

# centerPIECE

2/2025

Shot in the Arm // Lyla in the Loop // Highclere: Behind the Scenes

Come Hear NC presents:



## shaped by sound



### NEW MUSIC SERIES!

PBS NC's original series **Shaped by Sound** celebrates our state's thriving music scene.

**PREMIERES THURSDAY, FEBRUARY 6,  
9:30 PM, ON PBS NC**

See page 8 for more info.



**PBS** NORTH  
CAROLINA  
POWERED BY THE UNC SYSTEM



CenterPiece is the monthly program guide of PBS North Carolina, our state's public media network and broadcast service licensed to the University of North Carolina. Contributions are tax deductible to the extent permitted by law.

PBS North Carolina's offices and studios are at the Joseph and Kathleen Bryan Communications Center in Research Triangle Park.



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**PBS North Carolina network stations**

|                            |         |
|----------------------------|---------|
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| Chapel Hill/Raleigh/Durham | WUNC-TV |
| Charlotte/Concord          | WUNG-TV |
| Edenton/Columbia           | WUND-TV |
| Greenville                 | WUNK-TV |
| Jacksonville               | WUNM-TV |
| Linville                   | WUNE-TV |
| Lumberton                  | WUNU-TV |
| Roanoke Rapids             | WUNP-TV |
| Wilmington                 | WUNJ-TV |
| Winston-Salem              | WUNL-TV |

Our four digital channels offer unique programming:

- PBS NC
- North Carolina Channel
- Rootle 24/7 PBS KIDS Channel
- Explorer Channel

Cable or satellite users, check with your service provider for channel numbers for your area.

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Photo: Izzy Daniels

Your generous support makes initiatives like our annual Impact Early Childhood Education Summit possible. Thank you!

## Your Impact Changes Lives

Each year, we reflect on PBS North Carolina's community impact through the creation of our Impact Report. It's a gift to unwrap the stories that bear witness to the difference we made with you. Together, we provide opportunities for all communities in North Carolina to learn, grow and flourish.

In 2024, your support made the following possible:

- 148 community events, special initiatives, trainings and presentations impacting over 63,400 people.
- Teachers, caregivers and learners from 92 counties engaged with our educational resources and services.
- 850 teachers participated in professional development sessions, potentially impacting more than 17,000 learners.
- PBS North Carolina's tower network provided infrastructure utilized by over 40 federal, state and local jurisdictions for emergency communications.
- 4,186 hours of local programs were produced, showcasing North Carolina's unique people, places and experiences.



Thank you for making all of this possible. Learn more about our collective impact by scanning this QR code with your phone or visiting [pbsnc.org/about](https://pbsnc.org/about).

### PARTNER SPOTLIGHT

Like our members, our partners fuel the impact we make statewide:

“The William R. Kenan, Jr. Charitable Trust is honored to partner with PBS North Carolina on the Rootle Ambassador program,” said Executive Director Nancy J. Cable. “We are delighted to be part of this effort to advance early childhood learning in a meaningful way across all 100 counties in the state.”



**WATCH!**

## Lyla in the Loop

This month, **Lyla in the Loop** is Read-a-roo's Block Party star. Join Lyla, sidekick Stu and friends as they use their critical-thinking skills to address everyday problems. Watch every weekend this month, 7–10 AM and 1–4 PM, on Rootle.



**PLAY!**

## Game On!



The PBS KIDS Games app makes learning fun with your favorite characters from shows like **Lyla in the Loop**, **Daniel Tiger**, **Alma's Way**, **Wild Kratts** and more.

Check out the new game "Lyla & Stu's Hairdos" this month. You can

find hundreds of more free games on the app or at [pbskids.org/games](http://pbskids.org/games).

**SHARE!**

## Love & Happiness

Valentine's Day is a great time to celebrate love and happiness with family and friends. Spend time with your loved ones by crafting and creating together. Find ideas like DIY valentines, printable cards and easy recipes at [pbs.org/parents/valentines-day](http://pbs.org/parents/valentines-day).



Find *CenterPiece* online at [pbsnc.org/centerpiece](http://pbsnc.org/centerpiece).

For schedules of all our services, visit [pbsnc.org/schedule](http://pbsnc.org/schedule).



## DAILY SCHEDULE

- 6 AM Clifford the Big Red Dog** DV  
Weekends:  
**The Cat in the Hat Knows a Lot About That!**
- 6:30 Sesame Street** DV  
Weekends:  
**Dinosaur Train** DV
- 7:00 Pinkalicious & Peterrific** DV  
Weekends until 10 AM:  
👉 **Read-a-roo's Block Party: Lyla in the Loop** DV
- 7:30 Mecha Builders** DV
- 8:00 Sesame Street** DV
- 8:30 Milo**
- 9:00 Work It Out Wombats!** DV
- 10:00 Daniel Tiger's Neighborhood** DV
- 11:00 Carl the Collector**
- 11:30 Curious George**
- Noon Donkey Hodie** DV
- 1:00 Elinor Wonders Why** DV  
Weekends until 4 PM:  
👉 **Read-a-roo's Block Party: Lyla in the Loop** DV
- 1:30 Rosie's Rules** DV
- 2:30 Xavier Riddle** DV
- 3:00 Alma's Way** DV
- 4:00 Lyla in the Loop** DV
- 4:30 Arthur** DV
- 5:00 Odd Squad** DV
- 6:00 Wild Kratts**  
Weekends at 6:30 PM:  
**Ready Jet Go!** DV
- 7:00 Lyla in the Loop** DV  
Weekends until 10 PM:  
**PBS Family Fun Night**
- 7:30 Nature Cat**
- 8:00 Molly of Denali** DV
- 8:30 Hero Elementary** DV
- 9:00 Cyberchase** DV
- 9:30 Let's Go Luna!** DV
- 10:00 Rosie's Rules** DV
- 10:30 Xavier Riddle** DV
- 11:00 Alma's Way**  
Weekends at 11:30 PM:  
**Molly of Denali** DV

For the most up-to-date info, visit [pbsnc.org/schedule](http://pbsnc.org/schedule).

# Evening & Weekend Listings

## 1 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood** DV  
**EX** **Carolina Outdoor Journal**  
*Blue Water Adventure* L
- 6:30** **PBS** **Daniel Tiger's Neighborhood** DV  
**NC** **Sit & Be Fit**  
*Finger Dexterity*  
**EX** **Dream of Europe**  
*London, Part 2*
- 7:00** **PBS** **Sesame Street** DV  
**NC** **Classical Stretch: By Essentrics**  
*Knee Strengthening Workout* DV  
**EX** **Travels with Darley**  
*Delaware Revolutionary Road Trip*
- 7:30** **PBS** **Donkey Hodie** DV  
**NC** **Wai Lana Yoga**  
*Salute to the Sun*  
**EX** **Rick Steves' Europe**  
*Istanbul*
- 8:00** **PBS** **Pinkalicious & Peterrific** DV  
**NC** **NC Weekend**  
*Building on History* L  
**EX** **Nature**  
*Big Cats, Small World: Outlanders* DV
- 8:30** **PBS** **Molly of Denali** DV  
**NC** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* L
- 9:00** **PBS** **Elinor Wonders Why** DV  
**NC** **State Lines**  
 Top legislative stories in NC. L  
**EX** **Nova**  
*Extreme Airport Engineering* DV
- 9:30** **PBS** **Nature Cat**  
**NC** **Black Issues Forum**  
 A platform for Black voices in NC. L
- 10:00** **PBS** **NC Weekend**  
*Building on History* L  
**NC** **Side by Side with Nido Qubein**  
 Sherika Montgomery. L  
**EX** **Lidia's Kitchen**  
*Enjoy the Journey*
- 10:30** **PBS** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* L

- NC** **ncIMPACT**  
*Town Hall: Made in ENC— Collaborations on Talent & Economic Development* L  
**EX** **A Taste of History**  
*Nourished by Nature*  
*St. John's, Newfoundland*
- 11:00** **PBS** **GardenSmart**  
*Gardening Is Therapeutic*  
**NC** **Ear to the Common Ground**  
 Sister Sadie.  
**EX** **Christopher Kimball's Milk Street Television**  
*Back Streets Rome*
- 11:30** **PBS** **Homemade Live!**  
*Ultimate Tailgate*  
**NC** **The NC Listening Project**  
*Lessons in History* L  
**EX** **Milk Street's My Family Recipe**  
*Grandma Margaret's Coconut Cake*
- Noon** **PBS** **A Taste of History**  
*Coastal Texas Treasure*  
*Port Aransas, Texas*  
**NC** **NC Weekend**  
*Building on History* L  
**EX** **Sara's Weeknight Meals**  
*Which Came First?*
- 12:30** **PBS** **Ireland with Michael**  
*Cork'd*  
**NC** **Sci NC**  
*Plastics* L  
**EX** **Good Road**  
*St. Thomas, UVI: Rock City Kids*
- 1:00** **PBS** **Antiques Roadshow**  
*Springs Preserve, Hour 1*  
**NC** **My Home, NC**  
*Food to Love* L  
**EX** **NC Weekend**  
*Building on History* L
- 1:30** **NC** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* L  
**EX** **Weekends with Yankee**  
*Adventure in the Wild*
- 2:00** **PBS** **Rick Steves' Europe**  
*Italy's Veneto: Verona, Padua & Ravenna*  
**NC** **Jazzy Vegetarian**  
*Weeknight Burger Meal*  
**EX** **Lucy Worsley Investigates**  
*The Gunpowder Plot*

- 2:30** **PBS** **Samantha Brown's Places to Love**  
*The Crystal Coast of NC*  
**NC** **Quilting Arts**  
*Color Practice*
- 3:00** **PBS** **Travels with Darley**  
*North Dakota: Fargo & Beyond*  
**NC** **Lap Quilting with Georgia Bonesteel**  
*Global Warming* L  
**EX** **Secrets of the Royal Palaces**  
*Royal Pavilion.*
- 3:30** **PBS** **Woodsmith Shop**  
*Special Guest: Pat Carroll*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Mary May, Woodcarver* L
- 4:00** **PBS** **This Old House**  
*Ridgewood | All Quiet on the Kitchen Front*  
**NC** **American Woodshop**  
*Scroll Saw Art & Sign Making*  
**EX** **Dream of Europe**  
*Lake Annecy France*
- 4:30** **PBS** **Ask This Old House**  
*Beehives 101, Step Stool*  
**NC** **America's Heartland**  
 A big cherry harvest.  
**EX** **Rick Steves' Europe**  
*French Riviera: Uniquely Chic*
- 5:00** **PBS** **Carolina Outdoor Journal**  
*Blue Water Adventure* L  
**NC** **Into the Outdoors**  
*Into Boating Safety: Exploring Vessels*  
**EX** **Nature**  
*Big Cats, Small World: Landlords* DV
- 5:30** **PBS** **PBS News Weekend**  
**NC** **Carolina Outdoor Journal**  
*Blue Water Adventure* L
- 6:00** **PBS** **Father Brown**  
*The Quill of Osric*

## YOU'RE INVITED!

Learn about free screenings, discussions and other community offerings at [pbsnc.org/events](https://pbsnc.org/events).

**NC** Classic Gospel  
Gaither Vocal Band:  
Good Things Take Time

**EX** Nova  
What Are UFOs? DV

**7:00** **PBS** Miss Fisher's  
Murder Mysteries  
Murder on the  
Ballarat Train

**NC** All-Star Orchestra  
Schubert's Immortal  
"Unfinished Symphony"

**EX** Secrets of the Dead  
World War Speed

**8:00** **PBS** Midsomer Murders  
Dressed to Kill, Part 1

**NC** Sonark Sessions:  
Live from the Barn  
Jesse Fox L

**EX** Thomas Jefferson  
Life/Liberty:  
Our Sacred Honor

**8:30** **NC** David Holt's  
State of Music  
Rob Ickes & Trey Hensley L

**9:00** **PBS** Midsomer Murders  
Dressed to Kill, Part 2  
**NC** ACL 9th Annual  
Hall of Fame Honors  
Trisha Yearwood  
Austin City Limits Hall  
of Fame inducts the  
country superstar.

