

# centerPIECE

8/2025

Love Eat Travel // Mini Fab Science Lab // Venus & Serena

**40<sup>TH</sup>**  
**SEASON**

**BLACK**  
**ISSUES**  
**FORUM**



## **BUILDING ON A LEGACY**

**Black Issues Forum** returns  
for a landmark 40th season!

**PREMIERES FRIDAY,  
AUGUST 1, 7 PM, ON PBS NC**

**Watch Live. Stream Anytime.**

### **ARE YOU A SUSTAINER?**

See page 2 for important info about  
your monthly membership payment.

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Greenville	WUNK-TV
Jacksonville	WUNM-TV
Linville	WUNE-TV
Lumberton	WUNU-TV
Roanoke Rapids	WUNP-TV
Wilmington	WUNJ-TV
Winston-Salem	WUNL-TV

Our four digital channels offer unique programming:

PBS NC  
North Carolina Channel  
Rootle 24/7 PBS KIDS Channel  
Explorer Channel

Cable or satellite users, check with your service provider for channel numbers for your area.

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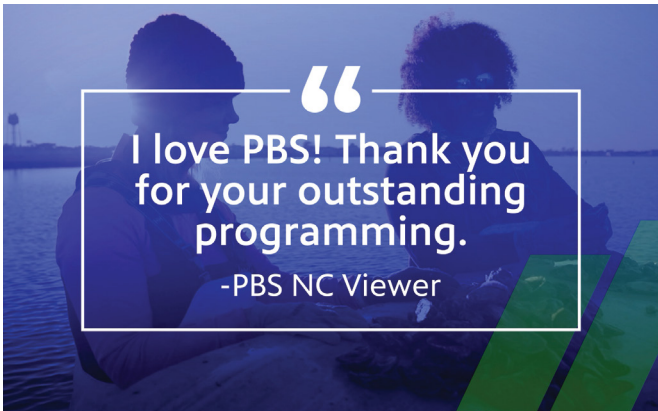
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## We appreciate you and your words of support

Over the past few months, many of you have shared what PBS North Carolina means to you and your communities. Here's what some of you had to say:

"I grew up on PBS, and in a life full of ups, downs and much change, you have always been a constant. Thank you for being a bright, calm light in a noisy media landscape!"

—Sarah from Wilson

"We appreciate the important work you do and the informative programs you bring to NC communities."

—Margaret from Granite Quarry

"Mister Rogers told us as children that when the world is hurting to look for the helpers. PBS, we will be your helpers. The American public knows how invaluable you are."

—Brittany from Winston-Salem

"Thank you for providing thoughtful and intentional programming on a variety of topics and areas and for a variety of people. I am also so very grateful for the PBS LearningMedia resources that I have used as an NC educator."

—Dana from Wendell

We know our viewers all use PBS North Carolina's programs and public services in their own unique ways. Thank you for investing in the future of PBS North Carolina as a member!

## SUSTAINERS, ACTION NEEDED



We're changing our credit card processor. If you're a sustainer who gives by credit card, please update your info at [pbsnc.org/update](https://pbsnc.org/update) or by calling 855-374-8913.

Update today to ensure that your monthly donation and member benefits like Passport continue without interruption. Thanks for your support!



**WATCH!**

## New This Month



In the new Rootle series **Mini Fab Science Lab**, Ava the STEM Ambassador

and friends explore the world of science through fun experiments. Watch on Rootle or at [youtube.com/rootle](https://youtube.com/rootle) beginning August 2.



Photo: Jen Hughey

**EXPLORE!**

## Nurture Literacy at Home

Here are some tips on turning your home into a nurturing literacy environment:

- Let children choose their books.
- Read books in your native languages.
- Encourage writing opportunities.

Find more tips at [pbs.org/parents](https://pbs.org/parents).



## Rootle Roadster Heads to Sparta in September

Mark your calendar: The Rootle Roadster Tour visits the Allegheny Agriculture Fair in Sparta September 18–21.

Enjoy free STEM and literacy activities, community resources, educational demos, games and more.

Learn more at [pbsnc.org/RoadsterTour](https://pbsnc.org/RoadsterTour).



**PLAY!**

## DAILY SCHEDULE

- 6 AM** **Clifford the Big Red Dog** <sup>DV</sup>  
Weekends:  
**The Cat in the Hat Knows a Lot About That!**
- 6:30** **Sesame Street** <sup>DV</sup>  
Weekends:  
**Dinosaur Train** <sup>DV</sup>
- 7:00** **Pinkalicious & Peterrific** <sup>DV</sup>  
Weekends until 10 AM:  
**Read-a-roo's Block Party:**  
**Hero Elementary** <sup>DV</sup>  
**Mini Fab Science Lab**
- 7:30** **Curious George**
- 8:00** **Sesame Street** <sup>DV</sup>
- 8:30** **Milo**
- 9:00** **Work It Out Wombats!** <sup>DV</sup>
- 10:00** **Daniel Tiger's Neighborhood** <sup>DV</sup>
- 11:00** **Carl the Collector**  
Weekends at 11:30 AM:  
**Curious George** <sup>DV</sup>
- Noon** **Donkey Hodie** <sup>DV</sup>
- 1:00** **Elinor Wonders Why** <sup>DV</sup>  
Weekends until 4 PM:  
**Read-a-roo's Block Party:**  
**Hero Elementary** <sup>DV</sup>  
**Mini Fab Science Lab**
- 1:30** **Rosie's Rules** <sup>DV</sup>
- 2:30** **Xavier Riddle** <sup>DV</sup>
- 3:00** **Molly of Denali** <sup>DV</sup>
- 3:30** **Alma's Way** <sup>DV</sup>
- 4:00** **Lyla in the Loop** <sup>DV</sup>  
Weekends at 4:30 PM:  
**Arthur** <sup>DV</sup>
- 5:00** **Odd Squad** <sup>DV</sup>
- 5:30** **Skillsville** <sup>DV</sup>
- 6 PM** **Wild Kratts**
- 7:00** **Lyla in the Loop** <sup>DV</sup>  
Weekends until 10 PM:  
**PBS Family Fun Night**
- 7:30** **Arthur** <sup>DV</sup>
- 8:00** **Nature Cat**
- 8:30** **Hero Elementary** <sup>DV</sup>
- 9:00** **Cyberchase** <sup>DV</sup>
- 9:30** **Let's Go Luna!** <sup>DV</sup>
- 10:00** **Rosie's Rules** <sup>DV</sup>
- 10:30** **Xavier Riddle** <sup>DV</sup>
- 11:00** **Molly of Denali** <sup>DV</sup>
- 11:30** **Alma's Way** <sup>DV</sup>

For schedules of our four channels, visit [pbsnc.org/schedule](https://pbsnc.org/schedule).

For the most up-to-date info, visit [pbsnc.org/schedule](https://pbsnc.org/schedule).

# Evening & Weekend Listings

## 1 FRIDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **NC Bookwatch**  
 John Hart. **L**  
**EX** **Sara's**  
**Weeknight Meals**  
*Pizza & Lemons:*  
*Naples to Sorrento*
- 6:30** **NC** **Comic Culture**  
 Rick Parker. **L**  
**EX** **America's**  
**Test Kitchen**  
*A Showstopping*  
*Chocolate-Raspberry Trifle*
- 7:00** **PBS** **Black Issues Forum**  
 SEASON PREMIERE! **L**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Istanbul*
- 7:30** **PBS** **ncIMPACT**  
*The Need for STEM in*  
*Rural Communities* **L**  
**EX** **The Key Ingredient**  
**with Sheri Castle**  
*Strawberry Fields Forever* **L**
- 8:00** **PBS** **Washington Week**  
**with The Atlantic**  
**NC** **NC Weekend**  
*Downtown Fun* **L**  
**EX** **Turn:**  
**Washington's Spies**  
*Mr. Culpeper*
- 8:30** **PBS** **State Lines**  
 NC legislative stories. **L**  
**NC** **The Key Ingredient**  
**with Sheri Castle**  
*Strawberry Fields Forever* **L**
- 9:00** **PBS** **The Great**  
**American Recipe**  
*A Test of the Best* **DV**  
**NC** **State Lines** **L**  
**EX** **Unforgotten**  
*Sunny and Jess clash.* **DV**
- 9:30** **NC** **Black Issues Forum** **L**
- 10:00** **PBS** **Somewhere South**  
*Dumpling Dilemma* **L**  
**NC** **Side by Side**  
**with Nido Qubein**  
 Allen Joines. **L**  
**EX** **Astrid**  
 SEASON PREMIERE!  
*Global Plan*
- 10:30** **NC** **ncIMPACT**  
*The Need for STEM in*  
*Rural Communities* **L**
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **After Action**  
*All Gave Some*  
**EX** **My Home, NC**  
*Made by Hand* **L**



Rumors abound after a well-known scientist is found dead on **Astrid**, Friday, August 1, 10 PM, on the Explorer Channel.

- 11:30** **EX** **Shaped by Sound**  
 Reuben Vincent **L**

## 2 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood**  
**EX** **Carolina**  
**Outdoor Journal**  
*Autumn Rainbow Trout* **L**
- 6:30** **PBS** **Daniel Tiger's Neighborhood** **DV**  
**NC** **Sit & Be Fit**  
*Heel to Toe*  
*Functional Fitness*  
**EX** **Bare Feet with**  
**Mickela Mallozzi**  
*Belfast, Northern Ireland*
- 7:00** **PBS** **Sesame Street** **DV**  
**NC** **Classical Stretch:**  
**By Essentrics**  
*Spine Strengthening*  
**EX** **Travels with Darley**  
*Cappadocia, Istanbul &*  
*Anatolia in Türkiye*
- 7:30** **PBS** **Donkey Hodie** **DV**  
**NC** **Wai Lana Yoga**  
*Salute to the Sun*  
**EX** **Rick Steves' Europe**  
*London: Historic & Dynamic*
- 8:00** **PBS** **Pinkalicious & Peterrific** **DV**  
**NC** **NC Weekend**  
*Downtown Fun* **L**  
**EX** **Walking**  
**with Dinosaurs**  
*The Journey North* **DV**
- 8:30** **PBS** **Molly of Denali** **DV**  
**NC** **The Key Ingredient**  
**with Sheri Castle**  
*Strawberry Fields Forever* **L**
- 9:00** **PBS** **Elinor**  
**Wonders Why** **DV**  
**NC** **State Lines** **L**  
**EX** **Human Footprint**  
*Dammed If You Do*
- 9:30** **PBS** **Alma's Way** **DV**  
**NC** **Black Issues Forum** **L**
- 10:00** **PBS** **NC Weekend**  
*Downtown Fun* **L**  
**NC** **Side by Side**  
**with Nido Qubein**  
 Allen Joines. **L**  
**EX** **Lidia's Kitchen**  
*Enjoy the Journey*
- 10:30** **PBS** **My Home, NC**  
*Made by Hand* **L**  
**NC** **ncIMPACT**  
*The Need for STEM in*  
*Rural Communities* **L**  
**EX** **America**  
**the Bountiful**  
*Taro in Hawaii*
- 11:00** **PBS** **Garden Smart**  
*Lessons Learned*  
*from Older Gardens*  
**NC** **Craft in America**  
*Music*  
**EX** **Milk Street**  
**Television**  
*Biryani & Curry*
- 11:30** **PBS** **J Schwanke's**  
**Life in Bloom**  
*Flower Icon*  
**EX** **Christina Cooks:**  
**Back to the**  
**Cutting Board**  
*Muscle Power*
- Noon** **PBS** **Burt Wolf:**  
**Travels & Traditions**  
*Morikami Museum &*  
*Japanese Gardens*  
**NC** **NC Weekend**  
*Downtown Fun* **L**  
**EX** **Sara's**  
**Weeknight Meals**  
*Essential Pastas of Rome*
- 12:30** **PBS** **View Finders**  
*Wind River Mountains*  
**NC** **Sci NC**  
*Harvesting Science* **L**  
**EX** **To Dine For**  
**with Kate Sullivan**  
 Alice Walton.
- 1:00** **PBS** **Antiques Roadshow**  
*Indianapolis, Hour 3*  
**NC** **My Home, NC**  
*Made by Hand* **L**  
**EX** **NC Weekend**  
*Downtown Fun* **L**
- 1:30** **NC** **The Key Ingredient**  
**with Sheri Castle**  
*Strawberry Fields Forever* **L**

**PLEASE NOTE:** For the latest scheduling info, visit [pbsnc.org/schedule](https://pbsnc.org/schedule). Program times may vary; add at least five minutes when recording.





Learn how a Southern radio station rocked the airwaves in **WZZQ the Movie**, Saturday, August 2, 11 PM, on the North Carolina Channel.

