIDAY, Jan 20	SATURDAY, Jan 21	SUNDAY, Jan 22	TIME
6 AM	THE LEGACY LIST WITH MATT PAXTON	J SCHWANKE'S LIFE IN BLOOM #402	CONSCIOUS LIVING #208	MAKE IT ARTSY #906H	BABY MAKES 3 #206	CLASSICAL STRETCH: B Y ESSENTRIC #1103H	CLASSICAL STRETCH: B Y ESSENTRIC #1212	6 AM
06:30	A Coach's Life #305	CULTURE QUEST #103H	GROWING BOLDER #704	FOR YOUR HOME #2510H	MAKE YOUR MARK #106	YNDI YOGA #102H	HAPPY YOGA WITH SARA H STARR #104	06:30
7 AM	BEST OF SEWING WITH NANCY #218	QUILTING ARTS #2706H	FIT 2 STITCH #807	QUILTING ARTS #2707H	BEST OF SEWING WITH NANCY #219	FONS & PORTER'S LOVE OF QUILTING #3504H	IT'S SEW EASY #1915H	7 AM
07:30	PAINT THIS WITH JERRY YARNELL #1306	PAINTING AND TRAVEL WITH ROGER & #708	PAINTING WITH WILSON BICKFORD #706H	LANDSCAPES THROUGH TIME WITH DAV #202	PAINT THIS WITH JERRY YARNELL #1307	CANVASING THE WORLD WITH SEAN D #105H	WYLAND'S ART STUDIO #512	07:30
8 AM	THIS OLD HOUSE #4410	THIS OLD HOUSE #3609	THIS OLD HOUSE #3610	THIS OLD HOUSE #3611	THIS OLD HOUSE #3612	ASK THIS OLD HOUSE #2110	CLASSICAL STRETCH: B Y ESSENTRIC #1103H	8 AM
08:30	ASK THIS OLD HOUSE #2110	WOODSMITH SHOP #1510H	CLASSIC WOODWORKING #105	CRAFTSMAN'S LEGACY #403	AMERICAN WOODSHOP #2806H	THIS OLD HOUSE #4410	CLASSICAL STRETCH: B Y ESSENTRIC #1212	08:30
9 AM	DINING WITH THE CHEF #841	TASTEMAKERS #112	HOW SHE ROLLS #206	CIAO ITALIA #2923	CROSSING SOUTH #307	P. ALLEN SMITH'S GARDEN HOME #1407	THE JAZZY VEGETARIAN #704	9 AM
09:30	FIT TO EAT (HOMETOWN CREATE) #115H	LIDIA'S KITCHEN #916	AMERICA'S TEST KITCHEN #2223	CHRISTOPHER KIMBALL'S MILK STREE #320	AMERICA'S TEST KITCHEN #2224	GARDEN SMART #6712	ELLIE'S REAL GOOD FOOD #106	09:30
10 AM	DISCOVER THE UPPER CUMBERLAND (#109H)	DAYTRIPPER #904	TWO FOR THE ROAD #405	HIGHPOINTERS WITH THE BARGO BRO #103H	CYCLE AROUND JAPAN HIGHLIGHTS #442	SAMANTHA BROWN'S PLACES TO LOVE #601	TRAILS TO OISHII TOKYO #542	10 AM
10:30	SEEING CANADA #206	TRAVELSCOPE #513H	OUTSIDE: BEYOND THE LENS #208	JOSEPH ROSENDO'S TRAVELSCOPE #601H	SAMANTHA BROWN'S PLACES TO LOVE #311	SAMANTHA BROWN'S PLACES TO LOVE #110	JOURNEYS IN JAPAN #842	10:30
11 AM	RICK STEVES' EUROPE #907	RICK STEVES' EUROPE #908	RICK STEVES' EUROPE #909	RICK STEVES' EUROPE #910	RICK STEVES' EUROPE #1001	SAMANTHA BROWN'S PLACES TO LOVE #602	J SCHWANKE'S LIFE IN BLOOM #408	11 AM
11:30	BEST OF THE JOY OF PAINTING #3831	BEST OF THE JOY OF PAINTING #3832	BEST OF THE JOY OF PAINTING #3833	BEST OF THE JOY OF PAINTING #3834	BEST OF THE JOY OF PAINTING #3835	SAMANTHA BROWN'S PLACES TO LOVE #207	FAMILY PLOT: GARDENING IN THE M #1243	11:30
12 N	IN JULIA'S KITCHEN WITH MASTER C #120	TASTEMAKERS #112	HOW SHE ROLLS #206	CIAO ITALIA #2923	CROSSING SOUTH #307	SAMANTHA BROWN'S PLACES TO LOVE #603	SAMANTHA BROWN'S PLACES TO LOVE #601	12 N
12:30	MY GREEK TABLE WITH DIANE KOCHIL #307	LIDIA'S KITCHEN #916	AMERICA'S TEST KITCHEN #2223	CHRISTOPHER KIMBALL'S MILK STREE #320	AMERICA'S TEST KITCHEN #2224	SAMANTHA BROWN'S PLACES TO LOVE #113	SAMANTHA BROWN'S PLACES TO LOVE #110	12:30
1 PM	BEST OF SEWING WITH NANCY #218	QUILTING ARTS #2706H	FIT 2 STITCH #807	QUILTING ARTS #2707H	BEST OF SEWING WITH NANCY #219	SAMANTHA BROWN'S PLACES TO LOVE #309	SAMANTHA BROWN'S PLACES TO LOVE #602	1 PM
13:30	PAINT THIS WITH JERRY YARNELL #1306	PAINTING AND TRAVEL WITH ROGER & #708	PAINTING WITH WILSON BICKFORD #706H	LANDSCAPES THROUGH TIME WITH DAV #202	PAINT THIS WITH JERRY YARNELL #1307	SAMANTHA BROWN'S PLACES TO LOVE #301	SAMANTHA BROWN'S PLACES TO LOVE #207	13:30