**10:00** **PBS** Death in Paradise  
Selwyn struggles in the  
wake of his shooting.

**NC** Song of the  
Mountains  
John McEuen &  
the Circle Band

**EX** Thomas Jefferson  
Life/Liberty:  
Our Sacred Honor

**11:00** **PBS** Sonark Sessions:  
Live from the Barn  
Jesse Fox L

**NC** Icon: Music  
Through the Lens  
On the Wall DV

**11:30** **PBS** The Caverns Sessions  
Lindsay Lou

## 2 SUNDAY

**6 AM** **PBS** Donkey Hodie DV  
**EX** Finding Your Roots  
Dreamers One & All

**6:30** **PBS** Lyla in the Loop DV  
**NC** Sit & Be Fit  
Happy Feet, Healthy Body

**7:00** **PBS** Work It Out  
Wombats! DV



Prost! America's Test Kitchen offers tips on making tasty beer garden snacks, Sunday, February 2, 2 PM, on PBS NC.

**NC** Classical Stretch:  
By Essentrics  
Spinal Fascia

**EX** Antiques Roadshow  
Springs Preserve, Hour 1

**7:30** **PBS** Daniel Tiger's  
Neighborhood DV  
**NC** Wai Lana Yoga  
Keep Your Balance!

**8:00** **PBS** Carl the Collector  
**NC** Classic Gospel

Gaither Vocal Band:  
Good Things Take Time  
**EX** Lucy Worsley  
Investigates  
The Gunpowder Plot

**8:30** **PBS** Wild Kratts

**9:00** **PBS** This Old House  
Ridgewood|All Quiet  
on the Kitchen Front  
**NC** The Woodwright's  
Shop with Roy Underhill  
Mary May, Woodcarver L

**EX** Secrets of  
the Royal Palaces  
Brighton's Royal Pavilion.

**9:30** **PBS** Ask This Old House  
Beehives 101, Step Stool  
**NC** For Your Home  
Outdoor Living DV

**10:00** **PBS** History with  
David Rubenstein  
Stacy Schiff

**NC** NC Weekend  
Building on History L

**EX** Sanditon on  
Masterpiece  
Charlotte and  
Colbourne rush to  
Augusta's aid. DV

**10:30** **PBS** State Lines L  
**NC** Sci NC  
Plastics L

**11:00** **PBS** Christina Cooks:  
Back to the  
Cutting Board  
Could We Live Longer ...  
& Better?

**NC** My Home, NC  
Food to Love L

**EX** Sanditon on  
Masterpiece  
Charlotte learns a  
shocking revelation. DV

**11:30** **PBS** Sara's  
Weeknight Meals  
Olive Mallorca:

A Wood-Fired Feast  
**NC** The Key Ingredient  
with Sheri Castle  
We're Sweet on  
Sweet Potatoes L

Noon **PBS** Kevin Belton's  
New Orleans Kitchen  
Plaquemines Parish Citrus

**NC** State Lines L  
**EX** Victoria on  
Masterpiece

A Soldier's Daughter/  
The Green-Eyed Monster

**12:30** **PBS** The Key Ingredient  
with Sheri Castle  
We're Sweet on  
Sweet Potatoes L

**NC** Black Issues Forum L

**1:00** **PBS** Christopher  
Kimball's Milk Street  
Television  
Dressing Up Chicken

**NC** Side by Side  
with Nido Qubein  
Sherika Montgomery. L

**1:30** **PBS** Pati's Mexican Table  
Hidden Guachochi  
**NC** nclMPACT  
Town Hall: Made in ENC—  
Collaborations on Talent &  
Economic Development L

**2:00** **PBS** America's  
Test Kitchen  
Bier Garten Snacks

**NC** NC Bookwatch  
Joseph Glatthaar. L

**EX** Victoria on  
Masterpiece  
Warp & Weft/  
The Sins of the Father

**2:30** **PBS** Cook's Country  
Snack Cake &  
Sandwich Cookies  
**NC** Carolina  
Outdoor Journal  
Blue Water Adventure L

**PLEASE NOTE:** For the latest scheduling info, visit [pbsnc.org/schedule](http://pbsnc.org/schedule). Program times may vary; add at least five minutes when recording.



- 3:00** **PBS** **Milk Street's My Family Recipe**  
*My Grandfather's Butter Rolls*  
**NC** **NC Weekend**  
*Building on History* L
- 3:30** **PBS** **Side by Side with Nido Qubein**  
Sherika Montgomery. L  
**NC** **Sci NC**  
*Plastics* L
- 4:00** **PBS** **Black Issues Forum** L  
**NC** **My Home, NC**  
*Food to Love* L  
**EX** **Victoria on Masterpiece**  
*Entente Cordiale*
- 4:30** **PBS** **State Lines** L  
**NC** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* L
- 5:00** **PBS** **Washington Week with The Atlantic**  
**NC** **Taco Mafia**  
*Supervivencia*  
**EX** **All Creatures Great & Small on Masterpiece**  
*Homecoming* DV
- 5:30** **PBS** **PBS News Weekend**  
**NC** **Cook's Country**  
*Snack Cake & Sandwich Cookies*
- 6:00** **PBS** **Midsomer Murders**  
*Dressed to Kill, Part 1*  
**NC** **State Lines** L  
**EX** **Vienna Blood**  
*The Face of Mephisto* DV
- 6:30** **NC** **Firing Line with Margaret Hoover**
- 7:00** **PBS** **Midsomer Murders**  
*Dressed to Kill, Part 2*  
**NC** **PBS News Weekend**  
**EX** **Nature**  
*Big Cats, Small World: Outlanders* DV
- 7:30** **NC** **Black Issues Forum** L
- 8:00** **PBS** **Miss Scarlet on Masterpiece**  
*The Deal* DV  
**NC** **Finding Your Roots**  
*Dreamers One & All*  
**EX** **Nova**  
*Extreme Airport Engineering* DV
- 9:00** **PBS** **All Creatures Great & Small on Masterpiece**  
*Uninvited Guests* DV  
**NC** **Gospel**  
*Take the Message Everywhere*



Photo: Potboiler Productions

In the season premiere of **Funny Woman**, Sophie's on a high but trouble awaits, Sunday, February 2, 10 PM, on PBS NC.

- EX** **Secrets of the Dead**  
*Bombing Auschwitz*
- 10:00** **PBS** **Funny Woman**  
SEASON PREMIERE!  
New opportunities bring new challenges. DV  
**EX** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* L
- 10:30** **EX** **Sci NC**  
*Plastics* L
- 11:00** **PBS** **Seaside Hotel**  
*Weyse Has Had Enough*  
**NC** **American Justice on Trial: People v. Newton**  
The murder trial of Black Panther leader Huey Newton.  
**EX** **Antiques Roadshow**  
*Springs Preserve, Hour 1*

### 3 MONDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **Laura Flanders & Friends**  
**EX** **Family Travel with Colleen Kelly**  
*Greater Fort Lauderdale, Florida*
- 6:30** **NC** **State Lines** L  
**EX** **Samantha Brown's Places to Love**  
*The Crystal Coast of NC* L
- 7:00** **PBS** **Hometowns**  
*Carroll County, VA*  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Rome: Ancient Glory*
- 7:30** **PBS** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* L  
**EX** **Joseph Rosendo's Travelscope**  
*Berlin & Western Poland: Over the Borderline* DV

- 8:00** **PBS** **Antiques Roadshow**  
*Springs Preserve, Hour 2*  
**NC** **Captain Scott B & the Great Adventure**  
Betsy Bertram follows the trail her deceased father left behind. L  
**EX** **Miss Scarlet on Masterpiece**  
*The Deal*
- 9:00** **PBS** **Antiques Roadshow**  
*Celebrating Black Americana*  
**EX** **All Creatures Great & Small on Masterpiece**  
*Uninvited Guests* DV
- 9:30** **NC** **My Home, NC**  
*Mountain Memories* L
- 10:00** **PBS** **Independent Lens**  
*The Strike* DV  
**NC** **Afropop: The Ultimate Cultural Exchange**  
*Freedom Hill* L  
**EX** **Funny Woman**  
New opportunities bring new challenges. DV
- 11:00** **NC** **Reel South**  
*South by South Korea*  
**EX** **Finding Your Roots**  
*Dreamers One & All*
- 11:30** **PBS** **Amanpour & Co.**

### 4 TUESDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **nclMPACT**  
*Town Hall: Made in ENC— Collaborations on Talent & Economic Development* L  
**EX** **America's Test Kitchen**  
*Bier Garten Snacks*
- 6:30** **NC** **Black Issues Forum** L  
**EX** **Cook's Country**  
*Snack Cake & Sandwich Cookies*



In the new series **Highclere: Behind the Scenes**, Lady and Lord Carnarvon reopen the castle made famous on *Downton Abbey*, Tuesday, February 4, 7 PM, on the Explorer Channel.

- 7:00** **PBS** **Side by Side with Nido Qubein**  
Aswani Volety. **L**  
**NC** **PBS News Hour**  
**EX** **Highclere: Behind the Scenes**  
SERIES PREMIERE!  
Highclere Castle reopens after the pandemic.
- 7:30** **PBS** **NC Weekend**  
*Building on History* **L**
- 8:00** **PBS** **Finding Your Roots**  
*Family Recipes*  
**NC** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* **L**  
**EX** **Secrets of the Royal Palaces**  
Kensington Palace.
- 8:30** **NC** **A Chef's Life**  
*Prickly Business* **L**
- 9:00** **PBS** **Great Migrations: A People on the Move**  
*Streets Paved with Gold*  
**NC** **Milk Street's My Family Recipe**  
*My Grandfather's Butter Rolls*

- EX** **Travels with Darley**  
*Delaware Revolutionary Road Trip*
- 9:30** **NC** **Cook's Country**  
*Snack Cake & Sandwich Cookies*  
**EX** **Rick Steves' Europe**  
*Edinburgh*
- 10:00** **PBS** **Frontline**  
**NC** **America's Test Kitchen**  
*Bier Garten Snacks*  
**EX** **Samantha Brown's Places to Love**  
*The Crystal Coast of NC* **L**
- 10:30** **NC** **Travels with Darley**  
*Delaware Revolutionary Road Trip*  
**EX** **America's Heartland**  
Consumer demands change farm production.
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **La Frontera with Pati Jinich**  
*Back to the Middle*  
**EX** **Joseph Rosendo's Travelscope**  
*La Joie de Vivre in Quebec City, Canada* **DV**

- 11:30** **EX** **In the Americas with David Yetman**  
*Pororoça: Brazil's Famous Wave*

## 5 WEDNESDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **In Good Shape: The Health Show**  
**EX** **ncIMPACT**  
*Town Hall: Made in ENC— Collaborations on Talent & Economic Development* **L**
- 6:30** **NC** **Getting Dot Older**  
*Ministering on a Motorcycle*  
**EX** **Sci NC**  
*Plastics* **L**
- 7:00** **PBS** **MotorWeek**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Rome: Baroque Brilliance*
- 7:30** **PBS** **Sci NC**  
*Plastics* **L**  
**EX** **America's Test Kitchen**  
*Bier Garten Snacks*
- 8:00** **PBS** **Nature**  
*Wildheart* **DV**  
**NC** **My Home, NC**  
*Just Down the Road* **L**  
**EX** **Cook's Country**  
*Snack Cake & Sandwich Cookies*
- 8:30** **NC** **Visibly Speaking: NC's Inclusive Public Art Project**  
*Closing the Circle & Here's My Story* **L**  
**EX** **Pati's Mexican Table**  
*Ensenada's Epic Seafood*
- 9:00** **PBS** **Nova**  
*Dino Birds* **DV**  
**NC** **Antiques Roadshow**  
*Springs Preserve, Hour 2*  
**EX** **The Key Ingredient with Sheri Castle**  
*We're Sweet on Sweet Potatoes* **L**
- 9:30** **EX** **Christina Cooks: Back to the Cutting Board**  
*Oh, Spicy!*
- 10:00** **PBS** **Secrets of the Dead**  
*King Arthur's Lost Kingdom*  
**NC** **Training for Freedom**  
College students and Black activists join forces to fight as one.  
**EX** **Christopher Kimball's Milk Street Television**  
*Flatbreads 101*



Henry Louis Gates, Jr. explores the intriguing family tree of chef and humanitarian José Andrés on **Finding Your Roots**, Tuesday, February 4, 8 PM, on PBS NC.

