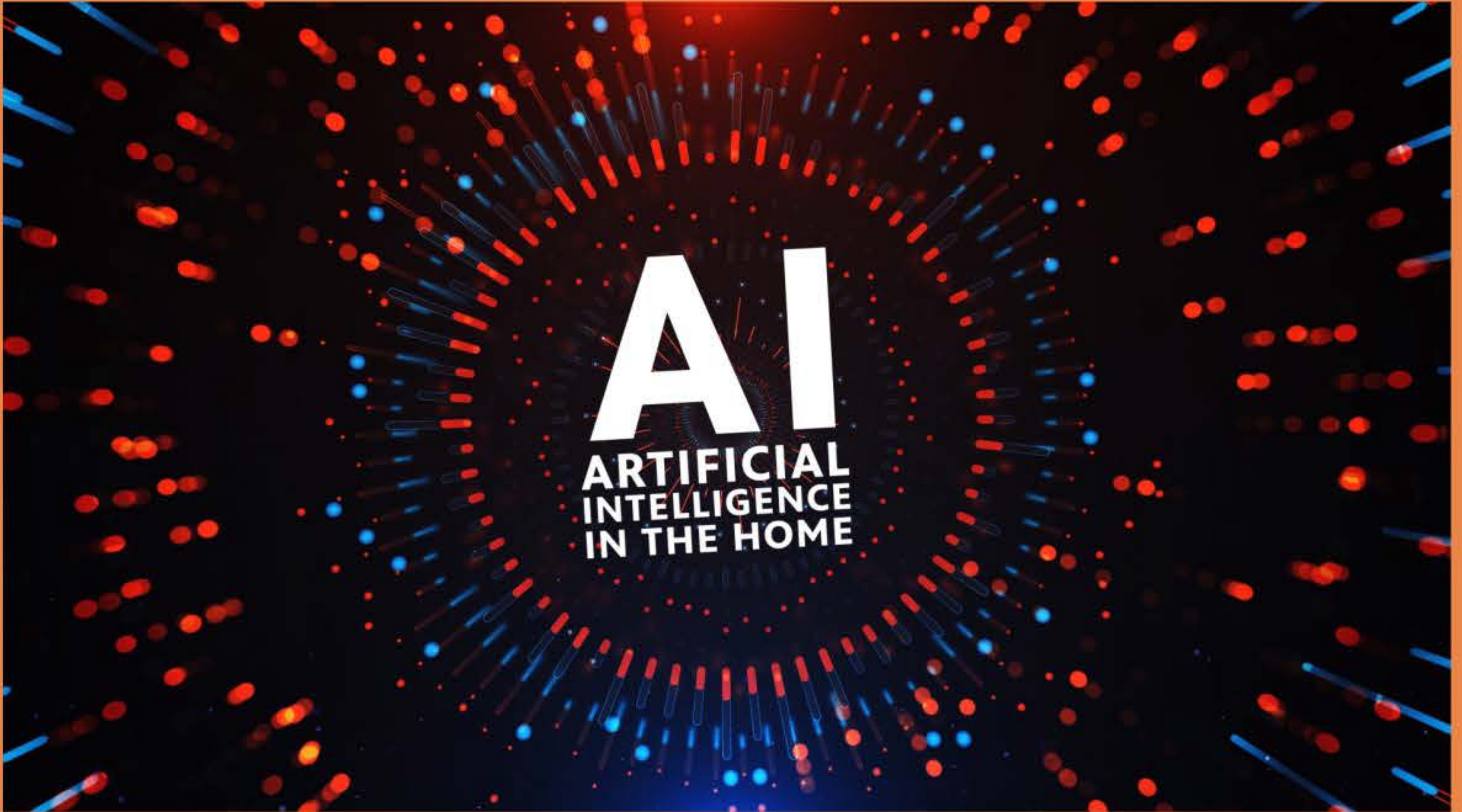


FAMILIES, STUDENTS, AND THE POWER OF ARTIFICIAL INTELLIGENCE



Artificial Intelligence can be a helpful tool at home, making study time more engaging, and personalized for children. It can give feedback, suggest new ways to learn, and adapt to unique interests, helping students build problem solving and critical thinking skills.

With families setting clear boundaries, staying involved, and talking about technology choices, AI can support learning, creativity, and preparation for the future.

It is important for families to remember that the information provided is to help children learn by building skills to become better citizens, computational thinkers, communicators, collaborators, innovators, empowered learners, and designers.

Teens: Ages 14-18

By building on the skills students learn at school like **digital identity**, advanced research, and career exploration they can begin developing the good judgment and technical confidence needed to use AI safely and effectively in their future studies and careers.



Make a “Family AI Plan”

Create simple rules together for when, why, and how your teen can use AI. Be clear about personal information safety and set time limits when using AI.

Talk about AI limitations by showing examples where AI makes mistakes and doublechecking answers with another source.

Discuss AI as both a thought partner and an assistant for sparking ideas, encourage students to explore how it might support them in everyday life.

Explain clearly what you expect of your teen by discussing when AI may be used for **brainstorming or revising versus when creating original work**.

Practice AI Use

Studying at home:

Create a study guide that is tailored to notes from class and build extra practice samples based on the areas of improvement from prior assessments.

Explore employment:

Create a story about future goals and use it as a prompt. Have AI search the story and identify for various job tasks and required skills for future employment opportunities.

Generating Viewpoints:

Use AI to generate alternative viewpoints on a topic and ask your teen to evaluate evidence and identify bias.

Screen free:

Have your teen create a pretend online profile on paper and compare what they choose to share publicly with what they keep private, helping to reflect on their digital identity.

Families can help their teens use AI responsibly by setting clear expectations at home about when and how AI should be used. It also helps to have open conversations about how AI works and why it can sometimes be wrong. Encourage teens to verify AI answers with trusted sources, look out for possible bias, and use AI as a tool to support their learning—not to replace their own thinking. This builds responsible habits, confidence, and healthy digital use.