**EX Fresh Glass**

*The Legacy of a Trailblazer*

**2:00** **PBS** **Rick Steves' Europe**

*Greek Islands: Santorini, Mykonos & Rhodes*

**NC** **Jazzy Vegetarian**

*Sweets for the Sweet* **DV**

**EX** **Great Lighthouses of Ireland**

*Cromwell Point.*

**2:30** **PBS** **Samantha Brown's Places to Love**

*Houston, Texas*

**NC** **Quilting Arts**

*Exploring Color*

**3:00** **PBS** **Travels with Darley**

*Chicago Architecture & the Magnificent Mile*

**NC** **Lap Quilting with Georgia Bonesteel**

*Piecing a Lifetime Together* **L**

**EX** **Great Lighthouses of Ireland**

*Skelligs Lighthouse.*

**3:30** **PBS** **Woodsmith Shop**

*Outdoor Entertaining: Patio Table*

**NC** **The Woodwright's Shop with Roy Underhill**

*Hand Plane Essentials with Chris Schwarz* **L**

**4:00** **PBS** **This Old House**

*Ridgewood |*

*Ridgewood Revival*

**NC** **American Woodshop**

*English Cricket Table*

**EX** **Bare Feet with Mickela Mallozzi**

*Belfast, Northern Ireland*

**4:30** **PBS** **Ask This Old House**

*Uneven Paver Patio, EV Charger*

**NC** **America's Heartland**

*Improving Environments*

**EX** **Rick Steves' Europe**

*Vienna & the Danube*

**5:00** **PBS** **Carolina**

**Outdoor Journal**

*Autumn Rainbow Trout* **L**

**NC** **Untamed**

*Teaching the World:*

*Non-Releasable Animal*

*Ambassadors*

**EX** **Walking**

**with Dinosaurs**

*The Journey North* **DV**

**5:30** **PBS** **PBS News Weekend**

**NC** **Carolina**

**Outdoor Journal**

*Drum Beat* **L**

**6 PM** **PBS** **Doc Martin**

*Last Christmas*

*in Portwenn*

**NC** **Classic Gospel**

*David Phelps: Hymnal*

**EX** **Human Footprint**

*Dammed If You Do*

**7:00** **NC** **Woodsongs**

*John McEuen & Wyatt Ellis*

**EX** **Nova**

*Rise of the Mammals*

**PBS** **Miss Fisher's**

**Murder Mysteries**

*Death on the Vine*

**8:00** **NC** **Shaped by Sound**

*Reuben Vincent* **L**

**EX** **A Sacred Thread**

*The Snowbird Cherokee*

*safeguards its heritage.* **L**

**PBS** **Midsomer Murders**

*Tale of Two Hamlets, Part 1*

**8:30** **NC** **Sonark Sessions:**

**Live from the Barn**

*The Connells* **L**

**PBS** **Midsomer Murders**

*Tale of Two Hamlets, Part 2*

**9:00** **NC** **Austin City Limits**

*Tanya Tucker/*

*Brittney Spencer*

**EX** **Searching**

**for Sequoyah**

*The life of a Cherokee visionary.* **L**

**10:00** **PBS** **Turn:**

**Washington's Spies**

*Mercy Moment*

*Murder Measure*

**NC** **Papa Ray's Vintage**

**Vinyl Roadshow**

*In the Beginning, Part 2*

**EX** **No Passport Required**

*Las Vegas*

**10:30** **NC** **Echo Sessions**

*Too Many Zooz* **L**

**11:00** **PBS** **Shaped by Sound**

*Reuben Vincent* **L**

**NC** **WZZQ the Movie**

**EX** **No Passport Required**

*Boston*

**11:30** **PBS** **My Music with**

**Rhiannon Giddens**

*Karan Casey*

## 3 SUNDAY

**6 AM** **PBS** **Donkey Hodie** **DV**

**NC** **Finding Your Roots**

*Mean Streets* **DV**

**6:30** **PBS** **Lyla in the Loop** **DV**

**NC** **Sit & Be Fit**

*Body Alignment &*

*Core Strengthening*

**7:00** **PBS** **Work It Out**

**Wombats!** **DV**

**NC** **Classical Stretch:**

**By Essentrics**

*Shoulder Pain Relief*

**EX** **Antiques Roadshow**

*Indianapolis, Hour 3*

**7:30** **PBS** **Daniel Tiger's**

**Neighborhood** **DV**

**NC** **Wai Lana Yoga**

*Keep Your Balance!*

**8:00** **PBS** **Carl the Collector**

**NC** **Classic Gospel**

*David Phelps: Hymnal*

**EX** **Great Lighthouses**

**of Ireland**

*Cromwell Point.*

**8:30** **PBS** **Wild Kratts**

**9:00** **PBS** **This Old House**

*Ridgewood |*

*Ridgewood Revival*

**NC** **The Woodwright's**

**Shop with Roy Underhill**

*Hand Plane Essentials*

*with Chris Schwarz* **L**

**EX** **Great Lighthouses**

**of Ireland**

*Skelligs Lighthouse.*

**9:30** **PBS** **Ask This Old House**  
*Uneven Paver Patio, EV Charger*  
**NC** **For Your Home**  
*Motivation, Inspiration, Determination* DV

**10:00** **PBS** **ncIMPACT**  
*The Need for STEM in Rural Communities* L  
**NC** **NC Weekend**  
*Downtown Fun* L  
**EX** **Professor T**  
*Heir to the Throne* DV

**10:30** **PBS** **State Lines** L  
**NC** **Sci NC**  
*Harvesting Science* L

**11:00** **PBS** **The Great American Recipe**  
*A Test of the Best* DV  
**NC** **My Home, NC**  
*Made by Hand* L  
**EX** **Professor T**  
*The Perfect Picture* DV

**11:30** **NC** **The Key Ingredient with Sheri Castle**  
*Strawberry Fields Forever* L

**Noon** **PBS** **Louisiana Coastal Cooking**  
*Coastal Angling: Paddle Palooza*  
**NC** **State Lines** L  
**EX** **Professor T**  
*Truth & Justice* DV

**12:30** **PBS** **The Key Ingredient with Sheri Castle**  
*Strawberry Fields Forever* L  
**NC** **Black Issues Forum** L

**1:00** **PBS** **Milk Street Television**  
*Basque Cheesecake*  
**NC** **Side by Side with Nido Qubein**  
*Allen Joines.* L  
**EX** **Professor T**  
*A Little Drop of Poison* DV

**1:30** **PBS** **Pati's Mexican Table**  
*El Chepe, Railway to the Past*  
**NC** **ncIMPACT**  
*The Need for STEM in Rural Communities* L

**2:00** **PBS** **America's Test Kitchen**  
*Farmers' Market Fare*  
**NC** **NC Bookwatch**  
*John Hart.* L  
**EX** **Professor T**  
*The Conference* DV

**2:30** **PBS** **Cook's Country**  
*Sausages & Salad*  
**NC** **Carolina Outdoor Journal**  
*Drum Beat* L



Witnesses of the Hiroshima and Nagasaki bombings share their experiences on **Atomic Echoes: Untold Stories from World War II**, Sunday, August 3, 11 PM, on the North Carolina Channel.

**3:00** **PBS** **Fresh Glass**  
*Camins2Dreams*  
**NC** **NC Weekend**  
*Downtown Fun* L  
**EX** **Professor T**  
*Attachment Issues* DV

**3:30** **PBS** **Side by Side with Nido Qubein**  
*Allen Joines.* L  
**NC** **Sci NC**  
*Harvesting Science* L

**4:00** **PBS** **Black Issues Forum** L  
**NC** **My Home, NC**  
*Made by Hand* L  
**EX** **Lucy Worsley Investigates**  
*Jack the Ripper*

**4:30** **PBS** **State Lines** L  
**NC** **The Key Ingredient with Sheri Castle**  
*Strawberry Fields Forever* L

**5:00** **PBS** **Washington Week with The Atlantic**  
**NC** **Fresh Glass**  
*Cassandra Experiences Napa*  
**EX** **Grantchester**  
*Geordie intervenes.* DV

**5:30** **PBS** **PBS News Weekend**  
**NC** **Cook's Country**  
*Short Ribs & Baked Potatoes*

**6 PM** **PBS** **Midsomer Murders**  
*Tale of Two Hamlets, Part 1*  
**NC** **State Lines** L  
**EX** **Atlantic Crossing**  
*The Gift*

**6:30** **NC** **Firing Line with Margaret Hoover**  
**PBS** **Midsomer Murders**  
*Tale of Two Hamlets, Part 2*

**7:00** **NC** **PBS News Weekend**  
**EX** **Walking with Dinosaurs**  
*Island of Giants* DV

**7:30** **NC** **Black Issues Forum** L

**8:00** **PBS** **Lucy Worsley Investigates**  
*William the Conqueror*  
**NC** **Finding Your Roots**  
*Mean Streets* DV  
**EX** **Human Footprint**  
*Vanishing Act*

**9:00** **PBS** **Grantchester**  
*Alphy and Geordie clash.* DV  
**NC** **The Bomb**  
*How the nuclear bomb was developed.*  
**EX** **Nova**  
*Ancient Maya Metropolis* DV

**10:00** **PBS** **Atlantic Crossing**  
*A Queen Returns*  
**EX** **ncIMPACT**  
*The Need for STEM in Rural Communities* L

**10:30** **EX** **Sci NC**  
*Harvesting Science* L

**11:00** **PBS** **Lucy Worsley's Royal Photo Album**  
*How British royals shaped their image.* DV  
**NC** **Atomic Echoes: Untold Stories from World War II**  
**EX** **Antiques Roadshow**  
*Indianapolis, Hour 3*

## 4 MONDAY

**6 PM** **PBS** **PBS News Hour**  
**NC** **Laura Flanders & Friends**  
**EX** **Weekends with Yankee**  
*Feeding the Soul*

**6:30** **NC** **State Lines** L  
**EX** **Samantha Brown's Places to Love**  
*Orange County, CA*

**7:00** **PBS** **Focus On**  
*Hiroshima* L  
**NC** **PBS News Hour**



Hear from nuclear attack survivors on **Atomic People**, Monday, August 4, 10 PM, on PBS NC.



**Big Adventures: Into the Amazon with Robson Green** follows the *Grantchester* actor's journey to the largest rainforest on Earth, Tuesday, August 5, 7 PM, on the Explorer Channel.

**EX Rick Steves' Europe**

*Iran: Tehran & Side Trips*

**7:30 PBS My Home, NC**

*Made by Hand* L

**EX People of the North**

*Arctic Treats*

**8:00 PBS Antiques Roadshow**

*Palm Springs, Hour 2*

**NC A Sacred Thread** L

**EX Lucy Worsley**

*Investigates*

*William the Conqueror*

**9:00 PBS Antiques Roadshow**

*Palm Springs, Hour 3*

**NC NC Weekend**

*Downtown Fun* L

**EX Grantchester**

*Alphy and Georgie clash.* DV

**9:30 NC My Home, NC**

*Made by Hand* L

**10:00 PBS Atomic People**

**NC Focus On**

*Hiroshima* L

**EX Atlantic Crossing**

*A Queen Returns*

**10:30 NC The Last Independent Automaker**

*The Alliance*

**11:00 NC Reel South**

*The Volunteer/The Day That Shook Georgia* DV, L

**EX Finding Your Roots**

*Mean Streets* DV

**11:30 PBS Amanpour & Co.**

## 5 TUESDAY

**6 PM PBS PBS News Hour**

**NC Focus On**

*Hiroshima* L

**EX America's**

**Test Kitchen**

*A Showstopping*

*Chocolate-Raspberry Trifle*

**6:30 NC Black Issues Forum** L

**EX Cook's Country**

*Short Ribs & Baked Potatoes*

**7:00 PBS Side by Side**

**with Nido Qubein**

*Sherika Montgomery.* L

**NC PBS News Hour**

**EX Big Adventures:**

**Into the Amazon**

**with Robson Green**

**SERIES PREMIERE!**

*Alter do Chão.*

**7:30 PBS NC Weekend**

*Downtown Fun* L

**8:00 PBS Finding Your Roots**

*Dreamers One & All*

**NC The Key Ingredient**

**with Sheri Castle**

*Strawberry Fields Forever* L

**EX Britain's**

**Secret Islands**

*The Farne Islands.*

**8:30 NC A Chef's Life**

*Liver Lover* L

**9:00 PBS American Experience**

*Victory in the Pacific* DV

**NC Love Eat Travel with**

**Michelle Valentine**

**SERIES PREMIERE!**

*Happy Valley, PA*

**EX Travels with Darley**

*Santa Fe Art & History*

**9:30 NC Cook's Country**

*Short Ribs & Baked Potatoes*

**EX Rick Steves' Europe**

*Granada, Cordoba &*

*Spain's Costa del Sol*

**10:00 NC America's**

**Test Kitchen**

*A Showstopping*

*Chocolate-Raspberry Trifle*

**EX Samantha Brown's**

**Places to Love**

*Orange County, CA*

**10:30 NC Travels with Darley**

*Santa Fe Art & History*

**EX My Home, NC**

*Made by Hand* L

**11:00 PBS Amanpour & Co.**

**NC The Great**

**American Recipe**

*Passing the Dish*

**EX Joseph Rosendo's**

**Travelscope**

*Taiwan: Mountain Beauty,*

*Villages & Cultures*

**11:30 EX In the Americas**

**with David Yetman**

*Krahô: Enduring People*

*of Brazil's Plateau*

## 6 WEDNESDAY

**6 PM PBS PBS News Hour**

**NC In Good Shape:**

**The Health Show**

**EX ncIMPACT**

*The Need for STEM in*

*Rural Communities* L

**6:30 NC The School of**

**Greatness with**

**Lewis Howes**

*Jaspreet Singh.*

**EX Sci NC**

*Harvesting Science* L

**7:00 PBS MotorWeek**

**NC PBS News Hour**

**EX Rick Steves' Europe**

*Iran's Historic Capitals*

**7:30 PBS Sci NC**

*Harvesting Science* L

**EX America's**

**Test Kitchen**

*A Showstopping*

*Chocolate-Raspberry Trifle*

**8:00 PBS Nature**

*The Hummingbird Effect* DV

**NC My Home, NC**

*Made by Hand* L

**EX The Great**

**American Recipe**

*A Test of the Best* DV



- 8:30** **NC** **Best of Our State**  
*Stickbuilt & Lighter than Air* L
- 9:00** **PBS** **Nova**  
*Ancient Builders of the Amazon* DV
- NC** **Antiques Roadshow**  
*Palm Springs, Hour 2*
- EX** **The Key Ingredient with Sheri Castle**  
*Strawberry Fields Forever* L
- 9:30** **EX** **Fresh Glass**  
*Cassandra Embraces Sisterhood*
- 10:00** **PBS** **Pompeii: The New Dig**  
*House of Treasures*
- NC** **Real Wild West**  
*Wars for the West*
- EX** **Milk Street Television**  
*Milk Street Steakhouse*
- 10:30** **EX** **To Dine For with Kate Sullivan**  
*Alice Walton.*
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **A Sacred Thread** L
- EX** **Walking with Dinosaurs**  
*Island of Giants* DV