- 10:30 **NC** **Captain Scott B & the Great Adventure**  
**EX** **Milk Street's My Family Recipe**  
*My Mother's Pernil*
- 11:00 **PBS** **Amanpour & Co.**  
**EX** **Nature**  
*Big Cats, Small World: Outlanders* DV

## 6 THURSDAY

- 6 PM **PBS** **PBS News Hour**  
**NC** **Side by Side with Nido Qubein**  
 Sherika Montgomery. L  
**EX** **Lidia's Kitchen**  
*A Warm Welcome*
- 6:30 **NC** **Carolina Business Review**  
 Business highlights. L  
**EX** **Pati's Mexican Table**  
*Ensenada's Epic Seafood*
- 7:00 **PBS** **Samantha Brown's Places to Love**  
*Traverse City, Michigan*  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Rome: Back-Street Riches*
- 7:30 **PBS** **The Key Ingredient with the Sheri Castle**  
*Strawberry Fields Forever* L  
**EX** **Samantha Brown's Places to Love**  
*The Crystal Coast of NC* L
- 8:00 **PBS** **My Home, NC**  
*Just Down the Road* L



Photo: Michelle Lotker

Discover how North Carolinians are generating solar energy alongside agriculture on **State of Change**, Thursday, February 6, 8:30 PM, on PBS NC.

- NC** **To Be Announced**  
**EX** **Great Migrations: A People on the Move**  
*Streets Paved with Gold*
- 8:30 **PBS** **State of Change**  
*Solar Harvest* L  
**NC** **Exploring NC**  
*Nature's Classroom* L
- 9:00 **PBS** **NC Weekend**  
*Naturally NC* L  
**NC** **Nature**  
*Super Cats: Extreme Lives* DV  
**EX** **Making Black America: Through the Grapevine**  
 African Americans create community.
- 9:30 **PBS** **Shaped by Sound**  
 SERIES PREMIERE!  
*Iron & Wine* L
- 10:00 **PBS** **Local, USA**  
*HBCU Week: Beyond the Field* L  
**NC** **Southwestern Gems: Our Desert National Parks**  
 Monuments and historic sites at four North American deserts.  
**EX** **Fight the Power: How Hip Hop Changed the World**  
*Under Siege* DV
- 10:30 **PBS** **Local, USA**  
*HBCU Week: Tradition & Competition* L
- 11:00 **PBS** **Amanpour & Co.**  
**NC** **Nova**  
*Killer Volcanoes*

## SHAPED BY SOUND: THURSDAYS, 9:30 PM, ON PBS NC



Iron & Wine, February 6

In the new original series **Shaped by Sound**, North Carolina musicians share their songs and stories through live performances and candid conversations with host James Mieczkowski.

The series debuts Thursday, February 6, with a spotlight on acclaimed singer-songwriter Iron & Wine. Other artists featured this month include indie bands Sluice and Superchunk and jazz vocalist Nnenna Freelon.

For the full lineup, go to [pbsnc.org/ShapedBySound](https://pbsnc.org/ShapedBySound).



Sluice, February 13



Superchunk, February 20



Nnenna Freelon, February 27

Photos: Jen Hughey



**EX** Joseph Rosendo's  
**Travelscope**

Taiwan: Iron Pathways  
to Adventure, Part 1 DV

**11:30 EX** In the Americas  
with David Yetman  
Baracoa: Cuba's Outpost  
on the Atlantic

## 7 FRIDAY

**6 PM** **PBS** PBS News Hour

**NC** NC Bookwatch

Anna Hayes. L

**EX** Sara's

**Weeknight Meals**

How Sweet It Is

**6:30** **NC** Comic Culture

Comic book creators. L

**EX** America's

**Test Kitchen**

Bier Garten Snacks

**7:00** **PBS** Black Issues Forum L

**NC** PBS News Hour

**EX** Rick Steves' Europe

Florence: Heart of  
the Renaissance

**7:30** **PBS** nciMPACT

SEASON PREMIERE!

Energy & the Environment L

**EX** The Key Ingredient  
with Sheri Castle

Strawberry Fields Forever L

**8:00** **PBS** Washington Week

with The Atlantic

**NC** NC Weekend

Naturally NC L

**EX** Call the Midwife

Sister Julienne receives  
unwelcome news from  
the Board of Heath. DV

**8:30** **PBS** State Lines L

**NC** The Key Ingredient  
with Sheri Castle

Strawberry Fields Forever L

**9:00** **EX** Call the Midwife

Sister Veronica  
starts a children's  
health initiative. DV

**PBS** Thomas Jefferson

Liberty: The Age of  
Experiments/The Pursuit  
of Happiness

**NC** State Lines L

**9:30** **NC** Black Issues Forum L

**10:00** **EX** Midsomer Murders

The Killings at Badger's

Drift, Part 1

**NC** Side by Side

with Nido Qubein

Aswani Voley. L

**10:30** **PBS** Antiques Roadshow

Recut

Winterthur Museum,  
Part 2



In a new season of nciMPACT, Anita Brown-Graham and David Hurst explore how local innovation can light the way forward for the state, Friday, February 7, 7:30 PM, on PBS NC.

**NC** nciMPACT

Energy & the  
Environment L

**EX** Midsomer Murders

The Killings at Badger's  
Drift, Part 2

**11:00** **PBS** Amanpour & Co.

**NC** Ear to the

**Common Ground**

Louis York.

**11:30** **NC** The NC

**Listening Project**

Social Codes &

Social Media

**EX** Shaped by Sound

Iron & Wine L

## 8 SATURDAY

**6 AM** **PBS** Mister Rogers'

**Neighborhood** DV

**EX** Carolina

**Outdoor Journal**

Bream Bed L

**6:30** **PBS** Daniel Tiger's

**Neighborhood** DV

**NC** Sit & Be Fit

Controlled Breathing

**EX** Dream of Europe

Lake Annecy France

**7:00** **PBS** Sesame Street DV

**NC** Classical Stretch:

**By Essentrics**

Increase Balance

Workout DV

**EX** Travels with Darley

North Carolina

Revolutionary Road Trip L

**7:30** **PBS** Donkey Hodie DV

**NC** Wai Lana Yoga

Stiff Knees &

Tight Shoulders?

**EX** Rick Steves' Europe

Iran: Tehran & Side Trips

**8:00** **PBS** Pinkalicious

& Peterrific DV

**NC** NC Weekend

Naturally NC L

**EX** Nature

Wildheart DV

**8:30** **PBS** Molly of Denali DV

**NC** The Key Ingredient

with Sheri Castle

Strawberry Fields Forever L

**9:00** **PBS** Elinor

**Wonders Why** DV

**NC** State Lines L

**EX** Nova

Dino Birds DV

**9:30** **PBS** Nature Cat

**NC** Black Issues Forum L

**10:00** **PBS** NC Weekend

Naturally NC L

**NC** Side by Side

with Nido Qubein

Aswani Voley. L

**EX** Lidia's Kitchen

A Warm Welcome

**10:30** **PBS** My Home, NC

Just Down the Road

**NC** nciMPACT

Energy & the

Environment L

**EX** A Taste of History

Rice & Resilience|

Charleston, SC

**11:00** **PBS** GardenSmart

A Dynamic Garden with

Deep Roots in History

**NC** Ear to the

**Common Ground**

Louis York.

**EX** Christopher Kimball's

**Milk Street Television**

New Cookie Classics

**11:30** **PBS** Homemade Live!

Next-Level Sandwiches

**NC** The NC

**Listening Project**

Social Codes &

Social Media L

**EX** Milk Street's

**My Family Recipe**

My Grandmother's Gorton

**Noon** **PBS** A Taste of History

Dushi Delights & Beachside

Bites Curacao, Caribbean

**NC** NC Weekend

Naturally NC L

**EX** Sara's

**Weeknight Meals**

How Sweet It Is

**12:30** **PBS** Ireland with Michael

To the Waters & the Wild

**NC** State of Change

Solar Harvest L

**EX** Good Road

Miami, FL: Little Haiti

Healers

- 1:00** **PBS** **Antiques Roadshow**  
*Springs Preserve, Hour 2*  
**NC** **My Home, NC**  
*Just Down the Road* L  
**EX** **NC Weekend**  
*Naturally NC* L
- 1:30** **NC** **The Key Ingredient with Sheri Castle**  
*Strawberry Fields Forever* L  
**EX** **Fresh Glass**  
*Camins 2 Dreams*
- 2:00** **PBS** **Rick Steves' Europe**  
*Amsterdam*  
**NC** **Jazzy Vegetarian**  
*Appetizing Appetizers*  
**EX** **Highclere:**  
**Behind the Scenes**  
Highclere Castle reopens.
- 2:30** **PBS** **Samantha Brown's Places to Love**  
*Traverse City, Michigan*  
**NC** **Quilting Arts**  
*Traditions of Texture*
- 3:00** **PBS** **Travels with Darley**  
*Delaware Revolutionary Road Trip*  
**NC** **Lap Quilting with Georgia Bonesteel**  
*Round & Round We Go* L  
**EX** **Secrets of the Royal Palaces**  
Kensington Palace.
- 3:30** **PBS** **Woodsmith Shop**  
*Shop Storage*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Wood & Water* L
- 4:00** **PBS** **This Old House**  
*Ridgewood* J  
*Flooring Features & a Rocking Fountain*  
**NC** **American Woodshop**  
*Resin-Cast Turned Lamp*  
**EX** **Dream of Europe**  
Malta
- 4:30** **PBS** **Ask This Old House**  
*Paint Wainscoting, Sandbox*  
**NC** **America's Heartland**  
The Wild Horse Sanctuary in California  
**EX** **Rick Steves' Europe**  
*Poland Rediscovered: Krakow, Auschwitz & Warsaw*
- 5:00** **PBS** **Carolina Outdoor Journal**  
*Bream Bed* L  
**NC** **Into the Outdoors**  
*Into Boating Safety: Fun with Watercrafts*  
**EX** **Nature**  
*Big Cats, Small World: Outlanders* DV



Photo: David Johnson

Boone's Burnett Sisters Band shares its modern take on old-time sounds on **Song of the Mountains**, Saturday, February 8, 7 PM, on the North Carolina Channel.

- 5:30** **PBS** **PBS News Weekend**  
**NC** **Carolina Outdoor Journal**  
*Bream Bed* L
- 6:00** **PBS** **Father Brown**  
*The Word of the Condemned*  
**NC** **Classic Gospel**  
*Ernie Haase & Signature Sound: Something Beautiful*  
**EX** **Nova**  
*Extreme Airport Engineering* DV
- 7:00** **PBS** **Miss Fisher's Murder Mysteries**  
*The Green Mill Murder*  
**NC** **Song of the Mountains**  
*Crandall Creek/ The Burnett Sisters Band*  
**EX** **Secrets of the Dead**  
*Bombing Auschwitz*
- 8:00** **PBS** **Midsomer Murders**  
*The Killings at Badger's Drift, Part 1*  
**NC** **Shaped by Sound**  
*Iron & Wine* L  
**EX** **Thomas Jefferson**  
*Liberty: The Age of Experiments/The Pursuit of Happiness*
- 8:30** **NC** **Sonark Sessions: Live from the Barn**  
*Steep Canyon Rangers* L
- 9:00** **PBS** **Midsomer Murders**  
*The Killings at Badger's Drift, Part 2*  
**NC** **ACL 9th Annual Hall of Fame Honors John Prine**  
Austin City Limits Hall of Fame salutes the singer-songwriter.

- 10:00** **PBS** **Death in Paradise**  
A famous chef is poisoned.  
**NC** **The Life of a Musician**  
*John Jorgenson*  
**EX** **Thomas Jefferson**  
*Liberty: The Age of Experiments/The Pursuit of Happiness*
- 10:30** **NC** **Freight Train Blues**  
*Amythyst Kiah* L
- 11:00** **PBS** **Shaped by Sound**  
*Iron & Wine* L  
**NC** **Icon: Music**  
*Through the Lens*  
*On the Net* DV
- 11:30** **PBS** **Sonark Sessions: Live from the Barn**  
*Steep Canyon Rangers* L

## 9 SUNDAY

- 6 AM** **PBS** **Donkey Hodie** DV  
**EX** **Finding Your Roots**  
*Family Recipes*
- 6:30** **PBS** **Lyla in the Loop** DV  
**NC** **Sit & Be Fit**  
*Vestibular & Core*
- 7:00** **PBS** **Work It Out**  
*Wombats!* DV  
**NC** **Classical Stretch: By Essentrics**  
*Hip Pain Relief & Stretch*  
**EX** **Antiques Roadshow**  
*Springs Preserve, Hour 2*
- 7:30** **PBS** **Daniel Tiger's Neighborhood** DV  
**NC** **Wai Lana Yoga**  
*Reach for the Sky*
- 8:00** **PBS** **Carl the Collector**  
**NC** **Classic Gospel**  
*Ernie Haase & Signature Sound: Something Beautiful*  
**EX** **Highclere: Behind the Scenes**  
Highclere Castle reopens.