2 PM	THIS OLD HOUSE #4410	THIS OLD HOUSE #3609	THIS OLD HOUSE #3610	THIS OLD HOUSE #3611	THIS OLD HOUSE #3612	SAMANTHA BROWN'S PLACES TO LOVE #102	SAMANTHA BROWN'S PLACES TO LOVE #603	2 PM
14:30	ASK THIS OLD HOUSE #2110	WOODSMITH SHOP #1510H	CLASSIC WOODWORKING #105	CRAFTSMAN'S LEGACY #403	AMERICAN WOODSHOP #2806H	SAMANTHA BROWN'S PLACES TO LOVE #203	SAMANTHA BROWN'S PLACES TO LOVE #113	14:30
3 PM	BEST OF SEWING WITH NANCY #218	QUILTING ARTS #2706H	FIT 2 STITCH #807	QUILTING ARTS #2707H	BEST OF SEWING WITH NANCY #219	THIS OLD HOUSE #4410	SAMANTHA BROWN'S PLACES TO LOVE #309	3 PM
15:30	AMERICA'S TEST KITCHEN #2121	COOK'S COUNTRY #1515	AMERICA'S TEST KITCHEN #2122	COOK'S COUNTRY #1516	AMERICA'S TEST KITCHEN #2123	ASK THIS OLD HOUSE #2110	SAMANTHA BROWN'S PLACES TO LOVE #301	15:30
4 PM	IN JULIA'S KITCHEN WITH MASTER C #120	TASTEMAKERS #112	HOW SHE ROLLS #206	CIAO ITALIA #2923	CROSSING SOUTH #307	AMERICA'S TEST KITCHEN #2215	SAMANTHA BROWN'S PLACES TO LOVE #102	4 PM
16:30	FIT TO EAT (HOMETOWN CREATE) #115H	LIDIA'S KITCHEN #916	AMERICA'S TEST KITCHEN #2223	CHRISTOPHER KIMBALL'S MILK STREE #320	AMERICA'S TEST KITCHEN #2224	COOK'S COUNTRY #1310H	SAMANTHA BROWN'S PLACES TO LOVE #203	16:30
5 PM	DISCOVER THE UPPER CUMBERLAND (#109H)	DAYTRIPPER #904	TWO FOR THE ROAD #405	HIGHPOINTERS WITH THE BARGO BRO #103H	CYCLE AROUND JAPAN HIGHLIGHTS #442	RICK STEVES ART OF EUROPE	LUCKY CHOW #505	5 PM
17:30	SEEING CANADA #206	TRAVELSCOPE #513H	OUTSIDE: BEYOND THE LENS #208	JOSEPH ROSENDO'S TRAVELSCOPE #601H	SAMANTHA BROWN'S PLACES TO LOVE #311	Baroque #105H	SIMPLY MING #1804	17:30
6 PM	RICK STEVES' EUROPE #907	RICK STEVES' EUROPE #908	RICK STEVES' EUROPE #909	RICK STEVES' EUROPE #910	RICK STEVES' EUROPE #1001	RICK STEVES' EUROPE #1002	A CHEF'S LIFE #204	6 PM
18:30	LUCKY CHOW #505	LUCKY CHOW #506	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	CHRISTOPHER KIMBALL'S MILK STREE #418H	LIDIA'S KITCHEN #917	18:30
7 PM	SIMPLY MING #1804	SARA'S WEEKNIGHT MEALS #1104	JACQUES PEPIN: HEART & SOUL #114	FIELD TRIP WITH CURTIS STONE #104	SIMPLY MING #1805	FIELD TRIP WITH CURTIS STONE #105	SARA'S WEEKNIGHT MEALS #1105	7 PM
19:30	COOK'S COUNTRY #1309H	NEW ORLEANS COOKING WITH KEVIN #124H	COOK'S COUNTRY #1310H	PAT'S MEXICAN TABLE #904	COOK'S COUNTRY #1311H	PAT'S MEXICAN TABLE #905	NICK STELLINO: STORY TELLER IN THE #303	19:30
8 PM	AMERICA'S TEST KITCHEN #2215	CHRISTOPHER KIMBALL'S MILK STREE #515	LIDIA'S KITCHEN #917	CHRISTOPHER KIMBALL'S MILK STREE #516	AMERICA'S TEST KITCHEN #2216	CRAFT IN AMERICA Service	CRAFT IN AMERICA Music	8 PM
20:30	LUCKY CHOW #505	LUCKY CHOW #506	LUCKY CHOW #501	LUCKY CHOW #502	LUCKY CHOW #503	#601	#701	20:30
9 PM	YOGA IN PRACTICE #205	THE JAZZY VEGETARIAN #709	CHRISTINA COOKS: BACK TO THE CU #312H	YOGA IN PRACTICE #312	SAMANTHA BROWN'S PLACES TO LOVE #601	BEST OF THE JOY OF PAINTING #3835	SAMANTHA BROWN'S PLACES TO LOVE #601	9 PM
21:30	CHRISTINA COOKS: BACK TO THE CU #302H	CLASSICAL STRETCH: B Y ESSENTRIC #1110H	THE JAZZY VEGETARIAN #909	CLASSICAL STRETCH: B Y ESSENTRIC #1410	SAMANTHA BROWN'S PLACES TO LOVE #110	BEST OF THE JOY OF PAINTING #3831	SAMANTHA BROWN'S PLACES TO LOVE #110	21:30