## 7 THURSDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **Side by Side with Nido Qubein**  
*Allen Joines.* L
- EX** **Lidia's Kitchen**  
*A Warm Welcome*
- 6:30** **NC** **Carolina Business Review**  
*Business highlights.* L
- EX** **Pati's Mexican Table**  
*The Blessing & the Benefit*
- 7:00** **PBS** **America the Bountiful**  
*Salmon in WA State*
- NC** **PBS News Hour**
- EX** **Rick Steves' Europe**  
*Croatia: Adriatic Delights*
- 7:30** **PBS** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L
- EX** **Samantha Brown's Places to Love**  
*Orange County, CA*
- 8:00** **PBS** **My Home, NC**  
*Rooted in Community* L
- NC** **Sci NC**  
*From Earth's Orbit to Outer Space* L
- EX** **The Bomb**



Sloane: A Jazz Singer offers a portrait of resilience, Thursday, August 7, 9:30 PM, on PBS NC.

- 8:30** **PBS** **Sci NC**  
*From Earth's Orbit to Outer Space* L
- NC** **Exploring NC**  
*In Perfect Harmony: Camp Lejeune* L
- 9:00** **PBS** **NC Weekend**  
*Overnight Favorites* L
- NC** **Life in Virginia's Appalachia**  
*Cooking*
- 9:30** **PBS** **Sloane: A Jazz Singer**  
*Jazz singer Carol Sloane reflects on her career.* L
- NC** **Changing Seas**  
*Kelp: Hidden Treasure of the Salish Sea*
- 10:00** **NC** **America Outdoors with Baratunde Thurston**  
*LA: It's a Vibe* DV
- EX** **Atomic Echoes: Untold Stories from World War II**
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **Rivers of Life**  
*Zambezi* DV
- EX** **Joseph Rosendo's Travelscope**  
*Taiwan: Mountain Beauty, Villages & Cultures*
- 11:30** **EX** **In the Americas with David Yetman**  
*As the Waters of Lake Powell Recede*

## 8 FRIDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **NC Bookwatch**  
*Elizabeth Edwards.* L
- EX** **Sara's Weeknight Meals**  
*Bounty of Parma*
- 6:30** **NC** **Comic Culture**  
*Adam Hughes.* L

- EX** **America's Test Kitchen**  
*Christmas Baking*
- 7:00** **PBS** **Black Issues Forum** L
- NC** **PBS News Hour**
- EX** **Rick Steves' Europe**  
*Dubrovnik & Balkan Side-Trips*
- 7:30** **PBS** **ncIMPACT**  
*Engaging Disconnected Young Adults* L
- EX** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L
- 8:00** **PBS** **Washington Week with The Atlantic**  
**NC** **NC Weekend**  
*Overnight Favorites* L
- EX** **Turn: Washington's Spies**  
*Mercy Moment*  
*Murder Measure*
- 8:30** **PBS** **State Lines** L
- NC** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L
- 9:00** **PBS** **The Great American Recipe**  
*A Taste Down*  
*Memory Lane* DV
- NC** **State Lines** L
- EX** **Unforgotten**  
*A suspect list grows.* DV
- 9:30** **NC** **Black Issues Forum** L
- 10:00** **PBS** **Somewhere South**  
*What a Pickle* L
- NC** **Side by Side with Nido Qubein**  
*Sherika Montgomery.* L
- EX** **Astrid**  
*Memento Mori*
- 10:30** **NC** **ncIMPACT**  
*Engaging Disconnected Young Adults* L
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **After Action**  
*INDOC*
- EX** **My Home, NC**  
*Rooted in Community* L
- 11:30** **EX** **Shaped by Sound**  
*Iron & Wine* L

## 9 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood** DV
- 6:30** **PBS** **Daniel Tiger's Neighborhood** DV
- NC** **Sit & Be Fit**  
*Brain & Balance*
- 7:00** **PBS** **Sesame Street** DV



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1-800-984-9090.



**NC Classical Stretch:  
By Essentrics**

*Connective Tissue*

**EX** America's Home  
Cooking: Stuffed  
Stuffed foods.

**7:30** **PBS** **Donkey Hodie** DV

**NC** Wai Lana Yoga

*Stiff Knees &  
Tight Shoulders?*

**8:00** **PBS** **Pinkalicious**

**& Peterrific** DV

**NC** NC Weekend

*Overnight Favorites* L

**8:30** **PBS** **Molly of Denali** DV

**NC** The Key Ingredient

with Sheri Castle  
*Fishing for Trout  
Compliments* L

**9:00** **PBS** **Elinor**

**Wonders Why** DV

**NC** State Lines L

**EX** America's Home  
Cooking: Sweets  
Kentucky Derby pie.

**9:30** **PBS** **Alma's Way** DV

**NC** Black Issues Forum L

**10:00** **PBS** **NC Weekend**

*Overnight Favorites* L

**NC Side by Side  
with Nido Qubein**

Sherika Montgomery. L

**10:30** **PBS** **My Home, NC**

*Rooted in Community* L

**NC** ncIMPACT

*Engaging Disconnected  
Young Adults* L

**11:00** **PBS** **Memory Makeover**

with Daniel Amen, MD

*Improving memory.*

**NC** Craft in America

*Celebration*

**EX** Memory Makeover

with Daniel Amen, MD

Noon **NC** NC Weekend

*Overnight Favorites* L

**12:30** **NC** Sci NC

*From Earth's Orbit  
to Outer Space* L

**1:00** **PBS** **Ken Burns:**

**The Civil War**

A look back at the iconic  
documentary.

**NC** My Home, NC

*Rooted in Community* L

**EX** All-New Rock,

Pop & Doo Wop

Ronnie Spector,  
Frankie Valli and more.

**1:30** **NC** The Key Ingredient

with Sheri Castle  
*Fishing for Trout  
Compliments* L

**2:00** **NC** Jazzy Vegetarian

*Good Morning Fiesta* DV

**2:30** **NC** Quilting Arts

*Innovate!*

**3:00** **PBS** **Rick Steves**

**Fascism in Europe**

*How fascism rose  
and fell in Europe.*

**NC** Lap Quilting with

Georgia Bonesteel

*The Quilters' Alphabet* L

**EX** '60s & '70s

**Soul Celebration**

*Hits of the era.*

**3:30** **NC** The Woodwright's

Shop with Roy Underhill

*English Layout Square*

with Chris Schwarz L

**4:00** **NC** American Woodshop

*American Miniature*

*Benchtop Chest*

**4:30** **PBS** **Rick Steves**

**Experiencing Europe**

*Travel lessons.*

**NC** America's Heartland

*Climate Change Effect*

*on American Agriculture*

**5:00** **NC** Untamed

*Conservation & Public Policy*

**5:30** **NC** Carolina

**Outdoor Journal**

*Pier Lesson* L

**6 PM** **PBS** **Farewell**

**Doc Martin**

*Behind the scenes.*

**NC** Classic Gospel

*Amazing Grace*

**EX** Rick Steves' Europe

*Great German Cities*

**7:00** **PBS** **Johnny Cash:**

**We Walk the Line**

*A 2012 concert tribute.*

**NC** Woodsongs

*Susan Pepper &  
Steve Dawson*



Carolina Chocolate Drops celebrate a legend on **Johnny Cash: We Walk the Line**, Saturday, August 9, 7 PM, on PBS NC.

8:00 **NC** **Shaped by Sound**

*Iron & Wine* **L**

**EX** **Ken Burns:**  
**The Civil War**

8:30 **PBS** **Willie Nelson's**  
**90th Birthday**  
**Celebration**

**NC** **Sonark Sessions:**  
**Live from the Barn**  
*Viniloversus* **L**

9:00 **NC** **Austin City Limits**  
*Noah Kahan/  
Flor de Toloache*

10:00 **NC** **Papa Ray's Vintage**  
**Vinyl Roadshow**  
*Papa Ray Goes to the U.K.*  
**EX** **Memory Makeover**  
**with Daniel Amen, MD**

10:30 **PBS** **Rush:**  
**Time Machine—**  
**Live in Cleveland**  
A 2011 concert.

**NC** **Echo Sessions**  
*Chalwa* **L**

11:00 **NC** **Sloane: A Jazz Singer** **L**

## 10 SUNDAY

6:30 **PBS** **Lyla in the Loop** **DV**  
**NC** **Sit & Be Fit**  
*Tone & Stretch*

7:00 **PBS** **Work It Out**  
**Wombats!** **DV**  
**NC** **Classical Stretch:**  
**By Essentrics**  
*Hip & Glute Flexibility*  
**EX** **All-New Rock,**  
**Pop & Doo Wop**

7:30 **PBS** **Daniel Tiger's**  
**Neighborhood** **DV**  
**NC** **Wai Lana Yoga**  
*Reach for the Sky*

8:00 **PBS** **Carl the Collector**  
**NC** **Classic Gospel**  
*Amazing Grace*

8:30 **PBS** **Wild Kratts**

9:00 **PBS** **This Old House**  
*Ridgewood/Swiss Mix*  
**NC** **The Woodwright's**  
**Shop with Roy Underhill**  
*English Layout Square*  
**with Chris Schwarz** **L**  
**EX** **'60s & '70s**  
**Soul Celebration**

9:30 **PBS** **Ask This Old House**  
*Trash Insert,  
Arborvitae Removal*  
**NC** **For Your Home**  
*What's New in Green?* **DV**

10:00 **PBS** **ncIMPACT**  
*Engaging Disconnected*  
*Young Adults* **L**  
**NC** **NC Weekend**  
*Overnight Favorites* **L**



Photo: Andrew MacNaughtan

Enjoy prog-rock classics on **Rush: Time Machine—Live in Cleveland**, Saturday, August 9, 10:30 PM, on PBS NC.

10:30 **PBS** **State Lines** **L**  
**NC** **Sci NC**

*From Earth's Orbit*  
*to Outer Space* **L**

11:00 **PBS** **The Great**  
**American Recipe**  
*A Taste Down*  
*Memory Lane* **DV**

**NC** **My Home, NC**  
*Rooted in Community* **L**

11:30 **NC** **The Key Ingredient**  
**with Sheri Castle**  
*Fishing for Trout*  
*Compliments* **L**

Noon **PBS** **America's Home**  
**Cooking: Stuffed**

**NC** **State Lines** **L**  
**EX** **Classical Rewind**  
Classical masterpieces.

12:30 **NC** **Black Issues Forum** **L**

1:00 **NC** **Side by Side**  
**with Nido Qubein**  
Sherika Montgomery. **L**

1:30 **NC** **ncIMPACT**  
*Engaging Disconnected*  
*Young Adults* **L**

**EX** **Deconstructing**  
**the Beatles**  
Milestone albums.

2:00 **PBS** **Cooking with Leg-**  
**ends: Lidia Bastianich**  
**& Jacques Pépin**  
Recipes and stories.