- 8:30 **PBS** Wild Kratts
- 9:00 **PBS** This Old House  
*Ridgewood | Flooring Features & a Rocking Fountain*  
**NC** The Woodwright's Shop with Roy Underhill  
*Wood & Water* L  
**EX** Secrets of the Royal Palaces  
Kensington Palace.
- 9:30 **PBS** Ask This Old House  
*Paint Wainscoting, Sandbox*  
**NC** For Your Home  
*Owner's Retreat* DV
- 10:00 **PBS** nclMPACT  
*Energy & the Environment* L  
**NC** NC Weekend  
*Naturally NC* L  
**EX** Variety Studio: Actors on Actors  
Andrew Garfield and Ryan Reynolds.
- 10:30 **PBS** State Lines L  
**NC** To Be Announced  
**EX** Victoria on Masterpiece  
*Faith, Hope & Charity*
- 11:00 **PBS** Christina Cooks: Back to the Cutting Board  
*Tradition*  
**NC** My Home, NC  
*Just Down the Road* L
- 11:30 **PBS** Sara's Weeknight Meals  
*Barcelona: Gaudi, Gin & Gambas*  
**NC** The Key Ingredient with Sheri Castle  
*Strawberry Fields Forever* L  
**EX** Victoria on Masterpiece  
*The King over the Water*
- Noon **PBS** Kevin Belton's New Orleans Kitchen  
*Mama's Deserts*  
**NC** State Lines L
- 12:30 **PBS** The Key Ingredient with Sheri Castle  
*Strawberry Fields Forever* L  
**NC** Black Issues Forum L  
**EX** Victoria on Masterpiece  
*The Luxury of Conscience*
- 1:00 **PBS** Christopher Kimball's Milk Street Television  
*Biryani & Curry*  
**NC** Side by Side with Nido Qubein  
Aswani Voley. L
- 1:30 **PBS** Pati's Mexican Table  
*Tijuana's Culinary Revolution*  
**NC** nclMPACT  
*Energy & the Environment* L  
**EX** Victoria on Masterpiece  
*Comfort & Joy*
- 2:00 **PBS** America's Test Kitchen  
*Pork Chops for Everyone*  
**NC** NC Bookwatch  
Anna Hayes. L
- 2:30 **PBS** Cook's Country  
*Italian Food from Philly*  
**NC** Carolina Outdoor Journal  
*Bream Bed* L
- 3:00 **PBS** Milk Street's My Family Recipe  
*Baa's Crunchy Pooris*  
**NC** NC Weekend  
*Naturally NC* L  
**EX** Victoria on Masterpiece  
*Uneasy Lies the Head That Wears the Crown*
- 3:30 **PBS** Side by Side with Nido Qubein  
Aswani Voley. L  
**NC** State of Change  
*Solar Harvest* L
- 4:00 **PBS** Black Issues Forum L  
**NC** My Home, NC  
*Just Down the Road* L  
**EX** Miss Scarlet on Masterpiece  
*The Deal*
- 4:30 **PBS** State Lines L  
**NC** The Key Ingredient with Sheri Castle  
*Strawberry Fields Forever* L
- 5:00 **PBS** Washington Week with The Atlantic  
**NC** Taco Mafia  
*Sacrificio*  
**EX** All Creatures Great & Small on Masterpiece  
*Uninvited Guests* DV
- 5:30 **PBS** PBS News Weekend  
**NC** Cook's Country  
*Italian Food from Philly*
- 6:00 **PBS** Midsomer Murders  
*The Killings at Badger's Drift, Part 1*  
**NC** State Lines L  
**EX** Funny Woman  
New opportunities bring new challenges. DV
- 6:30 **NC** Firing Line with Margaret Hoover
- 7:00 **PBS** Midsomer Murders  
*The Killings at Badger's Drift, Part 2*  
**NC** PBS News Weekend  
**EX** Nature  
*Wildheart* DV
- 7:30 **NC** Black Issues Forum L
- 8:00 **PBS** Miss Scarlet on Masterpiece  
*The Enchanted Mirror* DV  
**NC** Finding Your Roots  
*Family Recipes*  
**EX** Nova  
*Dino Birds* DV
- 9:00 **PBS** All Creatures Great & Small on Masterpiece  
*Pair Bond* DV  
**NC** Making Black America: Through the Grapevine  
Free Black people build towns, establish schools and more.  
**EX** Secrets of the Dead  
*King Arthur's Lost Kingdom*
- 10:00 **PBS** Funny Woman  
Sophie's heart aches for Dennis and her mom. DV  
**NC** Making Black America: Through the Grapevine  
African Americans create community.  
**EX** nclMPACT  
*Energy & the Environment* L
- 10:30 **EX** State of Change  
*Solar Harvest* L
- 11:00 **PBS** Seaside Hotel  
*The World Has Now Hated More Than Enough*  
**NC** Making Black America: Through the Grapevine  
African Americans rely on informal economies to dismantle the realities of Jim Crow.  
**EX** Antiques Roadshow  
*Springs Preserve, Hour 2*

## 10 MONDAY

- 6 PM **PBS** PBS News Hour  
**NC** Laura Flanders & Friends  
**EX** Family Travel with Colleen Kelly  
*Galveston Island, Texas*
- 6:30 **NC** State Lines L  
**EX** Samantha Brown's Places to Love  
*Traverse City, Michigan*





Photo: Harold Valentine/AP



**Great Migrations: A People on the Move** spotlights NC visionary Floyd McKissick and his Soul City project, Tuesday, February 11, 9 PM, on PBS NC.

**Chautauqua at 150: Wynton Marsalis' All Rise** celebrates an iconic institution of lifelong learning, Tuesday, February 11, 10 PM, on PBS NC.

- 7:00** **PBS** **Focus On** L  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Florentine Delights & Tuscan Side Trips*
- 7:30** **PBS** **My Home, NC**  
*Just Down the Road* L  
**EX** **Joseph Rosendo's Travelscope**  
*Zermatt, Switzerland: Under the Shadow of the Matterhorn* DV
- 8:00** **PBS** **Antiques Roadshow**  
*Springs Preserve, Hour 3*  
**NC** **Local, USA**  
*HBCU Week: Beyond the Field* L  
**EX** **Miss Scarlet on Masterpiece**  
*The Enchanted Mirror*
- 8:30** **NC** **Local, USA**  
*HBCU Week: Tradition & Competition* L
- 9:00** **PBS** **Antiques Roadshow**  
*Cheekwood Estate & Gardens, Hour 3*  
**NC** **NC Weekend**  
*Naturally NC* L  
**EX** **All Creatures Great & Small on Masterpiece**  
*Pair Bond* DV
- 9:30** **NC** **My Home, NC**  
*Just Down the Road* L
- 10:00** **PBS** **Independent Lens**  
*The In Between* DV  
**NC** **New Bern: Spirit of Freedom**  
 New Bern's pivotal role in NC history. L  
**EX** **Funny Woman**  
 Sophie's heart aches for Dennis and her mom. DV

- 10:30** **NC** **George H. White: Searching for Freedom**  
 The legacy of one of the most significant Black leaders of the Reconstruction Era. L
- 11:00** **NC** **Reel South**  
*A Culture Askance*  
**EX** **Finding Your Roots**  
*Family Recipes*
- 11:30** **PBS** **Focus On** L

## 11 TUESDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **ncIMPACT**  
*Energy & the Environment* L  
**EX** **America's Test Kitchen**  
*Pork Chops for Everyone*
- 6:30** **NC** **Black Issues Forum** L  
**EX** **Cook's Country**  
*Italian Food from Philly*
- 7:00** **PBS** **Side by Side with Nido Qubein** L  
**NC** **PBS News Hour**  
**EX** **Highclere: Behind the Scenes**  
 One of the busiest days of the year at the castle.
- 7:30** **PBS** **NC Weekend**  
*Naturally NC* L
- 8:00** **PBS** **Finding Your Roots**  
*Latin Roots*  
**NC** **The Key Ingredient with Sheri Castle**  
*Strawberry Fields Forever* L  
**EX** **Secrets of the Royal Palaces**  
 The lost palace of Whitehall.
- 8:30** **NC** **A Chef's Life**  
*If You Can't Beet Em ...* L

- 9:00** **PBS** **Great Migrations: A People on the Move**  
*One Way Ticket Back*  
**NC** **Milk Street's My Family Recipe**  
*Baa's Crunchy Pooris*  
**EX** **Travels with Darley**  
*North Carolina Revolutionary Road Trip* L
- 9:30** **NC** **Cook's Country**  
*Italian Food from Philly*  
**EX** **Rick Steves' Europe**  
*Naples & Pompeii*
- 10:00** **PBS** **Chautauqua at 150: Wynton Marsalis' All Rise**  
 A celebration of one of the nation's first centers of lifelong learning.  
**NC** **America's Test Kitchen**  
*Pork Chops for Everyone*  
**EX** **Samantha Brown's Places to Love**  
*Traverse City, Michigan*
- 10:30** **NC** **Travels with Darley**  
*North Carolina Revolutionary Road Trip* L  
**EX** **America's Heartland**  
 An artisan builds historic dulcimers.
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **The Great Muslim American Road Trip**  
*Life Is a Highway: Chicago to Joplin, Missouri*  
**EX** **Joseph Rosendo's Travelscope**  
*Taiwan: Iron Pathways to Adventure, Part 2* DV
- 11:30** **EX** **In the Americas with David Yetman**  
*The Road from Oaxaca to Chiapas*

## 12 WEDNESDAY

- 6 PM **PBS** PBS News Hour  
**NC** In Good Shape:  
The Health Show  
**EX** nclMPACT  
*Energy & the Environment* L
- 6:30 **NC** Getting Dot Older  
*Helping the Elderly*  
**EX** State of Change  
*Solar Harvest* L
- 7:00 **PBS** MotorWeek  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*Paris: Regal & Intimate*
- 7:30 **PBS** State of Change  
*Solar Harvest* L  
**EX** America's  
Test Kitchen  
*Pork Chops for Everyone*
- 8:00 **PBS** Nature  
*Expedition Killer Whale* DV  
**NC** My Home, NC  
*An Audience with the King: Richard Petty* L  
**EX** Cook's Country  
*Italian Food from Philly*
- 8:30 **NC** Visibly Speaking:  
NC's Inclusive  
Public Art Project  
*Boundless & El Futuro* L  
**EX** Pati's Mexican Table  
*Baja Breakfast*
- 9:00 **PBS** Nova  
*Egypt's Tombs of Amun* DV  
**NC** Antiques Roadshow  
*Springs Preserve, Hour 3*  
**EX** The Key Ingredient  
with Sheri Castle  
*Strawberry Fields Forever* L
- 9:30 **EX** Christina Cooks:  
Back to the  
Cutting Board  
*How the Past Informs  
the Future*
- 10:00 **PBS** Secrets of the Dead  
*Egypt's Darkest Hour*  
**NC** Breath of Freedom  
During WWII, over a  
million Black soldiers  
fought for freedom in a  
segregated army.  
**EX** Christopher Kimball's  
Milk Street Television  
*Dressing Up Chicken*
- 10:30 **EX** Milk Street's  
My Family Recipe  
*Tatiana's Sauerkraut Soup*
- 11:00 **PBS** Amanpour & Co.  
**EX** Nature  
*Wildheart* DV
- 11:30 **NC** New Bern:  
Spirit of Freedom L

## 13 THURSDAY

- 6 PM **PBS** PBS News Hour  
**NC** Side by Side  
with Nido Qubein  
Aswani Voley. L  
**EX** Lidia's Kitchen  
*Cook Together*
- 6:30 **NC** Carolina  
Business Review L  
**EX** Pati's Mexican Table  
*Baja Breakfast*
- 7:00 **PBS** Samantha Brown's  
Places to Love  
*Mainz, Wiesbaden &  
Rothenburg, Germany*  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*Paris: Embracing Life & Art*
- 7:30 **PBS** The Key Ingredient  
with Sheri Castle  
*Fishing for Trout  
Compliments* L  
**EX** Samantha Brown's  
Places to Love  
*Traverse City, Michigan*
- 8:00 **PBS** My Home, NC  
*An Audience with the  
King: Richard Petty* L  
**NC** Sci NC  
*The Science of  
Hurricane Helene* L  
**EX** Great Migrations:  
A People on the Move  
*One Way Ticket Back*
- 8:30 **PBS** Sci NC  
*The Science of  
Hurricane Helene* L  
**NC** Exploring NC  
*Fort Bragg Rights* L
- 9:00 **PBS** NC Weekend  
*Sea & Salt* L  
**NC** Nature  
*Super Cats: Cats in  
Every Corner* DV  
**EX** Making Black  
America: Through  
the Grapevine  
African Americans rely  
on informal economies  
to dismantle the reali-  
ties of Jim Crow.
- 9:30 **PBS** Shaped by Sound  
*Sluice* L
- 10:00 **PBS** Reel South  
*Stay Prayed Up* L  
**NC** Ocean Souls  
The lives of whales,  
dolphins and porpoises.  
**EX** Fight the Power:  
How Hip Hop Changed  
the World  
*Culture Wars* DV
- 11:00 **PBS** Amanpour & Co.