10 PM	RICK STEVES' EUROPE #907	RICK STEVES' EUROPE #908	RICK STEVES' EUROPE #909	RICK STEVES' EUROPE #910	SAMANTHA BROWN'S PLACES TO LOVE #602	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	10 PM
22:30	SEEING CANADA #206	TRAVELSCOPE #513H	OUTSIDE: BEYOND THE LENS #208	JOSEPH ROSENDO'S TRAVELSCOPE #601H	SAMANTHA BROWN'S PLACES TO LOVE #207	Baroque #105H	The Modern Age #106H	22:30
11 PM	IN THE AMERICAS WITH DAVID YETMAN #209	DAYTRIPPER #904	TWO FOR THE ROAD #405	HIGHPOINTERS WITH THE BARGO BRO #103H	SAMANTHA BROWN'S PLACES TO LOVE #603	IN JULIA'S KITCHEN WITH MASTER C #120	MY GREEK TABLE WITH DIANE KOCHIL #307	11 PM
23:30	BEST OF THE JOY OF PAINTING #3831	BEST OF THE JOY OF PAINTING #3832	BEST OF THE JOY OF PAINTING #3833	BEST OF THE JOY OF PAINTING #3834	SAMANTHA BROWN'S PLACES TO LOVE #113	TASTEMAKERS #112	LIDIA'S KITCHEN #916	23:30
12 M	LUCKY CHOW #505	LUCKY CHOW #506	LUCKY CHOW #501	LUCKY CHOW #502	SAMANTHA BROWN'S PLACES TO LOVE #309	CIAO ITALIA #2923	CHRISTOPHER KIMBALL'S MILK STREE #320	12 M
24:30	AMERICA'S TEST KITCHEN #2215	CHRISTOPHER KIMBALL'S MILK STREE #515	LIDIA'S KITCHEN #917	CHRISTOPHER KIMBALL'S MILK STREE #516	SAMANTHA BROWN'S PLACES TO LOVE #301	HOW SHE ROLLS #206	AMERICA'S TEST KITCHEN #2223	24:30
1 AM	SIMPLY MING #1804	SARA'S WEEKNIGHT MEALS #1104	JACQUES PEPIN: HEART & SOUL #114	FIELD TRIP WITH CURTIS STONE #104	SAMANTHA BROWN'S PLACES TO LOVE #102	CROSSING SOUTH #307	SAMANTHA BROWN'S PLACES TO LOVE #102	1 AM
25:30	COOK'S COUNTRY #1309H	NEW ORLEANS COOKING WITH KEVIN #124H	COOK'S COUNTRY #1310H	PAT'S MEXICAN TABLE #904	SAMANTHA BROWN'S PLACES TO LOVE #203	THE JAZZY VEGETARIAN #703	ELLIE'S REAL GOOD FOOD #106	25:30
2 AM	YOGA IN PRACTICE #205	THE JAZZY VEGETARIAN #709	CHRISTINA COOKS: BACK TO THE CU #312H	YOGA IN PRACTICE #312	AMERICA'S TEST KITCHEN #2216	BEST OF THE JOY OF PAINTING #3835	SAMANTHA BROWN'S PLACES TO LOVE #601	2 AM
26:30	CHRISTINA COOKS: BACK TO THE CU #302H	CLASSICAL STRETCH: B Y ESSENTRIC #1110H	THE JAZZY VEGETARIAN #909	CLASSICAL STRETCH: B Y ESSENTRIC #1410	LUCKY CHOW #503	BEST OF THE JOY OF PAINTING #3831	SAMANTHA BROWN'S PLACES TO LOVE #110	26:30
3 AM	IN JULIA'S KITCHEN WITH MASTER C #120	TASTEMAKERS #112	HOW SHE ROLLS #206	CIAO ITALIA #2923	CROSSING SOUTH #307	CRAFT IN AMERICA Service	CRAFT IN AMERICA Music	3 AM
27:30	MY GREEK TABLE WITH DIANE KOCHIL #307	LIDIA'S KITCHEN #916	AMERICA'S TEST KITCHEN #2223	CHRISTOPHER KIMBALL'S MILK STREE #320	AMERICA'S TEST KITCHEN #2224	#601	#701	27:30
4 AM	THIS OLD HOUSE #4410	THIS OLD HOUSE #3609	THIS OLD HOUSE #3610	THIS OLD HOUSE #3611	THIS OLD HOUSE #3612	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	4 AM
28:30	ASK THIS OLD HOUSE #2110	WOODSMITH SHOP #1510H	CLASSIC WOODWORKING #105	CRAFTSMAN'S LEGACY #403	AMERICAN WOODSHOP #2806H	Baroque #105H	The Modern Age #106H	28:30
5 AM	RICK STEVES' EUROPE #907	RICK STEVES' EUROPE #908	RICK STEVES' EUROPE #909	RICK STEVES' EUROPE #910	RICK STEVES' EUROPE #1001	THE JAZZY VEGETARIAN #703	THE JAZZY VEGETARIAN #704	5 AM
29:30	BEST OF THE JOY OF PAINTING #3831	BEST OF THE JOY OF PAINTING #3832	BEST OF THE JOY OF PAINTING #3833	BEST OF THE JOY OF PAINTING #3834	BEST OF THE JOY OF PAINTING #3835	ELLIE'S REAL GOOD FOOD #105	ELLIE'S REAL GOOD FOOD #106	29:30
TIME	MONDAY, Jan 16	TUESDAY, Jan 17	WEDNESDAY, Jan 18	THURSDAY, Jan 19	FRIDAY, Jan 20	SATURDAY, Jan 21	SUNDAY, Jan 22	TIME

Create National