**NC** **NC Bookwatch**  
*Elizabeth Edwards.* **L**

2:30 **NC** **Carolina**  
**Outdoor Journal**  
*Pier Lesson* **L**

3:00 **NC** **NC Weekend**  
*Overnight Favorites* **L**  
**EX** **Miss Austen**  
Cassandra Austen looks  
for her sister's letters. **DV**

3:30 **PBS** **Side by Side**  
**with Nido Qubein**  
Sherika Montgomery. **L**  
**NC** **Sci NC**

*From Earth's Orbit*  
*to Outer Space* **L**

4:00 **PBS** **Black Issues Forum** **L**  
**NC** **My Home, NC**  
*Rooted in Community* **L**

**EX** **Miss Austen**  
Cassandra falls ill. **DV**

4:30 **PBS** **State Lines** **L**  
**NC** **The Key Ingredient**  
**with Sheri Castle**  
*Fishing for Trout*  
*Compliments* **L**

5:00 **PBS** **Washington Week**  
**with The Atlantic**  
**NC** **Fresh Glass**  
*Cassandra's Sunday*  
*Favorites*

5:30 **PBS** **PBS News Weekend**  
**NC** **Cook's Country**  
*The Power of*  
*Southern Cooking*  
**EX** **Miss Austen**  
Cassandra guards  
Jane's letters. **DV**

6 PM **PBS** **Memory Makeover**  
**with Daniel Amen, MD**  
**NC** **State Lines** **L**

6:30 **NC** **Firing Line with**  
**Margaret Hoover**  
**EX** **Miss Austen**  
Cassandra's final step to  
protect Jane's legacy. **DV**

7:00 **NC** **PBS News Weekend**

7:30 **NC** **Black Issues Forum** **L**

8:00 **PBS** **All Creatures Great**  
**& Small: Chapter Five**  
Behind the scenes.  
**NC** **Finding Your Roots**  
*Dreamers One & All*

**EX** Memory Makeover  
with Daniel Amen, MD  
**9:00** **NC** American Experience  
*Victory in the Pacific* **DV**

**9:30** **PBS** Cozy Mysteries of  
Masterpiece Mystery  
British mysteries.

**10:00** **EX** Rick Steves' Europe  
*Great German Cities*

**11:00** **PBS** Farewell Doc Martin  
**NC** Armed with Language  
Japanese Americans  
train as translators  
during WWII.

## 11 MONDAY

**6 PM** **PBS** PBS News Hour  
**NC** Laura Flanders  
& Friends  
**EX** Weekends  
with Yankee  
*Winter in New England*

**6:30** **NC** State Lines **L**  
**EX** Samantha Brown's  
Places to Love  
*Montreal, Canada*

**7:00** **PBS** Focus On **L**  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*The Best of Slovenia*

**7:30** **PBS** My Home, NC  
*Rooted in Community* **L**  
**EX** People of the North  
*Kingdom of Entrepreneurs*

**8:00** **PBS** Willie Nelson's  
90th Birthday  
Celebration  
**NC** Sloane: A Jazz Singer **L**  
**EX** The Marlow  
Murder Club  
A retired archaeologist  
hears a gunshot. **DV**

**9:00** **EX** The Marlow  
Murder Club  
A chilling discovery. **DV**

**9:30** **NC** My Home, NC  
*Rooted in Community* **L**

**10:00** **PBS** Deconstructing  
the Beatles  
**NC** Best of Our State  
*East Fork Pottery &  
Etta Baker* **L**

**10:30** **NC** The Last Independ-  
ent Automaker  
*The Betrayal*  
**EX** Cozy Mysteries of  
Masterpiece Mystery

**11:00** **NC** Reel South  
*Veritas* **DV, L**

**11:30** **PBS** Focus On **L**

## 12 TUESDAY

**6 PM** **PBS** PBS News Hour  
**NC** ncIMPACT  
*Engaging Disconnected  
Young Adults* **L**  
**EX** America's  
Test Kitchen  
*Christmas Baking*

**6:30** **NC** Black Issues Forum **L**  
**EX** Cook's Country  
*The Power of  
Southern Cooking*

**7:00** **PBS** Side by Side  
with Nido Qubein  
Dr. Aswani K. Volety. **L**  
**NC** PBS News Hour  
**EX** Big Adventures:  
Into the Amazon  
with Robson Green  
*The Rio Negro.*

**7:30** **PBS** NC Weekend  
*Overnight Favorites* **L**

**8:00** **PBS** The American  
Revolution:  
An Inside Look  
**NC** The Key Ingredient  
with Sheri Castle  
*Fishing for Trout  
Compliments* **L**  
**EX** Britain's  
Secret Islands  
*The Calanais Stones.*

**8:30** **NC** A Chef's Life  
*King Cornbread* **L**

**9:00** **PBS** Ken Burns:  
The National Parks  
**NC** Love Eat Travel with  
Michelle Valentine  
*St. Landry Parish, Louisiana*  
**EX** Travels with Darley  
*Bordeaux, France  
Wine & History*

**9:30** **NC** Cook's Country  
*The Power of  
Southern Cooking*  
**EX** Rick Steves' Europe  
*Andalucía, Gibraltar &  
Tangier*

**10:00** **NC** America's  
Test Kitchen  
*Christmas Baking*

**EX** Samantha Brown's  
Places to Love  
*Montreal, Canada*

**10:30** **NC** Travels with Darley  
*Bordeaux, France  
Wine & History*

**EX** My Home, NC  
*Rooted in Community* **L**

**11:00** **PBS** Amanpour & Co.  
**NC** The Great  
American Recipe  
*The Bakes Are High*

**EX** Joseph Rosendo's  
Travelscope  
*Maine: Town & Country*  
**11:30** **EX** In the Americas  
with David Yetman  
*The Mississippi River  
Program*

## 13 WEDNESDAY

**6 PM** **PBS** PBS News Hour  
**NC** In Good Shape:  
The Health Show  
**EX** ncIMPACT  
*Engaging Disconnected  
Young Adults* **L**

**6:30** **NC** The School of  
Greatness with  
Lewis Howes  
Katy Milkman.

**EX** Sci NC  
*From Earth's Orbit  
to Outer Space* **L**

**7:00** **PBS** MotorWeek  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*Granada, Cordoba, &  
Spain's Costa del Sol*

**7:30** **PBS** Sci NC  
*From Earth's Orbit  
to Outer Space* **L**  
**EX** America's  
Test Kitchen  
*Christmas Baking*

**8:00** **PBS** Walking  
with Dinosaurs:  
A Viewer's Guide  
**NC** My Home, NC  
*Rooted in Community* **L**  
**EX** The Great  
American Recipe  
*A Taste Down  
Memory Lane* **DV**

**8:30** **NC** Best of Our State  
*East Fork Pottery &  
Etta Baker* **L**

**9:00** **NC** Antiques Roadshow  
*Salt Lake City, Hour 1*  
**EX** The Key Ingredient  
with Sheri Castle  
*Fishing for Trout  
Compliments* **L**

**9:30** **PBS** Memory Makeover  
with Daniel Amen, MD  
**EX** Fresh Glass  
*Cassandra  
Experiences Napa*

**10:00** **NC** Real Wild West  
*Boom & Bust*  
**EX** Milk Street  
Television  
*Back Streets Rome*



10:30 **EX** To Dine For  
with Kate Sullivan  
Barbara Corcoran.

11:00 **NC** Sloane: A Jazz Singer **L**  
**EX** Nature  
*The Hummingbird Effect* **DV**

11:30 **PBS** Amanpour & Co.

## 14 THURSDAY

6 PM **PBS** PBS News Hour  
**NC** Side by Side  
with Nido Qubein  
Sherika Montgomery. **L**  
**EX** Lidia's Kitchen  
*Cook Together*

6:30 **NC** Carolina  
Business Review **L**  
**EX** Pati's Mexican Table  
*Carne Asada with  
La Familia*

7:00 **PBS** America  
the Bountiful  
*Pumpkin in Illinois*  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*Andalucía, Gibraltar &  
Tangier*

7:30 **PBS** The Key Ingredient  
with Sheri Castle  
*Country Ham Is King* **L**  
**EX** Samantha Brown's  
Places to Love  
*Montreal, Canada*

8:00 **PBS** My Home, NC  
*Game Changers* **L**  
**NC** Sci NC  
*The Science of Trees* **L**  
**EX** Sloane: A Jazz Singer **L**

8:30 **PBS** Sci NC  
*The Science of Trees* **L**  
**NC** Exploring NC  
*History & Future of  
Water in North Carolina* **L**

9:00 **PBS** NC Weekend  
*Fresh Air Fun* **L**  
**NC** Life in Virginia's  
Appalachia  
*Logging*

9:30 **PBS** 50 Years with  
Peter, Paul & Mary  
The folk trio's impact.  
**NC** Changing Seas  
*Saving Florida's  
Starving Manatees*  
**EX** Irma: My Life  
in Music  
Irma Thomas' career.

10:00 **NC** America Outdoors  
with Baratunde Thurston  
*Appalachia:  
A Different Way* **DV**

11:00 **NC** Rivers of Life  
*Danube* **DV**

**EX** Joseph Rosendo's  
Travelscope  
*Thailand: Bangkok  
& Beyond*

11:30 **PBS** Amanpour & Co.  
**EX** In the Americas  
with David Yetman  
*Colón's Spain & the  
Quest for Western Lands*

## 15 FRIDAY

6 PM **PBS** PBS News Hour  
**NC** NC Bookwatch  
Brett Friedlander. **L**  
**EX** Sara's  
Weeknight Meals  
*Cheese Please*

6:30 **NC** Comic Culture  
Bob Miller. **L**  
**EX** America's  
Test Kitchen  
*Fish the French Way*

7:00 **PBS** Black Issues Forum **L**  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*Oslo*

7:30 **PBS** nclMPACT  
*The Arts as an  
Economic Engine* **L**  
**EX** The Key Ingredient  
with Sheri Castle  
*Country Ham Is King* **L**

8:00 **PBS** Washington Week  
with The Atlantic  
**NC** NC Weekend  
*Fresh Air Fun* **L**  
**EX** Lucy Worsley  
Investigates  
*Princes in the Tower* **DV**

8:30 **PBS** State Lines **L**  
**NC** The Key Ingredient  
with Sheri Castle  
*Country Ham Is King* **L**

9:00 **PBS** The Great  
American Recipe  
*The Grand Finale* **DV**  
**NC** State Lines **L**  
**EX** Unforgotten  
Sunny and Jess  
attempt a reset. **DV**

9:30 **NC** Black Issues Forum **L**

10:00 **PBS** Neil Diamond:  
Hot August Night/NYC  
A 2008 concert at  
Madison Square Garden.  
**NC** Side by Side  
with Nido Qubein  
Dr. Aswani K. Volety. **L**  
**EX** Astrid  
*Natives*

10:30 **NC** nclMPACT  
*The Arts as an  
Economic Engine* **L**

11:00 **NC** After Action  
*Pledge of Allegiance*  
**EX** My Home, NC  
*Game Changers* **L**

11:30 **PBS** Amanpour & Co.  
**EX** Shaped by Sound  
*Sluice* **L**

## 16 SATURDAY

6:30 **PBS** Daniel Tiger's  
Neighborhood **DV**  
**NC** Sit & Be Fit  
*Warm Up, Circulate,  
Strengthen & Stretch*

7:00 **PBS** Sesame Street **DV**  
**NC** Classical Stretch:  
By Essentrics  
*Full Leg Toning*  
**EX** Memory Makeover  
with Daniel Amen, MD

7:30 **PBS** Donkey Hodie **DV**  
**NC** Wai Lana Yoga  
*Stiffness Be Gone!*

8:00 **PBS** Pinkalicious  
& Peterrific **DV**  
**NC** NC Weekend  
*Fresh Air Fun* **L**

8:30 **PBS** Molly of Denali **DV**  
**NC** The Key Ingredient  
with Sheri Castle  
*Country Ham Is King* **L**

9:00 **PBS** Elinor  
Wonders Why **DV**  
**NC** State Lines **L**  
**EX** Cooking with Leg-  
ends: Lidia Bastianich  
& Jacques Pépin

9:30 **PBS** Alma's Way **DV**  
**NC** Black Issues Forum **L**

10:00 **PBS** NC Weekend  
*Fresh Air Fun* **L**  
**NC** Side by Side  
with Nido Qubein  
Dr. Aswani K. Volety. **L**

10:30 **PBS** My Home, NC  
*Game Changers* **L**  
**NC** nclMPACT  
*The Arts as an  
Economic Engine* **L**  
**EX** Kris Kristofferson:  
Life & Songs  
An all-star 2016 concert.

11:00 **PBS** The Quilting  
Women of Gee's Bend  
Quilts by African Ameri-  
can women in Alabama.  
**NC** Craft in America  
*Teachers*

Noon **NC** NC Weekend  
*Fresh Air Fun* **L**  
**EX** The Highwaymen:  
Live at Nassau Coliseum  
Country legends perform.





The Texas Tenors: Faith & Inspiration presents classic hymns and contemporary songs, Saturday, August 16, 5 PM, on PBS NC.

- 12:30** **PBS** **Memory Makeover with Daniel Amen, MD**  
**NC** **Sci NC**  
*The Science of Trees* L
- 1:00** **NC** **My Home, NC**  
*Game Changers* L
- 1:30** **NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L  
**EX** **Johnny Cash: We Walk the Line**
- 2:00** **PBS** **Ken Burns: The National Parks**  
**NC** **Jazzy Vegetarian**  
*All American Meal: Burger & Fries* DV
- 2:30** **NC** **Quilting Arts**  
*Quilting by Machine*
- 3:00** **NC** **Lap Quilting with Georgia Bonesteel**  
*Florida Fabric Success* L  
**EX** **Willie Nelson's 90th Birthday Celebration**
- 3:30** **NC** **The Woodwright's Shop with Roy Underhill**  
*Elizabethan Joint Stool with Peter Follansbee* L
- 4:00** **PBS** **The American Revolution: An Inside Look**  
**NC** **American Woodshop**  
*Tall Vase Turning*

- 4:30** **NC** **America's Heartland**  
*Bacon*
- 5:00** **PBS** **The Texas Tenors: Faith & Inspiration**  
**NC** **Untamed**  
*Outdoor Ethics*  
**EX** **Memory Makeover with Daniel Amen, MD**
- 5:30** **NC** **Carolina**  
**Outdoor Journal**  
*Bluegill on the Fly* L
- 6 PM** **NC** **Classic Gospel**  
*Joey & Rory: Singer & the Song*
- 6:30** **PBS** **Gregorian: Pure Chants Live in Prague**  
*The iconic choir performs.*
- 7:00** **NC** **Woodsongs**  
*The Cleverlys & the Heart Collectors*  
**EX** **The American Revolution: An Inside Look**
- 8:00** **PBS** **'60s & '70s Soul Celebration**  
**NC** **Shaped by Sound**  
*Sluice* L  
**EX** **Ken Burns: The National Parks**
- 8:30** **NC** **Sonark Sessions: Live from the Barn**  
*The Old Ceremony* L



Watch **Gregorian: Pure Chants Live in Prague**, Saturday, August 16, 6:30 PM, on PBS NC.