## NC Nova

*Killer Hurricanes*

**EX** Joseph Rosendo's  
Travelscope

*Uncovering South Korea* DV

- 11:30 **EX** In the Americas  
with David Yetman  
*Dry Times in the South-  
west: The New Realities*

## 14 FRIDAY

- 6 PM **PBS** PBS News Hour  
**NC** NC Bookwatch  
J.D. Rhoades. L  
**EX** Sara's  
Weeknight Meals  
*Family-Friendly Fare*
- 6:30 **NC** Comic Culture L  
**EX** America's  
Test Kitchen  
*Pork Chops for Everyone*
- 7:00 **PBS** Black Issues Forum L  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*London: Historic & Dynamic*
- 7:30 **PBS** nclMPACT  
*Health Care* L  
**EX** The Key Ingredient  
with Sheri Castle  
*Fishing for Trout  
Compliments* L
- 8:00 **PBS** Washington Week  
with The Atlantic  
**NC** NC Weekend  
*Sea & Salt* L  
**EX** Call the Midwife  
Preparations for  
Trixie's wedding. DV
- 8:30 **PBS** State Lines L  
**NC** The Key Ingredient  
with Sheri Castle  
*Fishing for Trout  
Compliments* L
- 9:00 **EX** Call the Midwife  
The wedding day arrives  
but a crash turns into a  
race against time. DV  
**PBS** Statue of Liberty  
Ken Burns chronicles  
the history of the  
Statue of Liberty.  
**NC** State Lines L
- 9:30 **NC** Black Issues Forum L  
**EX** Midsomer Murders  
*Written in Blood, Part 1*
- 10:00 **NC** Side by Side  
with Nido Qubein L  
**PBS** The Congress  
Ken Burns chronicles  
the events that have  
shaped Congress.

- 10:30 **NC** **ncIMPACT**  
Health Care L  
**EX** **Midsomer Murders**  
*Written in Blood, Part 2*
- 11:00 **NC** **A More or Less**  
**Perfect Union, a**  
**Personal Exploration**  
*A Constitution in Writing*
- 11:30 **PBS** **Amanpour & Co.**  
**EX** **Shaped by Sound**  
*Sluice* L

## 15 SATURDAY

- 6 AM **PBS** **Mister Rogers' Neighborhood**  
**EX** **Carolina Outdoor Journal**  
*MR-17 Specks* L
- 6:30 **PBS** **Daniel Tiger's Neighborhood** DV  
**NC** **Sit & Be Fit**  
*New Challenges*  
**EX** **Dream of Europe**  
*Malta*
- 7:00 **PBS** **Sesame Street** DV  
**NC** **Classical Stretch: By Essentrics**  
*Knee Strengthening* DV  
**EX** **Travels with Darley**  
*New Jersey Revolutionary Road Trip, Part 4*
- 7:30 **PBS** **Donkey Hodie** DV  
**NC** **Wai Lana Yoga**  
*Stiffness Be Gone!*  
**EX** **Rick Steves' Europe**  
*Iran's Historic Capitals*
- 8:00 **PBS** **Pinkalicious & Peterrific** DV  
**NC** **NC Weekend**  
*Sea & Salt* L  
**EX** **Nature**  
*Expedition Killer Whale* DV
- 8:30 **PBS** **Molly of Denali** DV  
**NC** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L
- 9:00 **PBS** **Pinkalicious & Peterrific: Cupid Calls It Quits** DV  
**NC** **State Lines** L  
**EX** **Nova**  
*Egypt's Tombs of Amun* DV
- 9:30 **NC** **Black Issues Forum** L
- 10:00 **PBS** **NC Weekend**  
*Sea & Salt* L  
**NC** **Side by Side with Nido Qubein** L  
**EX** **Lidia's Kitchen**  
*Cook Together*
- 10:30 **PBS** **My Home, NC**  
*An Audience with the King: Richard Petty* L



On Ireland with Michael, a carriage ride leads us through the scenic Killarney National Park, Saturday, February 15, 12:30 PM, on PBS NC.

- NC** **ncIMPACT**  
*Health Care* L  
**EX** **A Taste of History**  
*History, Horses & Hospitality: Nashville, Tennessee*
- 11:00 **PBS** **GardenSmart**  
*Hedges in the Garden*  
**NC** **A More or Less**  
**Perfect Union, a**  
**Personal Exploration**  
*A Constitution in Writing*  
**EX** **Christopher Kimball's Milk Street Television**  
*Chicken Paprikash*
- 11:30 **PBS** **Homemade Live!**  
*Birthday Bites*  
**EX** **Milk Street's My Family Recipe**  
*Adena's Hot Milk Sponge*
- Noon **PBS** **A Taste of History**  
*Danube River Adventure, Part 1*  
**NC** **NC Weekend**  
*Sea & Salt* L  
**EX** **Sara's Weeknight Meals**  
*Family-Friendly Fare*
- 12:30 **PBS** **Ireland with Michael**  
*Lord of the Ring of Kerry*  
**NC** **Sci NC**  
*The Science of Hurricane Helene* L  
**EX** **Good Road**  
*Asheville, NC: Downstream* L
- 1:00 **PBS** **Antiques Roadshow**  
*Springs Preserve, Hour 3*  
**NC** **My Home, NC**  
*An Audience with the King: Richard Petty* L  
**EX** **NC Weekend**  
*Sea & Salt* L
- 1:30 **NC** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L  
**EX** **Fresh Glass**  
*A Thirst for Giving*
- 2:00 **PBS** **Rick Steves' Europe**  
*The Netherlands Beyond Amsterdam*  
**NC** **Jazzy Vegetarian**  
*Holiday Brunch Vegan*  
**EX** **Highclere: Behind the Scenes**  
One of the busiest days of the year at the castle.
- 2:30 **PBS** **Samantha Brown's Places to Love**  
*Mainz, Wiesbaden & Rothenburg, Germany*  
**NC** **Quilting Arts**  
*The Spiritual Impulse*
- 3:00 **PBS** **Travels with Darley**  
*North Carolina Revolutionary Road Trip* L  
**NC** **Lap Quilting with Georgia Bonesteel**  
*Focus on Fabric*  
**EX** **Secrets of the Royal Palaces**  
The lost palace of Whitehall.
- 3:30 **PBS** **Woodsmith Shop**  
*Birds & Bees*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Steam Power Sawmill* L
- 4:00 **PBS** **This Old House**  
*Ridgewood*  
*Sugar Maple Revival*  
**NC** **American Woodshop**  
*Art Glass Display Cabinet*  
**EX** **Dream of Europe**  
*Greek Islands*



**4:30** **PBS** **Ask This Old House**  
*3D-Printed Homes, Square Bowl*  
**NC** **America's Heartland**  
 How smartphone tech could benefit crops in developing nations.  
**EX** **Rick Steves' Europe**  
*Budapest: The Best of Hungary*

**5:00** **PBS** **Carolina Outdoor Journal**  
*MR-17 Specks* L  
**NC** **Into the Outdoors**  
*Into Careers: Heroes of the Forest*  
**EX** **Nature**  
*Wildheart* DV

**5:30** **PBS** **PBS News Weekend**  
**NC** **Carolina Outdoor Journal**  
*MR-17 Specks* L

**6:00** **PBS** **Father Brown**  
*The Last Tango in Kembleford*  
**NC** **Classic Gospel**  
*Wilson Fairchild: Statler Made*  
**EX** **Nova**  
*Dino Birds* DV

**7:00** **PBS** **Miss Fisher's Murder Mysteries**  
*Death at Victoria Dock*  
**NC** **Song of the Mountains**  
*Lee Roy Parnell*  
**EX** **Secrets of the Dead**  
*King Arthur's Lost Kingdom*

**8:00** **PBS** **Midsomer Murders**  
*Written in Blood, Part 1*  
**NC** **Shaped by Sound**  
*Sluice* L  
**EX** **Statue of Liberty**

**8:30** **NC** **Sonark Sessions: Live from the Barn**  
*Rissi Palmer* L

**9:00** **PBS** **Midsomer Murders**  
*Written in Blood, Part 2*  
**NC** **ACL 8th Annual Hall of Fame Honors Sheryl Crow**  
 Austin City Limits Hall of Fame inducts the singer-songwriter.

**9:30** **EX** **The Congress**

**10:00** **PBS** **Death in Paradise**  
 The team discovers an electrocuted dead body.  
**NC** **The Life of a Musician**  
*Kristy Cox*

**10:30** **NC** **Freight Train Blues**  
*The Hamiltones* L

**11:00** **PBS** **Shaped by Sound**  
*Sluice* L  
**NC** **Music Makers of Gennett Records**  
 How a little studio in Indiana captured early recordings of Jazz Age music legends.  
**EX** **This Is the House That Jack Built**  
 JFK's early years and lasting legacy.

**11:30** **PBS** **Sonark Sessions: Live from the Barn**  
*Rissi Palmer* L

## 16 SUNDAY

**6 AM** **EX** **Finding Your Roots**  
*Latin Roots*

**6:30** **NC** **Sit & Be Fit**  
*Coordination & Reaction Time*  
**PBS** **Lyla in the Loop** DV

**7:00** **NC** **Classical Stretch: By Essentrics**  
*Shoulder Pain*  
**EX** **Antiques Roadshow**  
*Springs Preserve, Hour 3*  
**PBS** **Work It Out Wombats!** DV

**7:30** **NC** **Wai Lana Yoga**  
*Stretch Out Stubborn Knots*  
**PBS** **Daniel Tiger's Neighborhood** DV

**8:00** **PBS** **Carl the Collector**  
**NC** **Classic Gospel**  
*Wilson Fairchild: Statler Made*  
**EX** **Highclere: Behind the Scenes**  
 One of the busiest days of the year at the castle.