JANUARY 23 – JANUARY 29, 2023

TIME	MONDAY, Jan 23	TUESDAY, Jan 24	WEDNESDAY, Jan 25	THURSDAY, Jan 26	FRIDAY, Jan 27	SATURDAY, Jan 28	SUNDAY, Jan 29	TIME
6 AM	THE LEGACY LIST WITH MATT PAXTON	J SCHWANKE'S LIFE IN BLOOM #403	CONSCIOUS LIVING #209	MAKE IT ARTSY #907H	BABY MAKES 3 #207	CLASSICAL STRETCH: B Y ESSENTRIC #1104H	CLASSICAL STRETCH: B Y ESSENTRIC #1213	6 AM
06:30	A Collection Or Two #306	CULTURE QUEST #104H	GROWING BOLDER #705	FOR YOUR HOME #2511H	MAKE YOUR MARK #107	YNDI YOGA #103H	HAPPY YOGA WITH SARA H STARR #105	06:30
7 AM	BEST OF SEWING WITH NANCY #220	QUILTING ARTS #2708H	FIT 2 STITCH #808	QUILTING ARTS #2709H	BEST OF SEWING WITH NANCY #221	FONS & PORTER'S LOVE OF QUILTING #3505H	IT'S SEW EASY #1916H	7 AM
07:30	PAINT THIS WITH JERRY YARNELL #1308	PAINTING AND TRAVEL WITH ROGER & #709	PAINTING WITH WILSON BICKFORD #707H	LANDSCAPES THROUGH TIME WITH DAV #203	PAINT THIS WITH JERRY YARNELL #1309	CANVASING THE WORLD WITH SEAN D #106H	WYLAND'S ART STUDIO #513	07:30
8 AM	THIS OLD HOUSE #4411	THIS OLD HOUSE #3613	THIS OLD HOUSE #3614	THIS OLD HOUSE #3615	THIS OLD HOUSE #3616	ASK THIS OLD HOUSE #2111	CLASSICAL STRETCH: B Y ESSENTRIC #1104H	8 AM
08:30	ASK THIS OLD HOUSE #2111	WOODSMITH SHOP #1511H	CLASSIC WOODWORKING #106	CRAFTSMAN'S LEGACY #404	AMERICAN WOODSHOP #2807H	THIS OLD HOUSE #4411	CLASSICAL STRETCH: B Y ESSENTRIC #1213	08:30
9 AM	DINING WITH THE CHEF #842	TASTEMAKERS #113	HOW SHE ROLLS #207	CIAO ITALIA #2924	CROSSING SOUTH #308	P. ALLEN SMITH'S GARDEN HOME #1408	THE JAZZY VEGETARIAN #705	9 AM
09:30	FIT TO EAT (HOMETOWN CREATE) #116H	LIDIA'S KITCHEN #917	AMERICA'S TEST KITCHEN #2225	CHRISTOPHER KIMBALL'S MILK STREE #321	AMERICA'S TEST KITCHEN #2226	GARDEN SMART #6713	ELLIE'S REAL GOOD FOOD #107	09:30
10 AM	DISCOVER THE UPPER CUMBERLAND (#110H)	DAYTRIPPER #905	TWO FOR THE ROAD #406	HIGHPOINTERS WITH THE BARGO BRO #104H	CYCLE AROUND JAPAN HIGHLIGHTS #443	FAMILY TRAVEL WITH COLLEEN KELL #601H	TRAILS TO OISHII TOKYO #543	10 AM
10:30	SEEING CANADA #301	JOSEPH ROSENDO'S TRAVELSCOPE #602H	OUTSIDE: BEYOND THE LENS #209	JOSEPH ROSENDO'S TRAVELSCOPE #603H	SAMANTHA BROWN'S PLACES TO LOVE #312	FAMILY TRAVEL WITH COLLEEN KELL #602	JOURNEYS IN JAPAN #843	10:30
11 AM	RICK STEVES' EUROPE #1003	RICK STEVES' EUROPE #1004	RICK STEVES' EUROPE #1005	RICK STEVES' EUROPE #1006	RICK STEVES' EUROPE #1007	FAMILY TRAVEL WITH COLLEEN KELL #603H	J SCHWANKE'S LIFE IN BLOOM #409	11 AM
11:30	BEST OF THE JOY OF PAINTING #3836	BEST OF THE JOY OF PAINTING #3837	BEST OF THE JOY OF PAINTING #3838	BEST OF THE JOY OF PAINTING #3839	BEST OF THE JOY OF PAINTING #3840	FAMILY TRAVEL WITH COLLEEN KELL #604H	FAMILY PLOT: GARDENING IN THE M #1244	11:30
12 N	IN JULIA'S KITCHEN WITH MASTER C #121	TASTEMAKERS #113	HOW SHE ROLLS #207	CIAO ITALIA #2924	CROSSING SOUTH #308	FAMILY TRAVEL WITH COLLEEN KELL #605H	FAMILY TRAVEL WITH COLLEEN KELL #601H	12 N
12:30	MY GREEK TABLE WITH DIANE KOCHIL #308	LIDIA'S KITCHEN #917	AMERICA'S TEST KITCHEN #2225	CHRISTOPHER KIMBALL'S MILK STREE #321	AMERICA'S TEST KITCHEN #2226	FAMILY TRAVEL WITH COLLEEN KELL #606H	FAMILY TRAVEL WITH COLLEEN KELL #602	12:30
1 PM	BEST OF SEWING WITH NANCY #220	QUILTING ARTS #2708H	FIT 2 STITCH #808	QUILTING ARTS #2709H	BEST OF SEWING WITH NANCY #221	FAMILY TRAVEL WITH COLLEEN KELL #503	FAMILY TRAVEL WITH COLLEEN KELL #603H	1 PM