- 9:00** **NC** **Austin City Limits**  
*Alanis Morissette*
- 10:00** **NC** **Papa Ray's Vintage Vinyl Roadshow**  
*The Amazing City of Austin*  
**EX** **Ken Burns: The Civil War**
- 10:30** **NC** **Echo Sessions**  
*Connect Beyond the Page Festival Performances* L
- 11:00** **PBS** **Raye: Live at the Royal Albert Hall**  
**NC** **My Name Is Merle**  
*MerleFest.* L

## 17 SUNDAY

- 6 AM** **EX** **Rick Steves**  
**Fascism in Europe**
- 6:30** **PBS** **Lyla in the Loop** DV  
**NC** **Sit & Be Fit**  
*Functional Feel-Good Exercises*
- 7:00** **PBS** **Work It Out**  
**Wombats!** DV  
**NC** **Classical Stretch: By Essentrics**  
*Body Shaping*
- 7:30** **PBS** **Daniel Tiger's Neighborhood** DV  
**NC** **Wai Lana Yoga**  
*Stretch Out Stubborn Knots*  
**EX** **Rick Steves**  
**Why We Travel**  
*Guatemala, Ethiopia, Palestine and Iran.*
- 8:00** **PBS** **Carl the Collector**  
**NC** **Classic Gospel**  
*Joey & Rory: Singer & the Song*
- 8:30** **PBS** **Wild Kratts**  
**EX** **Best of the '60s**
- 9:00** **PBS** **This Old House**  
*Ridgewood/Colonial Revival Revived*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Elizabethan Joint Stool with Peter Follansbee* L
- 9:30** **PBS** **Ask This Old House**  
*Shed Foundation, Bifold Doors*  
**NC** **For Your Home**  
*Vacation Home Makeover* DV
- 10:00** **PBS** **ncIMPACT**  
*The Arts as an Economic Engine* L  
**NC** **NC Weekend**  
*Fresh Air Fun* L
- 10:30** **PBS** **State Lines** L  
**NC** **Sci NC**  
*The Science of Trees* L

**11:00** **PBS** **The Great American Recipe**  
*The Grand Finale* DV

**NC** **My Home, NC**  
*Game Changers* L

**EX** **All New Rock, Pop & Doo Wop**

**11:30** **NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L

**Noon** **PBS** **Supercharge Your Brain: Maximizing Your Cognitive Abilities**  
Brain health.

**NC** **State Lines** L

**12:30** **NC** **Black Issues Forum** L

**1:00** **NC** **Side by Side with Nido Qubein**  
Dr. Aswani K. Volety. L

**EX** **The Texas Tenors: Faith & Inspiration**

**1:30** **PBS** **Rick Steves' Europe**  
*Great German Cities*

**NC** **ncIMPACT**  
*The Arts as an Economic Engine* L

**2:00** **NC** **NC Bookwatch**  
Brett Friedlander. L

**2:30** **NC** **Carolina Outdoor Journal**  
*Bluegill on the Fly* L

**EX** **Gregorian: Pure Chants Live in Prague**

**3:00** **NC** **NC Weekend**  
*Fresh Air Fun* L

**3:30** **PBS** **Side by Side with Nido Qubein**  
Dr. Aswani K. Volety. L

**NC** **Sci NC**  
*The Science of Trees* L

**4:00** **PBS** **Black Issues Forum** L

**NC** **My Home, NC**  
*Game Changers* L

**EX** **All Creatures Great & Small: Chapter Five**

**4:30** **PBS** **State Lines** L

**NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L

**5:00** **PBS** **Washington Week with The Atlantic**

**NC** **Fresh Glass**  
*Cassandra Gets Down & Dirty*

**5:30** **PBS** **PBS News Weekend**

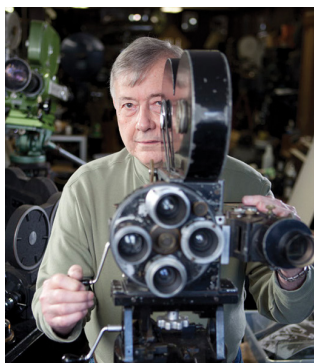
**NC** **Cook's Country**  
*Duck & Dessert with Flair*

**EX** **Cozy Mysteries of Masterpiece Mystery**

**6 PM** **PBS** **All-New Rock, Pop & Doo Wop**

**NC** **State Lines** L

**6:30** **NC** **Firing Line with Margaret Hoover**



Meet Martin Hill: **Camera Man**, Monday, August 18, 8 PM, on the North Carolina Channel.

**7:00** **NC** **PBS News Weekend**

**EX** **Walking with Dinosaurs: A Viewer's Guide**

**7:30** **NC** **Black Issues Forum** L

**8:00** **PBS** **50 Years with Peter, Paul & Mary**

**NC** **Finding Your Roots**  
*Out of the Past* DV

**8:30** **EX** **Memory Makeover with Daniel Amen, MD**

**9:00** **NC** **Muhammad Ali**  
*Round One: The Greatest (1942-1964)*

**10:00** **PBS** **Best of the '60s**

**10:30** **EX** **Walking with Dinosaurs: A Viewer's Guide**

**11:30** **NC** **POV Shorts**  
*Team Maryland* DV

## 18 MONDAY

**6 PM** **PBS** **PBS News Hour**

**NC** **Laura Flanders & Friends**

**EX** **Weekends with Yankee**  
*Great New England Adventures*

**6:30** **NC** **State Lines** L

**EX** **Samantha Brown's Places to Love**  
*Oregon RV Trip*

**7:00** **PBS** **State Lines Special**  
*NC's Cannabis Crossroads* L

**NC** **PBS News Hour**

**EX** **Rick Steves' Europe**  
*Norway's West: Fjords, Mountains & Bergen*

**7:30** **PBS** **My Home, NC**  
*Game Changers* L

**EX** **People of the North**  
*A Mystery Adventure*

**8:00** **PBS** **Antiques Roadshow**  
*Salt Lake City, Hour 3*



**Wingman: The Francis Rogallo Story** takes flight Monday, August 18, 8:30 PM, on the North Carolina Channel.

**NC** **Martin Hill: Camera Man**  
A collector of cameras used in classic films. L

**EX** **The Marlow Murder Club**  
A breakthrough. DV

**8:30** **NC** **Wingman: The Francis Rogallo Story**  
An engineer's impact on hang gliding and other aerial sports. L

**9:00** **PBS** **Antiques Roadshow**  
*Virginia Beach, Hour 1*

**NC** **NC Weekend**  
*Fresh Air Fun* L

**EX** **The Marlow Murder Club**  
Judith sets a trap. DV

**9:30** **NC** **My Home, NC**  
*Game Changers* L

**10:00** **PBS** **POV**  
*Emergent City*

**NC** **Best of Our State**  
*What Say You & Tweetsie Railroad* L

**10:30** **NC** **State Lines Special**  
*NC's Cannabis Crossroads* L

**EX** **All Creatures Great & Small: Chapter Five**

**11:00** **NC** **Reel South**  
*In Exile/It's in the Voices/Fallout/Finding Us* DV, L

**11:30** **PBS** **Amanpour & Co.**

## 19 TUESDAY

**6 PM** **PBS** **PBS News Hour**

**NC** **State Lines Special**  
*NC's Cannabis Crossroads* L

**EX** **America's Test Kitchen**  
*Fish the French Way*

**6:30** **NC** **Black Issues Forum** L

**EX** **Cook's Country**  
*Duck & Dessert with Flair*



**Venus & Serena, the Game Changers** follows the remarkable journey of the Williams sisters, Thursday, August 21, 8 PM, on the Explorer Channel.

- 7:00** **PBS** **Side by Side with Nido Qubein**  
Kissie Stroup. **L**  
**NC** **PBS News Hour**  
**EX** **Big Adventures: Into the Amazon with Robson Green**  
The Anavilhanas Archipelago.
- 7:30** **PBS** **NC Weekend**  
*Fresh Air Fun* **L**
- 8:00** **PBS** **Finding Your Roots**  
*Viewers Like You* **DV**  
**NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* **L**  
**EX** **Britain's Secret Islands**  
Rathlin Island.
- 8:30** **NC** **A Chef's Life**  
*Sweet Corn & Expensive Tea* **L**
- 9:00** **PBS** **Finding Your Roots**  
*Finding My Roots*  
**NC** **Love Eat Travel with Michelle Valentine**  
*Southshore, Florida*  
**EX** **Travels with Darley**  
*Bordeaux, France Markets & Villages*
- 9:30** **NC** **Cook's Country**  
*Duck & Dessert with Flair*  
**EX** **Rick Steves' Europe**  
*Oslo*
- 10:00** **PBS** **American Experience**  
*My Lai* **DV**  
**NC** **America's Test Kitchen**  
*Fish the French Way*  
**EX** **Samantha Brown's Places to Love**  
*Oregon RV Trip*
- 10:30** **NC** **Travels with Darley**  
*Bordeaux, France Markets & Villages*  
**EX** **My Home, NC**  
*Game Changers* **L**

- 11:00** **PBS** **Amanpour & Co.**  
**NC** **The Great American Recipe**  
*A Test of the Best* **DV**  
**EX** **Joseph Rosendo's Travelscope**  
*Cruising Canada: Ottawa & the Rideau Canal*
- 11:30** **EX** **In the Americas with David Yetman**  
*Imperiled Refuges: Islets in the Sea of Cortés*

## 20 WEDNESDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **In Good Shape: The Health Show**  
**EX** **ncIMPACT**  
*The Arts as an Economic Engine* **L**
- 6:30** **NC** **The School of Greatness with Lewis Howes**  
Sarah Jakes Roberts.  
**EX** **Sci NC**  
*The Science of Trees* **L**
- 7:00** **PBS** **MotorWeek**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Stockholm*
- 7:30** **PBS** **Sci NC**  
*The Science of Trees* **L**  
**EX** **America's Test Kitchen**  
*Fish the French Way*
- 8:00** **PBS** **Nature**  
*The Platypus Guardian* **DV**  
**NC** **My Home, NC**  
*Game Changers* **L**  
**EX** **The Great American Recipe**  
*The Grand Finale* **DV**
- 8:30** **NC** **Best of Our State**  
*What Say You & Tweetsie Railroad* **L**

- 9:00** **PBS** **Nova**  
*Lost Tombs of Notre Dame* **DV**  
**NC** **Antiques Roadshow**  
*Salt Lake City, Hour 3*  
**EX** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* **L**
- 9:30** **EX** **Fresh Glass**  
*Cassandra's Sunday Favorites*
- 10:00** **PBS** **Secrets of the Dead**  
*Last Days of Pompeii* **DV**  
**NC** **Real Wild West**  
*Mayhem & Myth*  
**EX** **Milk Street Television**  
*New Cookie Classics*
- 10:30** **EX** **To Dine For with Kate Sullivan**  
Eva Longoria.
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **Martin Hill: Camera Man** **L**  
**EX** **Changing Planet**  
*Climate change.* **DV**
- 11:30** **NC** **Wingman: The Francis Rogallo Story** **L**

## 21 THURSDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **Side by Side with Nido Qubein**  
Dr. Aswani K. Voley. **L**  
**EX** **Lidia's Kitchen**  
*Know Your Cheese*
- 6:30** **NC** **Carolina**  
*Business Review* **L**  
**EX** **Pati's Mexican Table**  
*Flour Power*
- 7:00** **PBS** **America the Bountiful**  
*Olives in California*  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Helsinki & Tallinn: Baltic Sisters*
- 7:30** **PBS** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* **L**  
**EX** **Samantha Brown's Places to Love**  
*Oregon RV Trip*
- 8:00** **PBS** **My Home, NC**  
*Through New Eyes* **L**  
**NC** **Sci NC**  
*Seeds of Hope* **L**  
**EX** **Venus & Serena, the Game Changers**  
*The Williams sisters.*



- 8:30** **PBS** **Sci NC**  
*Seeds of Hope* L  
**NC** **Exploring NC**  
*Salamanders as Canaries* L
- 9:00** **PBS** **NC Weekend**  
*Sweet Treat Yourself* L  
**NC** **Life in Virginia's Appalachia**  
*Quilting*  
**EX** **Gods of Tennis**  
*Billie Jean King & Arthur Ashe*
- 9:30** **PBS** **The Great Cover Up**  
 Bands perform for charity in Raleigh. L  
**NC** **Changing Seas**  
*Mollusks: More Than a Shell*
- 10:00** **PBS** **WZZQ the Movie**  
**NC** **America Outdoors with Baratunde Thurston**  
*Tidewater: Homecoming* DV  
**EX** **Gods of Tennis**  
*Björn Borg & John McEnroe*
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **Rivers of Life**  
*Yukon* DV  
**EX** **Joseph Rosendo's Travelscope**  
*Zambia: Bush & River Safari*
- 11:30** **EX** **In the Americas with David Yetman**  
*Christopher Columbus, His Time & His Plans*

## 22 FRIDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **NC Bookwatch**  
 Michael Malone. L  
**EX** **Sara's Weeknight Meals**  
*Weeknight Two for One*
- 6:30** **NC** **Comic Culture**  
 Rick Leonardi. L  
**EX** **America's Test Kitchen**  
*Pub-Style Favorites*
- 7:00** **PBS** **Black Issues Forum** L  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Galicia & the Camino de Santiago*
- 7:30** **PBS** **ncIMPACT**  
*Conserving the Landscape in the Face of Growth* L  
**EX** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L
- 8:00** **PBS** **Washington Week with The Atlantic**



In the doc **The Great Cover Up**, a community comes together for a night of cover songs and camaraderie at Kings, a beloved music venue in Raleigh, Thursday, August 21, 9:30 PM, on PBS NC.