**8:30** **PBS** **Wild Kratts**

**9:00** **PBS** **This Old House**  
*Ridgewood*  
*Sugar Maple Revival*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Steam Power Sawmill* L  
**EX** **Victoria on Masterpiece**  
*London Bridge Is Falling Down*

**9:30** **PBS** **Ask This Old House**  
*3D-Printed Homes, Square Bowl*  
**NC** **For Your Home**  
*Keeping the Family Close* DV

**10:00** **PBS** **ncIMPACT**  
*Health Care* L  
**NC** **NC Weekend**  
*Sea & Salt* L

**EX** **Victoria on Masterpiece**  
*Et in Arcadia*

**10:30** **PBS** **State Lines** L  
**NC** **Sci NC**  
*The Science of Hurricane Helene* L

**11:00** **PBS** **Christina Cooks: Back to the Cutting Board**  
*A Vegetable Love Affair*  
**NC** **My Home, NC**  
*An Audience with the King: Richard Petty* L  
**EX** **Victoria on Masterpiece**  
*Foreign Bodies*

**11:30** **PBS** **Sara's Weeknight Meals**  
*Which Came First?*  
**NC** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L

**Noon** **PBS** **Kevin Belton's New Orleans Kitchen**  
*The Ubiquitous Eggplant*  
**NC** **State Lines** L  
**EX** **Victoria on Masterpiece**  
*A Show of Unity*

**12:30** **PBS** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L  
**NC** **Black Issues Forum** L

**1:00** **PBS** **Christopher Kimball's Milk Street Television**  
*Milk Street Steakhouse*  
**NC** **Side by Side with Nido Qubein** L  
**EX** **Victoria on Masterpiece**  
*A Coburg Quartet*

**1:30** **PBS** **Pati's Mexican Table**  
*Tijuana: Stories from the Border*  
**NC** **ncIMPACT**  
*Health Care* L

**2:00** **PBS** **America's Test Kitchen**  
*Decadent Pasta Dishes*  
**NC** **NC Bookwatch**  
*J.D. Rhoades* L  
**EX** **Victoria on Masterpiece**  
*A Public Inconvenience*

**2:30** **PBS** **Cook's Country**  
*Seafood in a Skillet*  
**NC** **Carolina Outdoor Journal**  
*MR-17 Specks* L

3:00 **PBS** **Milk Street's My Family Recipe**  
*My Mother's Pernil*  
**NC** **NC Weekend**  
*Sea & Salt* L  
**EX** **Victoria on Masterpiece**  
*The White Elephant*

3:30 **PBS** **Side by Side with Nido Qubein** L  
**NC** **Sci NC**  
*The Science of Hurricane Helene* L

4:00 **PBS** **Black Issues Forum** L  
**NC** **My Home, NC**  
*An Audience with the King: Richard Petty* L  
**EX** **Miss Scarlet on Masterpiece**  
*The Enchanted Mirror*

4:30 **PBS** **State Lines** L  
**NC** **The Key Ingredient with Sheri Castle**  
*Fishing for Trout Compliments* L

5:00 **PBS** **Washington Week with The Atlantic**  
**NC** **Taco Mafia**  
*Comunidad*  
**EX** **All Creatures Great & Small on Masterpiece**  
*Pair Bond* DV

5:30 **PBS** **PBS News Weekend**  
**NC** **Cook's Country**  
*Seafood in a Skillet*

6:00 **PBS** **Midsomer Murders**  
*Written in Blood, Part 1*  
**NC** **State Lines** L  
**EX** **Funny Woman**  
Sophie's heart aches for Dennis and her mom. DV

6:30 **NC** **Firing Line with Margaret Hoover**

7:00 **PBS** **Midsomer Murders**  
*Written in Blood, Part 2*  
**NC** **PBS News Weekend**  
**EX** **Nature**  
*Expedition Killer Whale* DV

7:30 **NC** **Black Issues Forum** L

8:00 **PBS** **Miss Scarlet on Masterpiece**  
*Dangerous Liaisons*  
**NC** **Finding Your Roots**  
*Latin Roots*  
**EX** **Nova**  
*Egypt's Tombs of Amun* DV

9:00 **PBS** **All Creatures Great & Small on Masterpiece**  
*Glass Half Full* DV



On the season premiere of **The Paris Murders**, a brutal killing leads investigators to a mysterious figure, Sunday, February 16, 11 PM, on PBS NC.

**NC** **Making Black America: Through the Grapevine**  
Black movements provide a safe space.  
**EX** **Secrets of the Dead**  
*Egypt's Darkest Hour*

10:00 **PBS** **Funny Woman**  
A trip to the pub proves cathartic and fruitful. DV  
**NC** **Great Migrations: A People on the Move**  
*Exodus*  
**EX** **ncIMPACT**  
*Health Care* L

10:30 **EX** **Sci NC**  
*The Science of Hurricane Helene* L

11:00 **PBS** **The Paris Murders**  
SEASON PREMIERE!  
*One for Everyone*  
**NC** **Great Migrations: A People on the Move**  
*Streets Paved with Gold*  
**EX** **Antiques Roadshow**  
*Springs Preserve, Hour 3*

## 17 MONDAY

6 PM **PBS** **PBS News Hour**  
**NC** **Laura Flanders & Friends**  
**EX** **Family Travel with Colleen Kelly**  
*Best of the Beach*

6:30 **NC** **State Lines** L  
**EX** **Samantha Brown's Places to Love**  
*Mainz, Wiesbaden & Rothenburg, Germany*

7:00 **PBS** **Hometowns**  
*Scott County/ Gate City, VA*  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*North England's Lake District & Durham*

7:30 **PBS** **My Home, NC**  
*An Audience with the King: Richard Petty* L  
**EX** **Joseph Rosendo's Travelscope**  
*Montreal, Quebec, Canada: Bonjour, Montreal* DV

8:00 **PBS** **Antiques Roadshow**  
*Living History Farms, Hour 1*  
**NC** **Reel South**  
*Stay Prayed Up* L  
**EX** **Miss Scarlet on Masterpiece**  
*Dangerous Liaisons*

9:00 **PBS** **Antiques Roadshow**  
*Idaho Botanical Garden, Hour 1*  
**NC** **NC Weekend**  
*Sea & Salt* L  
**EX** **All Creatures Great & Small on Masterpiece**  
*Glass Half Full* DV

9:30 **NC** **My Home, NC**  
*An Audience with the King: Richard Petty* L

10:00 **PBS** **Independent Lens**  
*Skin of Glass* DV  
**NC** **Unlocking the Doors of Opportunity: The Rosenwald Schools of North Carolina**  
The story behind efforts to create schools for Black children in rural NC under Jim Crow. L  
**EX** **Funny Woman**  
A trip to the pub proves cathartic and fruitful. DV

10:30 **NC** **I Am She: The Matriarch of America**  
A cinematic journey into triumphs of Black women.

11:00 **NC** **Reel South**  
*A Run for More*  
**EX** **Finding Your Roots**  
*Latin Roots*

11:30 **PBS** **Amanpour & Co.**

## 18 TUESDAY

6 PM **PBS** **PBS News Hour**  
**NC** **ncIMPACT**  
*Health Care* L  
**EX** **America's Test Kitchen**  
*Decadent Pasta Dishes*

6:30 **NC** **Black Issues Forum** L  
**EX** **Cook's Country**  
*Seafood in a Skillet*

7:00 **PBS** **Side by Side with Nido Qubein** L



On **Nature**, Sir David Attenborough goes face-to-face with a saber-toothed tiger, a giant eagle and a colossal snake at London's Natural History Museum, Wednesday, February 19, 8 PM, on PBS NC.

- NC** PBS News Hour  
**EX** Highclere: Behind the Scenes  
 Preparations for a post-pandemic charity gala.
- 7:30 **PBS** NC Weekend  
*Sea & Salt* L
- 8:00 **PBS** Finding Your Roots  
*The Ties That Bind*  
**NC** The Key Ingredient with Sheri Castle  
*Fishing for Trout Compliments* L  
**EX** Secrets of the Royal Palaces  
 Buckingham Palace.
- 8:30 **NC** A Chef's Life  
*A Casserole Says Plenty* L
- 9:00 **PBS** Great Migrations: A People on the Move  
*Coming to America*  
**NC** Milk Street's My Family Recipe  
*My Mother's Pernil*  
**EX** Travels with Darley  
*New Jersey Revolutionary Road Trip, Part 4*
- 9:30 **NC** Cook's Country  
*Seafood in a Skillet*  
**EX** Rick Steves' Europe  
*Italy's Amalfi Coast*
- 10:00 **PBS** Frontline  
**NC** America's Test Kitchen  
*Decadent Pasta Dishes*  
**EX** Samantha Brown's Places to Love  
*Mainz, Wiesbaden & Rothenburg, Germany*
- 10:30 **NC** Travels with Darley  
*New Jersey Revolutionary Road Trip, Part 4*

- EX** America's Heartland  
 Dairy farmers work to protect waterways.
- 11:00 **PBS** Amanpour & Co.  
**NC** The Great Muslim American Road Trip  
*A Bridge over Troubled Waters: Tulsa to Albuquerque*  
**EX** Joseph Rosendo's Travelscope  
*San Francisco's Changing Neighborhoods* DV
- 11:30 **EX** In the Americas with David Yetman  
*The Blue Ridge Parkway: From VA to NC*

## 19 WEDNESDAY

- 6 PM **PBS** PBS News Hour  
**NC** In Good Shape: The Health Show  
**EX** nclIMPACT  
*Health Care* L
- 6:30 **NC** Getting Dot Older  
*Riding for Fun*  
**EX** Sci NC  
*The Science of Hurricane Helene* L
- 7:00 **PBS** MotorWeek  
**NC** PBS News Hour  
**EX** Rick Steves' Europe  
*Venice: City of Dreams*
- 7:30 **PBS** Sci NC  
*The Science of Hurricane Helene* L  
**EX** America's Test Kitchen  
*Decadent Pasta Dishes*
- 8:00 **PBS** Nature  
*Museum Alive with David Attenborough* DV

- NC** My Home, NC  
*Hands & Heart* L  
**EX** Cook's Country  
*Seafood in a Skillet*
- 8:30 **NC** Visibly Speaking: NC's Inclusive Public Art Project  
*Snowbird & the Untouchables* L  
**EX** Pati's Mexican Table  
*Mexican Wine Country*
- 9:00 **PBS** Nova  
*Pompeii's Secret Underworld* DV  
**NC** Antiques Roadshow  
*Living History Farms, Hour 1*  
**EX** The Key Ingredient with Sheri Castle  
*Fishing for Trout Compliments* L
- 9:30 **EX** Christina Cooks: Back to the Cutting Board  
*More Than the Food on Your Plate*
- 10:00 **PBS** Secrets of the Dead  
*Plunderer: The Life and Times of a Nazi Art Thief*  
**NC** Shaw Rising  
 The story of NC HBCU Shaw University. L  
**EX** Christopher Kimball's Milk Street Television  
*Biryani & Curry*
- 10:30 **EX** Milk Street's My Family Recipe  
*My Mother's Calzone*
- 11:00 **PBS** Amanpour & Co.  
**NC** Unlocking the Doors of Opportunity: The Rosenwald Schools of North Carolina L  
**EX** Nature  
*Expedition Killer Whale* DV
- 11:30 **NC** I Am She: The Matriarch of America

## 20 THURSDAY

- 6 PM **PBS** PBS News Hour  
**NC** Side by Side with Nido Qubein L  
**EX** Lidia's Kitchen  
*Know Your Cheese*
- 6:30 **NC** Carolina Business Review L  
**EX** Pati's Mexican Table  
*Mexican Wine Country*



- 7:00 **PBS** **Samantha Brown's Places to Love**  
*The Black Hills of South Dakota*
- NC** **PBS News Hour**
- EX** **Rick Steves' Europe**  
*Venice & Its Lagoon*
- 7:30 **PBS** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L
- EX** **Samantha Brown's Places to Love**  
*Mainz, Wiesbaden & Rothenburg, Germany*
- 8:00 **PBS** **My Home, NC**  
*Hands & Heart* L
- NC** **Sci NC**  
*Health Science* L
- EX** **Great Migrations: A People on the Move**  
*Coming to America*
- 8:30 **PBS** **Sci NC**  
*Health Science* L
- NC** **Exploring NC**  
*Two Lakes & a Pond* L
- 9:00 **PBS** **NC Weekend**  
*Overnight Stays Across the State* L
- NC** **Nature**  
*Super Cats: Science & Secrets* DV
- EX** **Making Black America: Through the Grapevine**  
Black movements provide a safe space.
- 9:30 **PBS** **Shaped by Sound**  
*Superchunk* L
- 10:00 **PBS** **Reel South**  
*The Volunteer/The Day That Shook Georgia* DV
- NC** **Northern Nights, Starry Skies**  
Photographer Travis Novitsky explores the night sky.
- EX** **Fight the Power: How Hip Hop Changed the World**  
*Still Fighting* DV
- 11:00 **PBS** **Amanpour & Co.**
- NC** **Nova**  
*Killer Floods*
- EX** **Joseph Rosendo's Travelscope**  
*Adventures in California's Tri-Valley* DV
- 11:30 **EX** **In the Americas with David Yetman**  
*Galapagos: The Great Climatic Seesaw*



Learn the story of piano prodigy and civil rights activist Hazel Scott on *American Masters*, Friday, February 21, 9 PM, on PBS NC.