13:30	PAINT THIS WITH JERRY YARNELL #1308	PAINTING AND TRAVEL WITH ROGER & #709	PAINTING WITH WILSON BICKFORD #707H	LANDSCAPES THROUGH TIME WITH DAV #203	PAINT THIS WITH JERRY YARNELL #1309	FAMILY TRAVEL WITH COLLEEN KELL #508	FAMILY TRAVEL WITH COLLEEN KELL #604H	13:30
2 PM	THIS OLD HOUSE #4411	THIS OLD HOUSE #3613	THIS OLD HOUSE #3614	THIS OLD HOUSE #3615	THIS OLD HOUSE #3616	FAMILY TRAVEL WITH COLLEEN KELL #509	FAMILY TRAVEL WITH COLLEEN KELL #605H	2 PM
14:30	ASK THIS OLD HOUSE #2111	WOODSMITH SHOP #1511H	CLASSIC WOODWORKING #106	CRAFTSMAN'S LEGACY #404	AMERICAN WOODSHOP #2807H	FAMILY TRAVEL WITH COLLEEN KELL #505	FAMILY TRAVEL WITH COLLEEN KELL #606H	14:30
3 PM	BEST OF SEWING WITH NANCY #220	QUILTING ARTS #2708H	FIT 2 STITCH #808	QUILTING ARTS #2709H	BEST OF SEWING WITH NANCY #221	THIS OLD HOUSE #4411	FAMILY TRAVEL WITH COLLEEN KELL #503	3 PM
15:30	AMERICA'S TEST KITCHEN #2124	COOK'S COUNTRY #1517	AMERICA'S TEST KITCHEN #2125	COOK'S COUNTRY #1518	AMERICA'S TEST KITCHEN #2126	ASK THIS OLD HOUSE #2111	FAMILY TRAVEL WITH COLLEEN KELL #508	15:30
4 PM	IN JULIA'S KITCHEN WITH MASTER C #121	TASTEMAKERS #113	HOW SHE ROLLS #207	CIAO ITALIA #2924	CROSSING SOUTH #308	AMERICA'S TEST KITCHEN #2217	FAMILY TRAVEL WITH COLLEEN KELL #509	4 PM
16:30	FIT TO EAT (HOMETOWN CREATE) #116H	LIDIA'S KITCHEN #917	AMERICA'S TEST KITCHEN #2225	CHRISTOPHER KIMBALL'S MILK STREE #321	AMERICA'S TEST KITCHEN #2226	COOK'S COUNTRY #1313H	FAMILY TRAVEL WITH COLLEEN KELL #505	16:30
5 PM	DISCOVER THE UPPER CUMBERLAND (#110H)	DAYTRIPPER #905	TWO FOR THE ROAD #406	HIGHPOINTERS WITH THE BARGO BRO #104H	CYCLE AROUND JAPAN HIGHLIGHTS #443	RICK STEVES ART OF EUROPE	LUCKY CHOW #504	5 PM
17:30	SEEING CANADA #301	JOSEPH ROSENDO'S TRAVELSCOPE #602H	OUTSIDE: BEYOND THE LENS #209	JOSEPH ROSENDO'S TRAVELSCOPE #603H	SAMANTHA BROWN'S PLACES TO LOVE #312	Stone Age to Ancient Greece #101H	SIMPLY MING #1806	17:30
6 PM	RICK STEVES' EUROPE #1003	RICK STEVES' EUROPE #1004	RICK STEVES' EUROPE #1005	RICK STEVES' EUROPE #1006	RICK STEVES' EUROPE #1007	RICK STEVES' EUROPE #1008	A CHEF'S LIFE #205	6 PM
18:30	LUCKY CHOW #504	LUCKY CHOW #505	LUCKY CHOW #506	LUCKY CHOW #101	LUCKY CHOW #102	CHRISTOPHER KIMBALL'S MILK STREE #419H	LIDIA'S KITCHEN #918	18:30
7 PM	SIMPLY MING #1806	SARA'S WEEKNIGHT MEALS #1106	JACQUES PEPIN: HEART & SOUL #115	FIELD TRIP WITH CURT IS STONE #106	SIMPLY MING #1807	FIELD TRIP WITH CURT IS STONE #201	SARA'S WEEKNIGHT MEALS #1107	7 PM
19:30	COOK'S COUNTRY #1312H	NEW ORLEANS COOKING WITH KEVIN #125H	COOK'S COUNTRY #1313H	PAT'S MEXICAN TABLE #906	COOK'S COUNTRY #1401	PAT'S MEXICAN TABLE #907	NICK STELLINO: STORY TELLER IN THE #304	19:30
8 PM	AMERICA'S TEST KITCHEN #2217	CHRISTOPHER KIMBALL'S MILK STREE #517	LIDIA'S KITCHEN #918	CHRISTOPHER KIMBALL'S MILK STREE #518	AMERICA'S TEST KITCHEN #2218	CRAFT IN AMERICA Celebration	CRAFT IN AMERICA Teachers	8 PM
20:30	LUCKY CHOW #504	LUCKY CHOW #505	LUCKY CHOW #506	LUCKY CHOW #101	LUCKY CHOW #102	#702	#801	20:30
9 PM	SAMANTHA BROWN'S PLACES TO LOVE #602	SAMANTHA BROWN'S PLACES TO LOVE #603	SAMANTHA BROWN'S PLACES TO LOVE #309	SAMANTHA BROWN'S PLACES TO LOVE #102	FAMILY TRAVEL WITH COLLEEN KELL #601H	BEST OF THE JOY OF PAINTING #3840	FAMILY TRAVEL WITH COLLEEN KELL #601H	9 PM