- NC** **NC Weekend**  
*Sweet Treat Yourself* L  
**EX** **Lucy Worsley Investigates**  
*The Black Death* DV
- 8:30** **PBS** **State Lines** L  
**NC** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L
- 9:00** **PBS** **Islam's Greatest Stories of Love**  
 A woman seeks solace in Islamic stories.  
**NC** **State Lines** L  
**EX** **Unforgotten**  
 Can the team solve the case? DV
- 9:30** **NC** **Black Issues Forum** L
- 10:00** **NC** **Side by Side with Nido Qubein**  
 Kissie Stroup. L  
**EX** **Astrid**  
*The Open Room*
- 10:30** **NC** **ncIMPACT**  
*Conserving the Landscape in the Face of Growth* L
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **After Action**  
*Glass Ceiling*



Follow a woman's journey of grief and hope in **Islam's Greatest Stories of Love**, Friday, August 22, 9 PM, on PBS NC.

- EX** **My Home, NC**  
*Through New Eyes* L
- 11:30** **EX** **Shaped by Sound**  
*Superchunk* L

## 23 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood**  
**EX** **Carolina Outdoor Journal**  
*Pier Lesson* L
- 6:30** **PBS** **Daniel Tiger's Neighborhood** DV  
**NC** **Sit & Be Fit**  
*Working the Core & More*  
**EX** **Bare Feet with Mickela Mallozzi**  
*Dancing in My Italy (Minturno, Italy)* DV
- 7:00** **PBS** **Sesame Street** DV  
**NC** **Classical Stretch: By Essentrics**  
 A standing and floor workout.  
**EX** **Travels with Darley**  
*Santa Fe Railroads & Glamping*
- 7:30** **PBS** **Donkey Hodie** DV  
**NC** **Wai Lana Yoga**  
*Juice Up Your Innards*  
**EX** **Rick Steves' Europe**  
*North England's Lake District & Durham*
- 8:00** **PBS** **Pinkalicious & Peterrific** DV  
**NC** **NC Weekend**  
*Sweet Treat Yourself* L  
**EX** **Changing Planet** DV
- 8:30** **PBS** **Molly of Denali** DV  
**NC** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L
- 9:00** **PBS** **Elinor Wonders Why** DV



**NC** State Lines <sup>L</sup>  
**EX** Changing Planet <sup>DV</sup>  
**9:30** **PBS** Alma's Way <sup>DV</sup>  
**NC** Black Issues Forum <sup>L</sup>  
**10:00** **PBS** NC Weekend  
*Sweet Treat Yourself* <sup>L</sup>  
**NC** Side by Side  
 with Nido Qubein  
 Kissie Stroup. <sup>L</sup>  
**EX** Lidia's Kitchen  
 Know Your Cheese  
**10:30** **PBS** My Home, NC  
*Through New Eyes* <sup>L</sup>  
**NC** ncIMPACT  
*Conserving the Landscape  
 in the Face of Growth* <sup>L</sup>  
**EX** America  
 the Bountiful  
*Crawfish in Louisiana*  
**11:00** **PBS** Garden Smart  
*Gardening in NYC*  
**NC** Craft in America  
*Nature*  
**EX** Milk Street  
 Television  
*Milk Street Steakhouse*  
**11:30** **PBS** J Schwanke's  
*Life in Bloom*  
*Painting & Flowers*  
**EX** Christina Cooks:  
 Back to the  
 Cutting Board  
*How It All Vegan*  
**Noon** **PBS** Burt Wolf:  
*Travels & Traditions*  
*Just Desserts*  
*in the Palm Beaches*  
**NC** NC Weekend  
*Sweet Treat Yourself* <sup>L</sup>  
**EX** Sara's  
 Weeknight Meals  
*Bounty of Parma*  
**12:30** **PBS** People of the North  
*A Troll's Tongue*  
**NC** Sci NC  
*Seeds of Hope* <sup>L</sup>  
**EX** To Dine For  
 with Kate Sullivan  
 Barbara Corcoran.  
**1:00** **PBS** Antiques Roadshow  
*Salt Lake City, Hour 3*  
**NC** My Home, NC  
*Through New Eyes* <sup>L</sup>  
**EX** NC Weekend  
*Sweet Treat Yourself* <sup>L</sup>  
**1:30** **NC** The Key Ingredient  
 with Sheri Castle  
*Finding Our*  
*Blueberry Thrill* <sup>L</sup>  
**EX** Fresh Glass  
*Cassandra Embraces*  
*Sisterhood*  
**2:00** **PBS** Rick Steves' Europe  
*European Festivals I*



In the new comedy-drama **Under the Vines**, two city slickers inherit a vineyard in New Zealand, Saturday, August 23, 6 PM, on PBS NC.

**NC** Jazzy Vegetarian  
*Cauliflower Gets Respect* <sup>DV</sup>  
**EX** Big Adventures:  
 Into the Amazon  
 with Robson Green  
 The Anavilhanas  
 Archipelago.  
**2:30** **PBS** Samantha Brown's  
 Places to Love  
*Louisville & Bourbon  
 County, KY*  
**NC** Quilting Arts  
*Explore Design with  
 Drawing & Color*  
**3:00** **PBS** Travels with Darley  
*Quebec Eco-Adventures*  
**NC** Lap Quilting with  
 Georgia Bonesteel  
*From Georgia to Germany* <sup>L</sup>  
**EX** Britain's  
 Secret Islands  
 Rathlin Island.  
**3:30** **PBS** Woodsmith Shop  
*Time for Clocks*  
**NC** The Woodwright's  
 Shop with Roy Underhill  
*Carving Swedish Spoons  
 with Peter Follansbee* <sup>L</sup>  
**4:00** **PBS** This Old House  
*Ridgewood Walled  
 in Science*  
**NC** American Woodshop  
*Wall Curio Cabinet*  
**EX** Bare Feet with  
 Mickela Mallozzi  
*Dancing in My Italy  
 (Minturno, Italy)* <sup>DV</sup>  
**4:30** **PBS** Ask This Old House  
*Gas Fireplace, Wainscoting*  
**NC** America's Heartland  
*Robotic NC Nursery* <sup>L</sup>  
**EX** Rick Steves' Europe  
*The Czech Republic  
 Off the Beaten Path*  
**5:00** **PBS** Carolina  
 Outdoor Journal  
*Trolling for Catfish* <sup>L</sup>

**NC** Untamed  
*Emerging Wildlife Diseases*  
**EX** Changing Planet <sup>DV</sup>  
**5:30** **PBS** PBS News Weekend  
**NC** Carolina  
 Outdoor Journal  
*Coastal Kayaking* <sup>L</sup>  
**6 PM** **PBS** Under the Vines  
 SERIES PREMIERE!  
 Two people inherit a  
 failing vineyard.  
**NC** Classic Gospel  
*Bill Gaither's Country  
 Gospel Favorites*  
**EX** Changing Planet <sup>DV</sup>  
**7:00** **PBS** Miss Fisher's  
 Murder Mysteries  
*Dead Air*  
**NC** Woodsongs  
*McLain Family Band*  
**EX** Changing Planet  
*Coral Special* <sup>DV</sup>  
**8:00** **PBS** Midsomer Murders  
*Birds of Prey, Part 1*  
**NC** Shaped by Sound  
*Superchunk* <sup>L</sup>  
**EX** Islam's Greatest  
 Stories of Love  
**8:30** **NC** Sonark Sessions:  
 Live from the Barn  
*Violet Bell* <sup>L</sup>  
**PBS** Midsomer Murders  
*Birds of Prey, Part 2*  
**9:00** **NC** Austin City Limits  
*Bonnie Raitt*  
**10:00** **PBS** Turn:  
 Washington's Spies  
 Challenge  
**NC** Papa Ray's Vintage  
 Vinyl Roadshow  
*Toledo & Cleveland  
 Revealed*  
**EX** Islamic Art: Mirror  
 of the Invisible World  
**10:30** **NC** Echo Sessions  
*James Brown*  
*Dance Party* <sup>L</sup>  
**11:00** **PBS** Shaped by Sound  
*Superchunk* <sup>L</sup>  
**NC** Venus & Serena,  
 the Game Changers  
**11:30** **PBS** My Music with  
 Rhiannon Giddens  
*Rissi Palmer*  
**EX** POV Shorts  
*Until He's Back* <sup>DV</sup>

## 24 SUNDAY

**6 AM** **PBS** Donkey Hodie <sup>DV</sup>  
**NC** Finding Your Roots  
*Viewers Like You* <sup>DV</sup>

## TV ALERT: SUNDAY NIGHT PREMIERES

On August 24, join us for a night of thrilling season premieres on PBS NC:

- 8 PM: **Professor T** is forced to help the police when a woman falls overboard.
- 9 PM: **The Marlow Murder Club** kicks into action when a man is found dead before his wedding.
- 10 PM: On **Unforgotten**, London detectives Sunny Khan and Jessica Jones welcome a new challenge as a distraction from their strained personal lives.



Professor T



The Marlow Murder Club



Unforgotten

Photo: Sam Taylor

**6:30** **PBS** **Lyla in the Loop** DV  
**NC** **Sit & Be Fit**

*All-Seated Workout*

**7:00** **PBS** **Work It Out**  
**Wombats!** DV

**NC** **Classical Stretch: By Essentrics**

*Spine strengthening.*

**EX** **Antiques Roadshow**  
*Salt Lake City, Hour 3*

**7:30** **PBS** **Daniel Tiger's Neighborhood** DV

**NC** **Wai Lana Yoga**  
*Shoulder Stuff*

**8:00** **PBS** **Carl the Collector**  
**NC** **Classic Gospel**

*Bill Gaither's Country Gospel Favorites*

**EX** **In Their Own Words**  
*Queen Elizabeth II*

**8:30** **PBS** **Wild Kratts**

**9:00** **PBS** **This Old House**

*Ridgewood | Walled in Science*

**NC** **The Woodwright's Shop with Roy Underhill**

*Carving Swedish Spoons with Peter Follansbee* L

**EX** **Annika**  
Annika assembles her team. DV

**9:30** **PBS** **Ask This Old House**

*Gas Fireplace, Wainscoting*

**NC** **For Your Home**  
*Gardening Solutions* DV

**10:00** **PBS** **nclMPACT**

*Conserving the Landscape in the Face of Growth* L

**NC** **NC Weekend**  
*Sweet Treat Yourself* L

**EX** **Annika**

A Norse saga comes to life. DV

**10:30** **PBS** **State Lines** L

**NC** **Sci NC**  
*Seeds of Hope* L

**11:00** **PBS** **The Farmer & the Foodie**

*Food as Medicine*

**NC** **My Home, NC**  
*Through New Eyes* L

**EX** **Annika**  
An Ibsen plot plays out in a murder. DV

**11:30** **PBS** **America the Bountiful**

*Taro in Hawaii*

**NC** **The Key Ingredient with Sheri Castle**

*Finding Our Blueberry Thrill* L

**Noon** **PBS** **Louisiana Coastal Cooking**

*A Cook-Off for the Coast*

**NC** **State Lines** L

**EX** **Annika**  
A friend for Morgan. DV

**12:30** **PBS** **The Key Ingredient with Sheri Castle**

*Finding Our Blueberry Thrill* L

**NC** **Black Issues Forum** L

**1:00** **PBS** **Milk Street Television**

*Flatbreads 101*

**NC** **Side by Side with Nido Qubein**

*Kissie Stroup.* L

**EX** **Annika**

*Murder on a boat.* DV

**1:30** **PBS** **Pati's Mexican Table**

*Mocorito, the Land of Chilorio*

**NC** **nclMPACT**

*Conserving the Landscape in the Face of Growth* L

**2:00** **PBS** **America's Test Kitchen**

*Simple Chicken Dinner*

**NC** **NC Bookwatch**

*Michael Malone.* L

**EX** **Annika**

*Michael's brother is a murder suspect.* DV

**2:30** **PBS** **Cook's Country**

*French-Inspired Dinner*

**NC** **Carolina**

**Outdoor Journal**

*Coastal Kayaking* L

**3:00** **PBS** **Fresh Glass**

*A Thirst for Giving*

**NC** **NC Weekend**  
*Sweet Treat Yourself* L

**EX** **The Marlow Murder Club**

*A retired archaeologist hears a gunshot.* DV

**3:30** **PBS** **Side by Side**  
with Nido Qubein  
Kissie Stroup. **L**  
**NC** **Sci NC**  
*Seeds of Hope* **L**

**4:00** **PBS** **Black Issues Forum** **L**  
**NC** **My Home, NC**  
*Through New Eyes* **L**  
**EX** **The Marlow**  
**Murder Club**  
A chilling discovery. **DV**