## 21 FRIDAY

- 6 PM **PBS** **PBS News Hour**
- NC** **NC Bookwatch**  
Cindy Ramsey. L
- EX** **Sara's Weeknight Meals**  
*A Tale of Two Chinatowns*
- 6:30 **NC** **Comic Culture** L
- EX** **America's Test Kitchen from Cook's Illustrated**  
*Modern Weeknight Meals*
- 7:00 **PBS** **Black Issues Forum** L
- NC** **PBS News Hour**
- EX** **Rick Steves' Europe**  
*European Travel Skills, Part 1*
- 7:30 **PBS** **ncIMPACT**  
*Public Safety* L
- EX** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L
- 8:00 **PBS** **Washington Week with The Atlantic**
- NC** **NC Weekend**  
*Overnight Stays Across the State* L
- EX** **Call the Midwife**  
Nonnatus House kicks off pupil midwife training. DV
- 8:30 **PBS** **State Lines** L
- NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L
- 9:00 **PBS** **American Masters**  
*The Disappearance of Miss Scott* DV
- NC** **State Lines** L
- EX** **Call the Midwife**  
Shelagh and Joyce assist a pregnant woman. DV
- 9:30 **NC** **Black Issues Forum** L
- EX** **Midsomer Murders**  
*Death of a Hollow Man, Part 1*
- 10:00 **NC** **Side by Side**  
with Nido Qubein L
- 10:30 **PBS** **Visibly Speaking: NC's Inclusive Public Art Project**  
*Closing the Circle & Here's My Story* L
- NC** **ncIMPACT**  
*Public Safety* L
- EX** **Midsomer Murders**  
*Death of a Hollow Man, Part 2*
- 11:00 **PBS** **Amanpour & Co.**
- NC** **A More or Less Perfect Union, a Personal Exploration**  
*A Constitution for All*
- 11:30 **EX** **Shaped by Sound**  
*Superchunk* L

## 22 SATURDAY

- 6 AM **PBS** **Mister Rogers' Neighborhood**
- EX** **Carolina Outdoor Journal**  
*Early Bass* L
- 6:30 **PBS** **Daniel Tiger's Neighborhood** DV
- NC** **Sit & Be Fit**  
*Flexibility & Range of Motion*
- EX** **Dream of Europe**  
*Greek Islands*
- 7:00 **PBS** **Sesame Street** DV
- NC** **Classical Stretch: By Essentrics**  
*Boost Your Energy* DV
- EX** **Travels with Darley**  
*New Jersey's Silk City & Baseball*

- 7:30** **PBS** **Donkey Hodie** DV  
**NC** **Wai Lana Yoga**  
*Juice Up Your Innards*  
**EX** **Rick Steves' Europe**  
*Croatia: Adriatic Delights*
- 8:00** **PBS** **Pinkalicious & Peterrific** DV  
**NC** **NC Weekend**  
*Overnight Stays Across the State* L  
**EX** **Nature**  
*Museum Alive with David Attenborough* DV
- 8:30** **PBS** **Molly of Denali** DV  
**NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L
- 9:00** **PBS** **Elinor**  
**Wonders Why** DV  
**NC** **State Lines** L  
**EX** **Nova**  
*Pompeii's Secret Underworld* DV
- 9:30** **PBS** **Nature Cat**  
**NC** **Black Issues Forum** L
- 10:00** **PBS** **NC Weekend**  
*Overnight Stays Across the State* L  
**NC** **Side by Side with Nido Qubein** L  
**EX** **Lidia's Kitchen**  
*Know Your Cheese*
- 10:30** **PBS** **My Home, NC**  
*Hands & Heart* L  
**NC** **ncIMPACT**  
*Public Safety* L  
**EX** **A Taste of History**  
*Coastal Texas Treasure Port Aransas, Texas*
- 11:00** **PBS** **GardenSmart**  
*Fall Color*  
**NC** **A More or Less Perfect Union, a Personal Exploration**  
*A Constitution for All*  
**EX** **Christopher Kimball's Milk Street Television**  
*New Bistro Classics*
- 11:30** **PBS** **Homemade Live!**  
*Homemade for the Holidays*  
**EX** **Milk Street's My Family Recipe**  
*My Grandfather's Butter Rolls*
- Noon** **PBS** **A Taste of History**  
*Danube River Adventure, Part 2*  
**NC** **NC Weekend**  
*Overnight Stays Across the State* L  
**EX** **Sara's Weeknight Meals**  
*A Tale of Two Chinatowns*
- 12:30** **PBS** **Ireland with Michael**  
*On Yer Bike*  
**NC** **Sci NC**  
*Health Science* L  
**EX** **Good Road**  
*St. Croix, Charleston, Asheville: Bees!*
- 1:00** **PBS** **Antiques Roadshow**  
*Living History Farms, Hour 1*  
**NC** **My Home, NC**  
*Hands & Heart* L  
**EX** **NC Weekend**  
*Overnight Stays Across the State* L
- 1:30** **NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L  
**EX** **Fresh Glass**  
*Who's the Winemaker*
- 2:00** **PBS** **Rick Steves' Europe**  
*Prague*  
**NC** **Jazzy Vegetarian**  
*Pantry Polenta Lasagna*  
**EX** **Highclere: Behind the Scenes**  
*Preparations for a post-pandemic charity gala.*
- 2:30** **PBS** **Samantha Brown's Places to Love**  
*The Black Hills of South Dakota*  
**NC** **Quilting Arts**  
*Creating with Resists*
- 3:00** **PBS** **Travels with Darley**  
*New Jersey Revolutionary Road Trip, Part 4*  
**NC** **Lap Quilting with Georgia Bonesteel**  
*Design Details* L  
**EX** **Secrets of the Royal Palaces**  
*Buckingham Palace.*
- 3:30** **PBS** **Woodsmith Shop**  
*Small Shop Solutions*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Harvard Side Table* L
- 4:00** **PBS** **This Old House**  
*Ridgewood|Colonial Revival with Modern Flair*  
**NC** **American Woodshop**  
*Carved Garden Chairs*  
**EX** **Dream of Europe**  
*Athens Greece*
- 4:30** **PBS** **Ask This Old House**  
*Stair Treads, Sconce Install*  
**NC** **America's Heartland**  
*Rice farmers find a market for sake.*  
**EX** **Rick Steves' Europe**  
*Lisbon & the Algarve*
- 5:00** **PBS** **Carolina**  
**Outdoor Journal**  
*Early Bass* L  
**NC** **Into the Outdoors**  
*Into Environmental Sustainability*  
**EX** **Nature**  
*Expedition Killer Whale* DV
- 5:30** **PBS** **PBS News**  
**Weekend**  
**NC** **Carolina**  
**Outdoor Journal**  
*Early Bass* L
- 6:00** **PBS** **Father Brown**  
*The Dead of Night*  
**NC** **Classic Gospel**  
*Gaither Vocal Band: Let's Just Praise the Lord*  
**EX** **Nova**  
*Egypt's Tombs of Amun* DV
- 7:00** **PBS** **Miss Fisher's Murder Mysteries**  
*Raisins & Almonds*  
**NC** **Song of the Mountains**  
*The Wizards of Winter, Part 1*  
**EX** **Secrets of the Dead**  
*Egypt's Darkest Hour*
- 8:00** **PBS** **Midsomer Murders**  
*Death of a Hollow Man, Part 1*  
**NC** **Shaped by Sound**  
*Superchunk* L  
**EX** **American Masters**  
*The Disappearance of Miss Scott* DV
- 8:30** **NC** **Sonark Sessions: Live from the Barn**  
*Big Something* L
- 9:00** **PBS** **Midsomer Murders**  
*Death of a Hollow Man, Part 2*  
**NC** **Austin City Limits**  
*Kacey Musgraves*
- 9:30** **EX** **American Experience**  
*Zora Neale Hurston: Claiming a Space* DV
- 10:00** **PBS** **Death in Paradise**  
*Marlon receives a mysterious phone call.*  
**NC** **The Life of a Musician**  
*Kristy Cox: House Concert Edition*
- 10:30** **NC** **Freight Train Blues**  
*Alexa Rose* L
- 11:00** **PBS** **Shaped by Sound**  
*Superchunk* L  
**NC** **American Masters**  
*The Disappearance of Miss Scott* DV

**11:30** **PBS** **Sonark Sessions: Live from the Barn**  
*Big Something* L  
**EX** **Fannie Lou Hamer: Stand Up**  
 The life of the activist and civil rights legend.

## 23 SUNDAY

**6 AM** **PBS** **Donkey Hodie** DV  
**EX** **Finding Your Roots**  
*The Ties That Bind*

**6:30** **PBS** **Lyla in the Loop** DV  
**NC** **Sit & Be Fit**  
*Brain Booster*

**7:00** **PBS** **Work It Out Wombats!** DV  
**NC** **Classical Stretch: By Essentrics**  
*Stress Relieving Workout*  
**EX** **Antiques Roadshow**  
*Living History Farms, Hour 1*

**7:30** **PBS** **Daniel Tiger's Neighborhood** DV  
**NC** **Wai Lana Yoga**  
*Shoulder Stuff*

**8:00** **PBS** **Carl the Collector**  
**NC** **Classic Gospel**  
*Gaither Vocal Band: Let's Just Praise the Lord*  
**EX** **Highclere: Behind the Scenes**  
 Preparations for a post-pandemic charity gala.

**8:30** **PBS** **Wild Kratts**

**9:00** **PBS** **This Old House**  
*Ridgewood | Colonial Revival with Modern Flair*  
**NC** **The Woodwright's Shop with Roy Underhill**  
*Harvard Side Table* L  
**EX** **Secrets of the Royal Palaces**  
 Buckingham Palace.

**9:30** **PBS** **Ask This Old House**  
*Stair Treads, Sconce Install*  
**NC** **For Your Home**  
*Music & Little Black Dresses* DV

**10:00** **PBS** **ncIMPACT**  
*Public Safety* L  
**NC** **NC Weekend**  
*Overnight Stays Across the State* L  
**EX** **Endeavour on Masterpiece**  
*Season 8: Striker* DV

**10:30** **PBS** **State Lines** L  
**NC** **Sci NC**  
*Health Science* L



Legend Glenn Close receives a special honor from AARP on **Great Performances**, Sunday, February 23, 7 PM, on PBS NC.

**11:00** **PBS** **Christina Cooks: Back to the Cutting Board**  
*The Life of the Party*  
**NC** **My Home, NC**  
*Hands & Heart* L

**11:30** **PBS** **Sara's Weeknight Meals**  
*How Sweet It Is*  
**NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L

Noon **PBS** **Kevin Belton's New Orleans Kitchen**  
*It's Greek to Me*  
**NC** **State Lines** L  
**EX** **Endeavour on Masterpiece**  
*Season 8: Scherzo*

**12:30** **PBS** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L  
**NC** **Black Issues Forum** L

**1:00** **PBS** **Christopher Kimball's Milk Street Television**  
*Back Streets Rome*  
**NC** **Side by Side with Nido Qubein**

**1:30** **PBS** **Pati's Mexican Table**  
*Ensenada's Epic Seafood*  
**NC** **ncIMPACT**  
*Public Safety* L

**2:00** **PBS** **America's Test Kitchen from Cook's Illustrated**  
*Modern Weeknight Meals*  
**NC** **NC Bookwatch**  
 Cindy Ramsey. L  
**EX** **Endeavour on Masterpiece**  
*Season 8: Terminus* DV

**2:30** **PBS** **Cook's Country**  
*Biscuits & Chicken*

**NC** **Carolina Outdoor Journal**  
*Early Bass* L

**3:00** **PBS** **Milk Street's My Family Recipe**  
*Tatiana's Sauerkraut Soup*  
**NC** **NC Weekend**  
*Overnight Stays Across the State* L

**3:30** **PBS** **Side by Side with Nido Qubein** L  
**NC** **Sci NC**  
*Health Science* L

**4:00** **PBS** **Black Issues Forum** L  
**NC** **My Home, NC**  
*Hands & Heart* L  
**EX** **Miss Scarlet on Masterpiece**  
*Dangerous Liaisons*

**4:30** **PBS** **State Lines** L  
**NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L

**5:00** **PBS** **Washington Week with The Atlantic**  
**NC** **Taco Mafia**  
*Legado*  
**EX** **All Creatures Great & Small on Masterpiece**  
*Glass Half Full* DV

**5:30** **PBS** **PBS News Weekend**  
**NC** **Cook's Country**  
*Biscuits & Chicken*

**6:00** **PBS** **Sigourney Weaver, the Most Iconic Action Heroine**  
 A look at Weaver's career in cinema.  
**NC** **State Lines** L  
**EX** **Funny Woman**  
 A trip to the pub proves cathartic and fruitful. DV

**6:30** **NC** **Firing Line with Margaret Hoover**

**7:00** **PBS** **Great Performances**  
*Movies for Grownups Awards with AARP the Magazine*  
**NC** **PBS News Weekend**  
**EX** **Nature**  
*Museum Alive with David Attenborough* DV

**7:30** **NC** **Black Issues Forum** L

**8:00** **NC** **Finding Your Roots**  
*The Ties That Bind*  
**EX** **Nova**  
*Pompeii's Secret Underworld* DV





In the **Independent Lens** film *Bike Vessel*, a 70-year-old man and his son embark on a quest to reimagine Black health, Monday, February 24, 10 PM, on PBS NC.