21:30	SAMANTHA BROWN'S PLACES TO LOVE #207	SAMANTHA BROWN'S PLACES TO LOVE #113	SAMANTHA BROWN'S PLACES TO LOVE #301	SAMANTHA BROWN'S PLACES TO LOVE #203	FAMILY TRAVEL WITH COLLEEN KELL #602	BEST OF THE JOY OF PAINTING #3836	FAMILY TRAVEL WITH COLLEEN KELL #602	21:30
10 PM	RICK STEVES' EUROPE #1003	RICK STEVES' EUROPE #1004	RICK STEVES' EUROPE #1005	RICK STEVES' EUROPE #1006	FAMILY TRAVEL WITH COLLEEN KELL #603H	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	10 PM
22:30	SEEING CANADA #301	JOSEPH ROSENDO'S TRAVELSCOPE #602H	OUTSIDE: BEYOND THE LENS #209	JOSEPH ROSENDO'S TRAVELSCOPE #603H	FAMILY TRAVEL WITH COLLEEN KELL #604H	Stone Age to Ancient Greece #101H	Ancient Rome #102H	22:30
11 PM	IN THE AMERICAS WITH DAVID YETMAN #210	DAYTRIPPER #905	TWO FOR THE ROAD #406	HIGHPOINTERS WITH THE BARGO BRO #104H	FAMILY TRAVEL WITH COLLEEN KELL #605H	IN JULIA'S KITCHEN WITH MASTER C #121	MY GREEK TABLE WITH DIANE KOCHIL #308	11 PM
23:30	BEST OF THE JOY OF PAINTING #3836	BEST OF THE JOY OF PAINTING #3837	BEST OF THE JOY OF PAINTING #3838	BEST OF THE JOY OF PAINTING #3839	FAMILY TRAVEL WITH COLLEEN KELL #606H	TASTEMAKERS #113	LIDIA'S KITCHEN #917	23:30
12 M	LUCKY CHOW #504	LUCKY CHOW #505	LUCKY CHOW #506	LUCKY CHOW #101	FAMILY TRAVEL WITH COLLEEN KELL #503	CIAO ITALIA #2924	CHRISTOPHER KIMBALL'S MILK STREE #321	12 M
24:30	AMERICA'S TEST KITCHEN #2217	CHRISTOPHER KIMBALL'S MILK STREE #517	LIDIA'S KITCHEN #918	CHRISTOPHER KIMBALL'S MILK STREE #518	FAMILY TRAVEL WITH COLLEEN KELL #508	HOW SHE ROLLS #207	AMERICA'S TEST KITCHEN #2225	24:30
1 AM	SIMPLY MING #1806	SARA'S WEEKNIGHT MEALS #1106	JACQUES PEPIN: HEART & SOUL #115	FIELD TRIP WITH CURT IS STONE #106	FAMILY TRAVEL WITH COLLEEN KELL #509	CROSSING SOUTH #308	AMERICA'S TEST KITCHEN #2226	1 AM
25:30	COOK'S COUNTRY #1312H	NEW ORLEANS COOKING WITH KEVIN #125H	COOK'S COUNTRY #1313H	PAT'S MEXICAN TABLE #906	FAMILY TRAVEL WITH COLLEEN KELL #505	THE JAZZY VEGETARIAN #704	ELLIE'S REAL GOOD FOOD #107	25:30
2 AM	SAMANTHA BROWN'S PLACES TO LOVE #602	SAMANTHA BROWN'S PLACES TO LOVE #603	SAMANTHA BROWN'S PLACES TO LOVE #309	SAMANTHA BROWN'S PLACES TO LOVE #102	AMERICA'S TEST KITCHEN #2218	BEST OF THE JOY OF PAINTING #3840	FAMILY TRAVEL WITH COLLEEN KELL #601H	2 AM
26:30	SAMANTHA BROWN'S PLACES TO LOVE #207	SAMANTHA BROWN'S PLACES TO LOVE #113	SAMANTHA BROWN'S PLACES TO LOVE #301	SAMANTHA BROWN'S PLACES TO LOVE #203	LUCKY CHOW #102	BEST OF THE JOY OF PAINTING #3836	FAMILY TRAVEL WITH COLLEEN KELL #602	26:30
3 AM	IN JULIA'S KITCHEN WITH MASTER C #121	TASTEMAKERS #113	HOW SHE ROLLS #207	CIAO ITALIA #2924	CROSSING SOUTH #308	CRAFT IN AMERICA Celebration	CRAFT IN AMERICA Teachers	3 AM
27:30	MY GREEK TABLE WITH DIANE KOCHIL #308	LIDIA'S KITCHEN #917	AMERICA'S TEST KITCHEN #2225	CHRISTOPHER KIMBALL'S MILK STREE #321	AMERICA'S TEST KITCHEN #2226	#702	#801	27:30
4 AM	THIS OLD HOUSE #4411	THIS OLD HOUSE #3613	THIS OLD HOUSE #3614	THIS OLD HOUSE #3615	THIS OLD HOUSE #3616	RICK STEVES ART OF EUROPE	RICK STEVES ART OF EUROPE	4 AM
28:30	ASK THIS OLD HOUSE #2111	WOODSMITH SHOP #1511H	CLASSIC WOODWORKING #106	CRAFTSMAN'S LEGACY #404	AMERICAN WOODSHOP #2807H	Stone Age to Ancient Greece #101H	Ancient Rome #102H	28:30
5 AM	RICK STEVES' EUROPE #1003	RICK STEVES' EUROPE #1004	RICK STEVES' EUROPE #1005	RICK STEVES' EUROPE #1006	RICK STEVES' EUROPE #1007	THE JAZZY VEGETARIAN #704	THE JAZZY VEGETARIAN #705	5 AM