**4:30** **PBS** **State Lines** **L**  
**NC** **The Key Ingredient**  
with Sheri Castle  
*Finding Our*  
*Blueberry Thrill* **L**

**5:00** **PBS** **Washington Week**  
with The Atlantic  
**NC** **Fresh Glass**  
*Cassandra Goes South,*  
*Part 1*  
**EX** **The Marlow**  
**Murder Club**  
A breakthrough. **DV**

**5:30** **PBS** **PBS News Weekend**  
**NC** **Cook's Country**  
*From the Dairyland*

**6 PM** **PBS** **Midsomer Murders**  
*Birds of Prey, Part 1*  
**NC** **State Lines** **L**  
**EX** **The Marlow**  
**Murder Club**  
Judith sets a trap. **DV**

**6:30** **NC** **Firing Line** with  
Margaret Hoover  
**PBS** **Midsomer Murders**  
*Birds of Prey, Part 2*

**7:00** **NC** **PBS News Weekend**  
**EX** **Nature**  
*The Platypus Guardian* **DV**

**7:30** **NC** **Black Issues Forum** **L**

**8:00** **PBS** **Professor T**  
SEASON PREMIERE!  
*Overboard* **DV**  
**NC** **Finding Your Roots**  
*Viewers Like You* **DV**  
**EX** **Nova**  
*Lost Tombs of*  
*Notre Dame* **DV**

**9:00** **PBS** **The Marlow**  
**Murder Club**  
SEASON PREMIERE!  
A groom is dead. **DV**  
**NC** **Muhammad Ali**  
*Round Two: What's My*  
*Name? (1964–1970)*  
**EX** **Secrets of the Dead**  
*Last Days of Pompeii* **DV**

**10:00** **PBS** **Unforgotten**  
SEASON PREMIERE!  
A spine in a marsh. **DV**  
**EX** **ncIMPACT**  
*Conserving the Landscape*  
*in the Face of Growth* **L**



Learn how smog led to the creation of the Clean Air Act on **American Experience**, Tuesday, August 26, 9 PM, on PBS NC.

**10:30** **EX** **Sci NC**  
*Seeds of Hope* **L**

**11:00** **PBS** **Astrid**  
*Global Plan*  
**NC** **Gods of Tennis**  
*Billie Jean King &*  
*Arthur Ashe*  
**EX** **Antiques Roadshow**  
*Salt Lake City, Hour 3*

## 25 MONDAY

**6 PM** **PBS** **PBS News Hour**  
**NC** **Laura Flanders**  
**& Friends**  
**EX** **Weekends**  
with Yankee  
*Happiness Is Gold &*  
*Lavender*

**6:30** **NC** **State Lines** **L**  
**EX** **Samantha Brown's**  
**Places to Love**  
*Hong Kong, China*

**7:00** **PBS** **The Key Ingredient**  
with Sheri Castle  
*Finding Our*  
*Blueberry Thrill* **L**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Basque Country*

**7:30** **PBS** **My Home, NC**  
*Through New Eyes* **L**  
**EX** **People of the North**  
*Silver of the Sea*

**8:00** **PBS** **Antiques Roadshow**  
*Virginia Beach, Hour 2*  
**NC** **For the**  
**Common Good**  
in Uncommon Times  
A retirement community  
navigates COVID-19. **L**  
**EX** **Professor T**  
*Overboard*

**9:00** **PBS** **Antiques Roadshow**  
*Virginia Beach, Hour 3*  
**NC** **NC Weekend**  
*Sweet Treat Yourself* **L**  
**EX** **The Marlow**  
**Murder Club**  
A groom is dead. **DV**

**9:30** **NC** **My Home, NC**  
*Through New Eyes* **L**

**10:00** **PBS** **POV**  
*A New Kind of*  
*Wilderness*  
**NC** **The Great Cover Up** **L**  
**EX** **Unforgotten**  
A spine in a marsh. **DV**

**10:30** **NC** **Live from the**  
**Double Door Inn**  
The history of a concert  
venue in Charlotte. **L**

**11:00** **PBS** **Amanpour & Co.**  
**NC** **Reel South**  
*The Only Doctor* **DV, L**  
**EX** **Finding Your Roots**  
*Viewers Like You* **DV**

## 26 TUESDAY

**6 PM** **PBS** **PBS News Hour**  
**NC** **ncIMPACT**  
*Conserving the Landscape*  
*in the Face of Growth* **L**  
**EX** **America's**  
**Test Kitchen**  
*Pub-Style Favorites*

**6:30** **NC** **Black Issues Forum** **L**  
**EX** **Cook's Country**  
*From the Dairyland*

**7:00** **PBS** **Side by Side**  
with Nido Qubein  
James Sills. **L**  
**NC** **PBS News Hour**  
**EX** **Madagascar:**  
**Islands of Wonder** **DV**

**7:30** **PBS** **NC Weekend**  
*Sweet Treat Yourself* **L**

**8:00** **PBS** **Finding Your Roots**  
*La Famiglia*  
**NC** **The Key Ingredient**  
with Sheri Castle  
*Finding Our*  
*Blueberry Thrill* **L**  
**EX** **Britain's**  
**Secret Islands**  
Drake's Island.

**8:30** **NC** **A Chef's Life**  
*Strawberry Stay at Home* **L**

**9:00** **PBS** **American Experience**  
*The War on Smog* **DV**  
**NC** **Love Eat Travel with**  
**Michelle Valentine**  
**EX** **Travels with Darley**  
*Wilmington, Delaware*

- 9:30** **NC** **Cook's Country**  
*From the Dairyland*  
**EX** **Rick Steves' Europe**  
*Norway's West: Fjords, Mountains & Bergen*
- 10:00** **PBS** **Weathered: Inside the LA Firestorm**  
 2025 Los Angeles fires.  
**NC** **America's Test Kitchen**  
*Pub-Style Favorites*  
**EX** **The Great Cover Up** L
- 10:30** **NC** **Travels with Darley**  
*Wilmington, Delaware*  
**EX** **My Home, NC**  
*Through New Eyes* L
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **The Great American Recipe**  
*A Taste Down Memory Lane* DV  
**EX** **Joseph Rosendo's Travelscope**  
*Halloween in Ireland's Ancient East*
- 11:30** **EX** **In the Americas with David Yetman**  
*1492: Americans Discover Europe*

## 27 WEDNESDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **In Good Shape: The Health Show**  
**EX** **ncIMPACT**  
*Conserving the Landscape in the Face of Growth* L
- 6:30** **NC** **The School of Greatness with Lewis Howes**  
 Inky Johnson.  
**EX** **Sci NC**  
*Seeds of Hope* L
- 7:00** **PBS** **MotorWeek**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Rome: Ancient Glory*
- 7:30** **PBS** **Sci NC**  
*Seeds of Hope* L  
**EX** **America's Test Kitchen**  
*Pub-Style Favorites*
- 8:00** **PBS** **Nature**  
*Gorilla* DV  
**NC** **My Home, NC**  
*Through New Eyes* L  
**EX** **Cook's Country**  
*From the Dairyland*
- 8:30** **NC** **Best of Our State**  
*Hart Square & To the Lighthouse* L  
**EX** **Pati's Mexican Table**  
*Sonoran Family Favorites for Sami*



See how an NC community mobilized against a toxic landfill in **Our Movement Starts Here**, Thursday, August 28, 9:30 PM, on PBS NC.

- 9:00** **PBS** **Nova**  
*Building the Eiffel Tower* DV  
**NC** **Antiques Roadshow**  
*Virginia Beach, Hour 2*  
**EX** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L
- 9:30** **EX** **Fresh Glass**  
*Cassandra Gets Down & Dirty*
- 10:00** **PBS** **Secrets of the Dead**  
*The End of the Romans* DV  
**NC** **Blue: The Life & Art of George Rodrigue**  
*The Louisiana artist.*  
**EX** **Milk Street Television**  
*Chicken Paprikash*
- 10:30** **EX** **To Dine For with Kate Sullivan**  
 J.R. Martinez.
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **For the Common Good in Uncommon Times** L  
**EX** **Nature**  
*The Platypus Guardian* DV
- EX** **Rick Steves' Europe**  
*Rome: Baroque Brilliance*
- 7:30** **PBS** **The Key Ingredient with Sheri Castle**  
*The Nice Thing About Rice* L  
**EX** **Samantha Brown's Places to Love**  
*Hong Kong, China*
- 8:00** **PBS** **My Home, NC**  
*Legends of the Land* L  
**NC** **Sci NC**  
*Engineering for Our Climate Future* L  
**EX** **Gods of Tennis**  
*Martina Navratilova & Chris Evert*
- 8:30** **PBS** **Sci NC**  
*Engineering for Our Climate Future* L  
**NC** **Exploring NC**  
*Native Intelligence* L
- 9:00** **PBS** **NC Weekend**  
*Fun on Our Coast* L  
**NC** **Life in Virginia's Appalachia**  
*Canning*  
**EX** **Groundbreakers**  
*Women sports icons.*

## 28 THURSDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **Side by Side with Nido Qubein**  
 Kissie Stroup. L  
**EX** **Lidia's Kitchen**  
*Family Meal*
- 6:30** **NC** **Carolina Business Review** L  
**EX** **Pati's Mexican Table**  
*Sonoran Family Favorites for Sami*
- 7:00** **PBS** **America the Bountiful**  
*Beef in Texas*  
**NC** **PBS News Hour**
- 9:30** **PBS** **Our Movement Starts Here** L  
**NC** **Changing Seas**  
*Sharks in Belize: Jaguars of the Sea*
- 10:00** **NC** **America Outdoors with Baratunde Thurston**  
*Minnesota: A Better World* DV
- 10:30** **PBS** **Shaped by Sound**  
*Nnenna Freelon* L
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **Big Pacific**  
*Mysterious*  
**EX** **Joseph Rosendo's Travelscope**  
*Ireland: Following the Way of St. Patrick, Part 1*



**11:30** **EX** **In the Americas**  
with David Yetman  
1492: Americans  
Discover Europe

## 29 FRIDAY

**6 PM** **PBS** **PBS News Hour**  
**NC** **NC Bookwatch**  
John Kessel. **L**  
**EX** **Sara's**  
**Weeknight Meals**  
*Festive Feasts*  
**6:30** **NC** **Comic Culture**  
John Workman. **L**  
**EX** **America's**  
**Test Kitchen**  
*Pasta with Greens*  
**7:00** **PBS** **Black Issues Forum** **L**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Rome: Back-Street Riches*  
**7:30** **PBS** **ncIMPACT**  
*Energy & the Environment* **L**  
**EX** **The Key Ingredient**  
with Sheri Castle  
*The Nice Thing About Rice* **L**  
**8:00** **PBS** **Washington Week**  
with The Atlantic  
**NC** **NC Weekend**  
*Fun on Our Coast* **L**  
**EX** **Turn:**  
**Washington's Spies**  
*Challenge*  
**8:30** **PBS** **State Lines** **L**  
**NC** **The Key Ingredient**  
with Sheri Castle  
*The Nice Thing About Rice* **L**  
**9:00** **PBS** **Great Performances**  
Vienna Philharmonic  
*Summer Night Concert*  
**NC** **State Lines** **L**  
**EX** **Unforgotten**  
*A spine in a marsh.* **DV**  
**9:30** **NC** **Black Issues Forum** **L**  
**10:00** **NC** **Side by Side**  
with Nido Qubein  
James Sills. **L**  
**EX** **Astrid**  
*Witness*  
**10:30** **PBS** **My Home, NC**  
*Music to Our Ears* **L**  
**NC** **ncIMPACT**  
*Energy & the Environment* **L**  
**11:00** **PBS** **Amanpour & Co.**  
**NC** **After Action**  
*Her Silence*  
**EX** **My Home, NC**  
*Legends of the Land* **L**  
**11:30** **EX** **Shaped by Sound**  
Nnenna Freelon **L**



Tugan Sokhiev conducts the Vienna Philharmonic on Great Performances, Friday, August 29, 9 PM, on PBS NC.