- 10:00** **PBS** **Independent Lens**  
*Bike Vessel* DV  
**NC** **Oberlin: A Village Rooted in Freedom**  
A town built by formerly enslaved people after the Civil War. L  
**EX** **Funny Woman**  
Sophie takes matters into her own hands. DV  
**11:00** **NC** **Reel South**  
*The Volunteer/The Day That Shook Georgia* DV  
**EX** **Finding Your Roots**  
*The Ties That Bind*  
**11:30** **PBS** **Amanpour & Co.**

## 25 TUESDAY

- 9:00** **PBS** **All Creatures Great & Small on Masterpiece**  
*All God's Creatures* DV  
**NC** **Great Migrations: A People on the Move**  
*Streets Paved with Gold*  
**EX** **Secrets of the Dead**  
*Plunderer: The Life & Times of a Nazi Art Thief, Part 1*  
**10:00** **PBS** **Funny Woman**  
Sophie takes matters into her own hands. DV  
**NC** **Great Migrations: A People on the Move**  
*One Way Ticket Back*  
**EX** **ncIMPACT**  
*Public Safety* L  
**10:30** **EX** **Sci NC**  
*Health Science* L  
**11:00** **PBS** **The Paris Murders**  
*Russian Doll*  
**NC** **Great Migrations: A People on the Move**  
*Coming to America*

**EX** **Antiques Roadshow**  
*Living History Farms, Hour 1*

## 24 MONDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **Laura Flanders & Friends**  
**EX** **Burt Wolf: Travels & Traditions**  
*Farming for the Future*  
**6:30** **NC** **State Lines** L  
**EX** **Samantha Brown's Places to Love**  
*The Black Hills of South Dakota*  
**7:00** **PBS** **Hometowns**  
*Abingdon/Damascus, VA*  
**NC** **PBS News Hour**  
**EX** **Great Performances**  
*Movies for Grownups Awards with AARP the Magazine*  
**7:30** **PBS** **My Home, NC**  
*Hands & Heart* L  
**8:00** **PBS** **Antiques Roadshow**  
*Living History Farms, Hour 2*  
**NC** **Black Fiddlers**  
Trace the history of African American violinists in the U.S.  
**9:00** **PBS** **Antiques Roadshow**  
*Idaho Botanical Garden, Hour 2*  
**NC** **NC Weekend**  
*Overnight Stays Across the State* L  
**EX** **All Creatures Great & Small on Masterpiece**  
*All God's Creatures* DV  
**9:30** **NC** **My Home, NC**  
*Hands & Heart* L



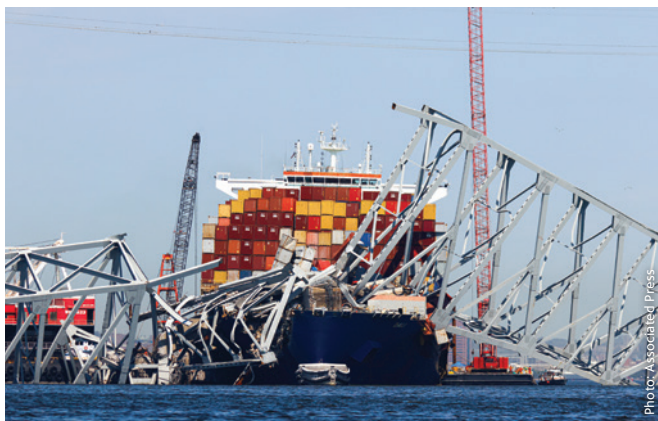
On **American Experience**, meet Walter White, one of the most influential figures in civil rights history, Tuesday, February 25, 9 PM, on PBS NC.

- 6 PM** **PBS** **PBS News Hour**  
**NC** **ncIMPACT**  
*Public Safety* L  
**EX** **America's Test Kitchen from Cook's Illustrated**  
*Pork Chops & Oven Fries*  
**6:30** **NC** **Black Issues Forum** L  
**EX** **Cook's Country**  
*Biscuits & Chicken*  
**7:00** **PBS** **Side by Side**  
*with Nido Qubein* L  
**NC** **PBS News Hour**  
**EX** **Highclere: Behind the Scenes**  
Things are looking up for the Highclere team.  
**7:30** **PBS** **NC Weekend**  
*Overnight Stays Across the State* L  
**8:00** **PBS** **Finding Your Roots**  
*The Butterfly Effect*  
**NC** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* L  
**EX** **Secrets of the Royal Palaces**  
Buckingham Palace.  
**8:30** **NC** **A Chef's Life**  
*Honey, I'm Home!* L  
**9:00** **PBS** **American Experience**  
SEASON PREMIERE!  
*Forgotten Hero: Walter White & the NAACP*  
**NC** **Milk Street's My Family Recipe**  
*Tatiana's Sauerkraut Soup*  
**EX** **Travels with Darley**  
*New Jersey's Silk City & Baseball*  
**9:30** **NC** **Cook's Country**  
*Biscuits & Chicken*  
**EX** **Rick Steves' Europe**  
*Milan & Lake Como*

- 10:00** **NC** **America's Test Kitchen from Cook's Illustrated**  
*Modern Weeknight Meals*  
**EX** **Samantha Brown's Places to Love**  
*The Black Hills of South Dakota*
- 10:30** **NC** **Travels with Darley**  
*New Jersey's Silk City & Baseball*  
**EX** **America's Heartland**  
*Louisiana Crawfish Harvest/Family Farm Bicentennial*
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **The Great Muslim American Road Trip**  
*Back on the Road Again: Arizona, Nevada, California*  
**EX** **Joseph Rosendo's Travelscope**  
*Surprising Toronto* <sup>DV</sup>
- 11:30** **EX** **In the Americas with David Yetman**  
*Havana: Cultural Treasure House of the Caribbean*

## 26 WEDNESDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **In Good Shape: The Health Show**  
**EX** **ncIMPACT**  
*Public Safety* <sup>L</sup>
- 6:30** **NC** **Getting Dot Older**  
*Playing Cards*  
**EX** **Sci NC**  
*Health Science* <sup>L</sup>
- 7:00** **PBS** **MotorWeek**  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*European Travel Skills, Part 2*
- 7:30** **PBS** **Sci NC**  
*Health Science* <sup>L</sup>  
**EX** **America's Test Kitchen from Cook's Illustrated**  
*Modern Weeknight Meals*
- 8:00** **PBS** **Nature**  
*Wild Ireland: Kingdom of Stone* <sup>DV</sup>  
**NC** **My Home, NC**  
*Amazing Animals* <sup>L</sup>  
**EX** **Cook's Country**  
*Biscuits & Chicken*
- 8:30** **NC** **Visibly Speaking: NC's Inclusive Public Art Project**  
*Black Light & Haliwa-Saponi* <sup>L</sup>  
**EX** **Pati's Mexican Table**  
*Loreto: Baja's Hidden Gem*



**Nova** follows the investigation into the deadly container ship collision that closed the Port of Baltimore, Wednesday, February 26, 9 PM, on PBS NC.

- 9:00** **PBS** **Nova**  
*Baltimore Bridge Collapse* <sup>DV</sup>  
**NC** **Antiques Roadshow**  
*Living History Farms, Hour 2*  
**EX** **The Key Ingredient with Sheri Castle**  
*Country Ham Is King* <sup>L</sup>
- 9:30** **EX** **Christina Cooks: Back to the Cutting Board**  
*Simply Sweet*
- 10:00** **PBS** **Secrets of the Dead**  
*Plunderer: The Life & Times of a Nazi Art Thief, Part 2*  
**NC** **George Washington Carver: An Uncommon Life**  
Carver's complexities and the full impact of his life and work.
- EX** **Christopher Kimball's Milk Street Television**  
*Milk Street Steakhouse*
- 10:30** **EX** **Milk Street's My Family Recipe**  
*My Grandmother's Christmas Popovers*
- 11:00** **PBS** **Amanpour & Co.**  
**NC** **Oberlin: A Village Rooted in Freedom** <sup>L</sup>  
**EX** **Nature**  
*Museum Alive with David Attenborough* <sup>DV</sup>

## 27 THURSDAY

- 6 PM** **PBS** **PBS News Hour**  
**NC** **Side by Side with Nido Qubein** <sup>L</sup>  
**EX** **Lidia's Kitchen**  
*Family Meal*
- 6:30** **NC** **Carolina Business Review** <sup>L</sup>  
**EX** **Pati's Mexican Table**  
*Loreto: Baja's Hidden Gem*



**Shot in the Arm** explores vaccine hesitancy, both historically and in the context of COVID-19, Thursday, February 27, 11 PM, on the North Carolina Channel.

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- The University of North Carolina Press
- Tryon Palace
- Visit Raleigh
- WakeMed Health & Hospitals

## 28 FRIDAY

- 7:00 **PBS** **Samantha Brown's Places to Love**  
*Route 66: Missouri to Oklahoma*  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*European Travel Skills, Part 3*
- 7:30 **PBS** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L  
**EX** **Samantha Brown's Places to Love**  
*The Black Hills of South Dakota*
- 8:00 **PBS** **My Home, NC**  
*Amazing Animals* L  
**NC** **Sci NC**  
*Nature's Wonders* L  
**EX** **American Experience**  
*The NAACP & Its Architects* DV
- 8:30 **PBS** **Sci NC**  
*Nature's Wonders* L  
**NC** **Exploring NC**  
*Invaders Among Us* L
- 9:00 **PBS** **NC Weekend**  
*Family Time* L  
**NC** **Cultivating the Wild**  
Six Southerners try to reclaim the nature of the South through art, science and culture.
- 9:30 **PBS** **Shaped by Sound**  
*Nnenna Freelon* L
- 10:00 **PBS** **Reel South**  
*Veritas* DV  
**NC** **Golden Eagles: Witnesses to a Changing West**  
Researchers in Wyoming study how eagles are adapting to many challenges.  
**EX** **100 Years from Mississippi**  
Mamie Lang Kirkland left Mississippi to escape racial violence, not returning for a century.
- 11:00 **PBS** **Amanpour & Co.**  
**NC** **Shot in the Arm**  
Vaccine hesitancy.  
**EX** **Joseph Rosendo's Travelscope**  
*Ontario's Central Counties: Multicultural Advent* DV
- 11:30 **EX** **In the Americas with David Yetman**  
*Galapagos: Volcanoes & Nature on the Islands*
- 6 PM **PBS** **PBS News Hour**  
**NC** **NC Bookwatch**  
Nortin Hadler. L  
**EX** **Sara's Weeknight Meals**  
*Creole Kitchen Secrets*
- 6:30 **NC** **Comic Culture** L  
**EX** **America's Test Kitchen from Cook's Illustrated**  
*Modern Weeknight Meals*
- 7:00 **PBS** **Black Issues Forum** L  
**NC** **PBS News Hour**  
**EX** **Rick Steves' Europe**  
*Western Turkey*
- 7:30 **PBS** **ncIMPACT**  
*Aging* L  
**EX** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L
- 8:00 **EX** **Call the Midwife**  
The Nonnatus team is thrown into turmoil. DV  
**PBS** **Washington Week with The Atlantic**  
**NC** **NC Weekend**  
*Family Time* L
- 8:30 **PBS** **State Lines**  
**NC** **The Key Ingredient with Sheri Castle**  
*Finding Our Blueberry Thrill* L
- 9:00 **EX** **Call the Midwife**  
A phone call leads to dire consequences. DV  
**PBS** **Great Performances**  
**NC** **State Lines** L
- 9:30 **NC** **Black Issues Forum** L  
**EX** **Midsomer Murders**  
*Faithful unto Death, Part 1*
- 10:00 **NC** **Side by Side with Nido Qubein** L
- 10:30 **NC** **ncIMPACT**  
*Aging* L  
**EX** **Midsomer Murders**  
*Faithful Unto Death, Part 2*
- 11:00 **PBS** **Amanpour & Co.**  
**NC** **A More or Less Perfect Union, a Personal Exploration**  
*Our Constitution at Risk*
- 11:30 **EX** **Shaped by Sound**  
*Nnenna Freelon* L

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### Wolf Hall: The Mirror & the Light

traces the final years of Thomas Cromwell's life, completing his journey from self-made man to the most feared, influential figure of his time. The series reunites Mark Rylance as Cromwell and Damian Lewis as King Henry VIII. Premieres Sunday, March 23.



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