29:30	BEST OF THE JOY OF PAINTING #3836	BEST OF THE JOY OF PAINTING #3837	BEST OF THE JOY OF PAINTING #3838	BEST OF THE JOY OF PAINTING #3839	BEST OF THE JOY OF PAINTING #3840	ELLIE'S REAL GOOD FOOD #106	ELLIE'S REAL GOOD FOOD #107	29:30

TIME	MONDAY, Jan 23	TUESDAY, Jan 24	WEDNESDAY, Jan 25	THURSDAY, Jan 26	FRIDAY, Jan 27	SATURDAY, Jan 28	SUNDAY, Jan 29	TIME
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Create National
JANUARY 30 – JANUARY 31, 2023

TIME	MONDAY, Jan 30	TUESDAY, Jan 31	WEDNESDAY, Feb 01	THURSDAY, Feb 02	FRIDAY, Feb 03	SATURDAY, Feb 04	SUNDAY, Feb 05	TIME
6 AM	THE LEGACY LIST WITH MATT PAXTON	J SCHWANKE'S LIFE IN BLOOM #404	CONSCIOUS LIVING #210	MAKE IT ARTSY #908H	BABY MAKES 3 #208	CLASSICAL STRETCH: B Y ESSENTRI #1105H	CLASSICAL STRETCH: B Y ESSENTRIC #1214	6 AM
06:30	Home on the Range #307	CULTURE QUEST #105H	GROWING BOLDER #706	FOR YOUR HOME #2512H	MAKE YOUR MARK #108	YNDI YOGA #104H	HAPPY YOGA WITH SARA H STARR #106	06:30
7 AM	BEST OF SEWING WITH NANCY #222	QUILTING ARTS #2710H	FIT 2 STITCH #809	QUILTING ARTS #2711H	BEST OF SEWING WITH NANCY #223	FONS & PORTER'S LOVE OF QUILTIN #3506H	IT'S SEW EASY #1917H	7 AM
07:30	PAINT THIS WITH JERRY YARNELL #1310	PAINTING AND TRAVEL WITH ROGER & #710	PAINTING WITH WILSON BICKFORD #708H	LANDSCAPES THROUGH TIME WITH DAV #204	PAINT THIS WITH JERRY YARNELL #1311	CANVASING THE WORLD WITH SEAN D #107H		07:30
8 AM	THIS OLD HOUSE #4412	THIS OLD HOUSE #3617	THIS OLD HOUSE #3618	THIS OLD HOUSE #3619	THIS OLD HOUSE #3620			8 AM
08:30	ASK THIS OLD HOUSE #2112	WOODSMITH SHOP #1512H	CLASSIC WOODWORKING #107	CRAFTSMAN'S LEGACY #405	AMERICAN WOODSHOP #2808H			08:30
9 AM	DINING WITH THE CHEF #843	TASTEMAKERS #201H	HOW SHE ROLLS #208	CIAO ITALIA #2925	CROSSING SOUTH #309	P. ALLEN SMITH'S GARDEN HOME #1409	THE JAZZY VEGETARIAN #706	9 AM
09:30	FIT TO EAT (HOMETOWN CREATE) #117H	LIDIA'S KITCHEN #918		CHRISTOPHER KIMBALL'S MILK STREET #322		GARDEN SMART #6801	ELLIE'S REAL GOOD FOOD #108	09:30
10 AM	DISCOVER THE UPPER CUMBERLAND (#111H)	DAYTRIPPER #906	REAL ROAD ADVENTURES #101H	HIGHPOINTERS WITH THE BARGO BRO #105H	CYCLE AROUND JAPAN HIGHLIGHTS #444		TRAILS TO OISHII TOKYO #544	10 AM
10:30	SEEING CANADA #302	JOSEPH ROSENDO'S TRAVELSCOPE #604H	OUTSIDE: BEYOND THE LENS #210	JOSEPH ROSENDO'S TRAVELSCOPE #605H	SAMANTHA BROWN'S PLACES TO LOVE #313		JOURNEYS IN JAPAN #844	10:30
11 AM	RICK STEVES' EUROPE #1009	RICK STEVES' EUROPE #1010	RICK STEVES' EUROPE #1011	RICK STEVES' EUROPE #1012	RICK STEVES' EUROPE #1101H		J SCHWANKE'S LIFE IN BLOOM #410	11 AM
11:30	BEST OF THE JOY OF PAINTING #3841	BEST OF THE JOY OF PAINTING #3842	BEST OF THE JOY OF PAINTING #3843	BEST OF THE JOY OF PAINTING #3844	BEST OF THE JOY OF PAINTING #3845		FAMILY PLOT: GARDENING IN THE M #1245	11:30
12 N	IN JULIA'S KITCHEN WITH MASTER C #122	TASTEMAKERS #201H	HOW SHE ROLLS #208	Graceful Waterfall #3844				12 N
12:30	MY GREEK TABLE WITH DIANE KOCHIL #309	LIDIA'S KITCHEN #918						12:30
1 PM	BEST OF SEWING WITH NANCY #222	QUILTING ARTS #2710H	FIT 2 STITCH #809					1 PM
13:30	PAINT THIS WITH JERRY YARNELL #1310	PAINTING AND TRAVEL WITH ROGER & #710	PAINTING WITH WILSON BICKFORD #708H					13:30
2 PM	THIS OLD HOUSE #4412	THIS OLD HOUSE #3617	THIS OLD HOUSE #3618					2 PM
14:30	ASK THIS OLD HOUSE #2112	WOODSMITH SHOP #1512H	CLASSIC WOODWORKING #107					14:30
3 PM	BEST OF SEWING WITH NANCY #222	QUILTING ARTS #2710H	FIT 2 STITCH #809					3 PM