## 30 SATURDAY

**6 AM** **PBS** **Mister Rogers' Neighborhood**  
**EX** **Carolina**  
**Outdoor Journal**  
*Coastal Kayaking* **L**  
**6:30** **PBS** **Daniel Tiger's Neighborhood** **DV**  
**NC** **Sit & Be Fit**  
*Spinal Flexibility*  
**EX** **Bare Feet with**  
**Mickela Mallozzi**  
*It Takes Two to Tango*  
(Buenos Aires, Argentina)  
**DV**  
**7:00** **PBS** **Sesame Street** **DV**  
**NC** **Classical Stretch:**  
**By Essentrics**  
Core strengthening.  
**EX** **Travels with Darley**  
*Santa Fe Art & History*  
**7:30** **PBS** **Donkey Hodie** **DV**  
**NC** **Wai Lana Yoga**  
*Khechari Mudra*  
**EX** **Rick Steves' Europe**  
*Venice: City of Dreams*  
**8:00** **PBS** **Pinkalicious & Peterrific** **DV**  
**NC** **NC Weekend**  
*Fun on Our Coast* **L**  
**EX** **Nature**  
*Gorilla* **DV**  
**8:30** **PBS** **Molly of Denali** **DV**  
**NC** **The Key Ingredient**  
with Sheri Castle  
*The Nice Thing About Rice* **L**  
**9:00** **PBS** **Elinor**  
**Wonders Why** **DV**  
**NC** **State Lines** **L**  
**EX** **Nova**  
*Building the Eiffel Tower* **DV**  
**9:30** **PBS** **Alma's Way** **DV**  
**NC** **Black Issues Forum** **L**  
**10:00** **PBS** **NC Weekend**  
*Fun on Our Coast* **L**  
**NC** **Side by Side**  
with Nido Qubein  
James Sills. **L**  
**EX** **Lidia's Kitchen**  
*Family Meal*  
**10:30** **PBS** **My Home, NC**  
*Legends of the Land* **L**  
**NC** **ncIMPACT**  
*Energy & the Environment* **L**  
**EX** **America**  
**the Bountiful**  
*Mushrooms in PA*  
**11:00** **PBS** **Garden Smart**  
*Beginning Construction & Landscaping of a Tiny House*  
**NC** **Craft in America**  
*Borders*  
**EX** **Milk Street**  
**Television**  
*Back Streets Rome*  
**11:30** **PBS** **J Schwanke's**  
**Life in Bloom**  
*Market Bouquet,*  
*Four Ways*  
**EX** **Christina Cooks:**  
**Back to the**  
**Cutting Board**  
*Pasta Is Pasta, Right?*  
*Wrong!*  
**Noon** **PBS** **Burt Wolf:**  
**Travels & Traditions**  
*What's Cooking in*  
*Guatemala*  
**NC** **NC Weekend**  
*Fun on Our Coast* **L**  
**EX** **Sara's**  
**Weeknight Meals**  
*Cheese Please*  
**12:30** **PBS** **People of the North**  
*Arctic Treats*  
**NC** **Sci NC**  
*Engineering for*  
*Our Climate Future* **L**  
**EX** **To Dine For**  
with Kate Sullivan  
Eva Longoria.  
**1:00** **PBS** **Antiques Roadshow**  
*Virginia Beach, Hour 2*  
**NC** **My Home, NC**  
*Legends of the Land* **L**  
**EX** **NC Weekend**  
*Fun on Our Coast* **L**  
**1:30** **NC** **The Key Ingredient**  
with Sheri Castle  
*The Nice Thing About Rice* **L**  
**EX** **Fresh Glass**  
*Cassandra*  
*Experiences Napa*  
**2:00** **PBS** **Rick Steves' Europe**  
*European Festivals II*  
**NC** **Jazzy Vegetarian**  
*Wheatloaf & Potatoes* **DV**

- EX** Madagascar: Islands of Wonder <sup>DV</sup>
- 2:30** **PBS** Samantha Brown's Places to Love  
*Colorado Springs, CO*
- NC** Quilting Arts  
*Applique Two Ways*
- 3:00** **PBS** The Last Independent Automaker  
*The Missionary*
- NC** Lap Quilting with Georgia Bonesteel  
*Dyeing-to-Do Fabrics* <sup>L</sup>
- EX** Britain's Secret Islands  
*Drake's Island.*
- 3:30** **PBS** Woodsmith Shop  
*Top-Notch Tips*
- NC** The Woodwright's Shop with Roy Underhill  
*Inlaid Lettering with Steve Latta* <sup>L</sup>
- 4:00** **PBS** This Old House  
*Ridgewood | All Quiet on the Kitchen Front*
- NC** American Woodshop  
*Hoop Back Windsor Chair*
- EX** Bare Feet with Mickela Mallozzi  
*It Takes Two to Tango (Buenos Aires, Argentina)* <sup>DV</sup>
- 4:30** **PBS** Ask This Old House  
*Beehives 101, Step Stool*
- NC** America's Heartland  
*A program for veterans.*
- EX** Rick Steves' Europe  
*Athens & Side Trips*
- 5:00** **PBS** Carolina Outdoor Journal  
*Guides Day Off* <sup>L</sup>
- NC** Untamed Careers
- EX** Nature  
*The Platypus Guardian* <sup>DV</sup>
- 5:30** **PBS** PBS News Weekend
- NC** Carolina Outdoor Journal  
*Flukes & Top Water* <sup>L</sup>
- 6 PM** **PBS** Under the Vines  
*A visit to the bank.*
- NC** Classic Gospel  
*Josh Turner: I Serve a Savior*
- EX** Nova  
*Lost Tombs of Notre Dame* <sup>DV</sup>
- 7:00** **PBS** Miss Fisher's Murder Mysteries  
*Unnatural Habits*
- NC** Woodsongs  
*Cedric Burnside & Candice Ivory*



Ben is assigned a secret mission on **Turn: Washington's Spies**, Saturday, August 30, 10 PM, on PBS NC.

- EX** Secrets of the Dead  
*Last Days of Pompeii* <sup>DV</sup>
- 8:00** **PBS** Midsomer Murders  
*The Green Man, Part 1*
- NC** Shaped by Sound  
*Nnenna Freelon* <sup>L</sup>
- EX** American Experience  
*The War on Smog* <sup>DV</sup>
- 8:30** **NC** Sonark Sessions:  
*Live from the Barn*
- Dawn Landes* <sup>L</sup>
- PBS** Midsomer Murders  
*The Green Man, Part 2*
- 9:00** **NC** Austin City Limits  
*Kacey Musgraves*
- EX** Our Movement  
*Starts Here* <sup>L</sup>
- 10:00** **PBS** Turn:  
*Washington's Spies*
- Against Thy Neighbor*
- NC** Papa Ray's Vintage Vinyl Roadshow  
*Cincinnati's King of Records & the Musical*
- Colemine of Loveland*
- EX** American Experience  
*Poisoned Ground: The Tragedy at Love Canal* <sup>DV</sup>
- 10:30** **NC** Echo Sessions  
*Hayley Jane & the Primates* <sup>L</sup>

## YOU'RE INVITED!

Learn about free screenings, discussions and other community offerings at [pbsnc.org/events](http://pbsnc.org/events).

- 11:00** **PBS** Shaped by Sound  
*Nnenna Freelon* <sup>L</sup>
- NC** The Great Cover Up <sup>L</sup>
- 11:30** **PBS** My Music with Rhiannon Giddens  
*Charly Lowry*
- NC** Live from the Double Door Inn <sup>L</sup>

## 31 SUNDAY

- 6 AM** **PBS** Donkey Hodie <sup>DV</sup>
- NC** Finding Your Roots  
*La Famiglia*
- 6:30** **PBS** Lyla in the Loop <sup>DV</sup>
- NC** Sit & Be Fit  
*Improve Abdominal Strength*
- 7:00** **PBS** Work It Out Wombats! <sup>DV</sup>
- NC** Classical Stretch: By Essentrics  
*Strength and flexibility.*
- EX** Antiques Roadshow  
*Virginia Beach, Hour 2*
- 7:30** **PBS** Daniel Tiger's Neighborhood <sup>DV</sup>
- NC** Wai Lana Yoga  
*Steady Now!*
- 8:00** **PBS** Carl the Collector  
*Josh Turner: I Serve a Savior*
- EX** Madagascar: Islands of Wonder <sup>DV</sup>
- 8:30** **PBS** Wild Kratts
- 9:00** **PBS** This Old House  
*Ridgewood | All Quiet on the Kitchen Front*
- NC** The Woodwright's Shop with Roy Underhill  
*Inlaid Lettering with Steve Latta* <sup>L</sup>
- EX** Britain's Secret Islands  
*Drake's Island.*
- 9:30** **PBS** Ask This Old House  
*Beehives 101, Step Stool*
- NC** For Your Home  
*Renovate Don't Relocate: Kitchen Makeover, Part 1* <sup>DV</sup>
- 10:00** **PBS** ncIMPACT  
*Energy & the Environment* <sup>L</sup>
- NC** NC Weekend  
*Fun on Our Coast* <sup>L</sup>
- EX** Annika  
*A prisoner's death.* <sup>DV</sup>
- 10:30** **PBS** State Lines <sup>L</sup>
- NC** Sci NC  
*Engineering for Our Climate Future* <sup>L</sup>
- 11:00** **PBS** The Farmer & the Foodie  
*Corn: Walnut Grove Farms*

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WakeMed Health & Hospitals  
Walter Magazine

- NC** My Home, NC  
*Legends of the Land* <sup>L</sup>
- EX** Annika  
The team goes to Edinburgh. <sup>DV</sup>
- 11:30** **PBS** America the Bountiful  
*Crawfish in Louisiana*
- NC** The Key Ingredient with Sheri Castle  
*The Nice Thing About Rice* <sup>L</sup>
- Noon** **PBS** Louisiana Coastal Cooking  
*Louisiana Oyster Traditions*
- NC** State Lines <sup>L</sup>
- EX** Annika  
A millionaire dies. <sup>DV</sup>
- 12:30** **PBS** The Key Ingredient with Sheri Castle  
*The Nice Thing About Rice* <sup>L</sup>
- NC** Black Issues Forum <sup>L</sup>
- 1:00** **PBS** Milk Street Television  
*Dressing Up Chicken*
- NC** Side by Side with Nido Qubein  
James Sills. <sup>L</sup>
- EX** Annika  
A man found in ice. <sup>DV</sup>
- 1:30** **PBS** Pati's Mexican Table  
*Surfside Eats*
- NC** nclIMPACT  
*Energy & the Environment* <sup>L</sup>
- 2:00** **PBS** America's Test Kitchen  
*Burgers & Chips*
- NC** NC Bookwatch  
John Kessel. <sup>L</sup>
- EX** Annika  
Annika's vacation is interrupted. <sup>DV</sup>
- 2:30** **PBS** Cook's Country  
*Snack Cake & Sandwich Cookies*
- NC** Carolina Outdoor Journal  
*Flukes & Top Water* <sup>L</sup>
- 3:00** **PBS** Fresh Glass  
*Who's the Winemaker*
- NC** NC Weekend  
*Fun on Our Coast* <sup>L</sup>
- EX** Annika  
A Glasgow murder. <sup>DV</sup>
- 3:30** **PBS** Side by Side with Nido Qubein  
James Sills. <sup>L</sup>
- NC** Sci NC  
*Engineering for Our Climate Future* <sup>L</sup>
- 4:00** **PBS** Black Issues Forum <sup>L</sup>
- NC** My Home, NC  
*Legends of the Land* <sup>L</sup>
- EX** Professor T  
*Overboard*
- 4:30** **PBS** State Lines <sup>L</sup>
- NC** The Key Ingredient with Sheri Castle  
*The Nice Thing About Rice* <sup>L</sup>
- 5:00** **PBS** Washington Week with The Atlantic  
**NC** Fresh Glass  
*Cassandra Goes South, Part 2*
- EX** The Marlow Murder Club  
A groom is dead. <sup>DV</sup>
- 5:30** **PBS** PBS News Weekend  
**NC** Cook's Country  
*Southern Staples*
- 6 PM** **PBS** Midsomer Murders  
*The Green Man, Part 1*
- NC** State Lines <sup>L</sup>
- EX** Unforgotten  
A spine in a marsh. <sup>DV</sup>
- 6:30** **NC** Firing Line with Margaret Hoover  
**PBS** Midsomer Murders  
*The Green Man, Part 2*
- 7:00** **NC** PBS News Weekend  
**EX** Nature  
*Gorilla* <sup>DV</sup>
- 7:30** **NC** Black Issues Forum <sup>L</sup>
- 8:00** **PBS** Professor T  
*September Gardens* <sup>DV</sup>
- NC** Finding Your Roots  
*La Famiglia*
- EX** Nova  
*Building the Eiffel Tower* <sup>DV</sup>
- 9:00** **PBS** The Marlow Murder Club  
Pressure grows to solve Sir Peter's death. <sup>DV</sup>
- NC** Muhammad Ali  
*Round Three: The Rivalry (1970–1974)*
- EX** Secrets of the Dead  
*The End of the Romans* <sup>DV</sup>
- 10:00** **PBS** Unforgotten  
Contacting a widow. <sup>DV</sup>
- EX** nclIMPACT  
*Energy & the Environment* <sup>L</sup>
- 10:30** **EX** Sci NC  
*Engineering for Our Climate Future* <sup>L</sup>
- 11:00** **PBS** Astrid  
*Memento Mori*
- NC** Gods of Tennis  
*Björn Borg & John McEnroe*
- EX** Antiques Roadshow  
*Virginia Beach, Hour 2*


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