15:30	AMERICA'S TEST KITCHEN #2201	COOK'S COUNTRY #1501	AMERICA'S TEST KITCHEN #2202	COOK'S COUNTRY #1502	AMERICA'S TEST KITCHEN #2203			15:30
4 PM	IN JULIA'S KITCHEN WITH MASTER C #122	TASTEMAKERS #201H	HOW SHE ROLLS #208					4 PM
16:30	FIT TO EAT (HOMETOWN CREATE) #117H	LIDIA'S KITCHEN #918						16:30
5 PM	DISCOVER THE UPPER CUMBERLAND (#111H)	DAYTRIPPER #906	REAL ROAD ADVENTURES #101H			RICK STEVES ART OF EUROPE		5 PM
17:30	SEEING CANADA #302	JOSEPH ROSENDO'S TRAVELSCOPE #604H	OUTSIDE: BEYOND THE LENS #210			The Middle Ages #103H		17:30
6 PM	RICK STEVES' EUROPE #1009	RICK STEVES' EUROPE #1010	RICK STEVES' EUROPE #1011	RICK STEVES' EUROPE #1012	RICK STEVES' EUROPE #1101H	RICK STEVES' EUROPE #1102H	A CHEF'S LIFE #206	6 PM
18:30	LUCKY CHOW #103	LUCKY CHOW #104	LUCKY CHOW #105	LUCKY CHOW #106	LUCKY CHOW #201	CHRISTOPHER KIMBALL'S MILK STREET #420H		18:30
7 PM	SIMPLY MING #1808	SARA'S WEEKNIGHT MEALS #1108	JACQUES PEPIN: HEART & SOUL #116	FIELD TRIP WITH CURT IS STONE #202	SIMPLY MING #1809	FIELD TRIP WITH CURT IS STONE #203	SARA'S WEEKNIGHT MEALS #1109	7 PM
19:30	COOK'S COUNTRY #1402	NEW ORLEANS COOKING WITH KEVIN #126H	COOK'S COUNTRY #1403	PAT'S MEXICAN TABLE #908	COOK'S COUNTRY #1404	PAT'S MEXICAN TABLE #909	NICK STELLINO: STORY TELLER IN THE #305	19:30
8 PM	AMERICA'S TEST KITCHEN #2219	CHRISTOPHER KIMBALL'S MILK STREET #519	LIDIA'S KITCHEN #919	CHRISTOPHER KIMBALL'S MILK STREET #520	AMERICA'S TEST KITCHEN #2220	CRAFT IN AMERICA Nature #802	CRAFT IN AMERICA Borders #901	8 PM
20:30	LUCKY CHOW #103	LUCKY CHOW #104	LUCKY CHOW #105					20:30
9 PM	FAMILY TRAVEL WITH COLLEEN KELL #603H	FAMILY TRAVEL WITH COLLEEN KELL #605H	FAMILY TRAVEL WITH COLLEEN KELLY #503					9 PM
21:30	FAMILY TRAVEL WITH COLLEEN KELL #604H	FAMILY TRAVEL WITH COLLEEN KELL #606H	FAMILY TRAVEL WITH COLLEEN KELLY #508					21:30
10 PM	RICK STEVES' EUROPE #1009	RICK STEVES' EUROPE #1010	RICK STEVES' EUROPE #1011					10 PM
22:30	SEEING CANADA #302	JOSEPH ROSENDO'S TRAVELSCOPE #604H	OUTSIDE: BEYOND THE LENS #210					22:30
11 PM	IN THE AMERICAS WITH DAVID YETMAN #301	DAYTRIPPER #906	REAL ROAD ADVENTURES #101H				MY GREEK TABLE WITH DIANE KOCHIL #309	11 PM
23:30	BEST OF THE JOY OF PAINTING #3841	BEST OF THE JOY OF PAINTING #3842	BEST OF THE JOY OF PAINTING #3843					23:30
12 M	LUCKY CHOW #103	LUCKY CHOW #104	Ocean Sunset #3843					12 M
24:30	AMERICA'S TEST KITCHEN #2219	CHRISTOPHER KIMBALL'S MILK STREET #519						24:30
1 AM	SIMPLY MING #1808	SARA'S WEEKNIGHT MEALS #1108						1 AM
25:30	COOK'S COUNTRY #1402	NEW ORLEANS COOKING WITH KEVIN #126H						25:30
2 AM	FAMILY TRAVEL WITH COLLEEN KELL #603H	FAMILY TRAVEL WITH COLLEEN KELL #605H						2 AM
26:30	FAMILY TRAVEL WITH COLLEEN KELL #604H	FAMILY TRAVEL WITH COLLEEN KELL #606H						26:30
3 AM	IN JULIA'S KITCHEN WITH MASTER C #122	TASTEMAKERS #201H						3 AM
27:30	MY GREEK TABLE WITH DIANE KOCHIL #309	LIDIA'S KITCHEN #918						27:30
4 AM	THIS OLD HOUSE #4412	THIS OLD HOUSE #3617						4 AM
28:30	ASK THIS OLD HOUSE #2112	WOODSMITH SHOP #1512H						28:30
5 AM	RICK STEVES' EUROPE #1009	RICK STEVES' EUROPE #1010						5 AM
29:30	BEST OF THE JOY OF PAINTING #3841	BEST OF THE JOY OF PAINTING #3842						29:30
TIME	MONDAY, Jan 30	TUESDAY, Jan 31	WEDNESDAY, Feb 01	THURSDAY, Feb 02	FRIDAY, Feb 03	SATURDAY, Feb 04	SUNDAY, Feb 05	TIME