

centerPIECE

3/2025

Hometowns // Pinkalicious & Peterrific // Ella Fitzgerald

ncIMPACT



HOME GROWN SOLUTIONS

Anita Brown-Graham and David Hurst explore how local innovation can light the way forward for the entire state.

FRIDAYS, 7:30 PM, ON PBS NC

Watch Live. Stream Anytime.



PBS NORTH
CAROLINA
POWERED BY THE UNC SYSTEM

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PBS North Carolina's offices and studios are at the Joseph and Kathleen Bryan Communications Center in Research Triangle Park.



10 UNC-TV Drive
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Asheville	WUNF-TV
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Greenville	WUNK-TV
Jacksonville	WUNM-TV
Linville	WUNE-TV
Lumberton	WUNF-TV
Roanoke Rapids	WUNP-TV
Wilmington	WUNJ-TV
Winston-Salem	WUNL-TV

Our four digital channels offer unique programming:

PBS NC
North Carolina Channel
Rootle 24/7 PBS KIDS Channel
Explorer Channel

Cable or satellite users, check with your service provider for channel numbers for your area.

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What's Your Favorite PBS North Carolina Moment?

I admit, this question has me stumped. How can I pick just one favorite moment from 70 years of PBS North Carolina?

Was it when Julia Child flipped an omelet only to have it belly flop out of the pan?

What about all the times I found myself gripped by Ken Burns' documentaries about American institutions like baseball, country music and our national parks?

Or those wonderful moments when my little ones and I sang along with Grover and friends on *Sesame Street*?

Over the past 70 years, there have been literally thousands of moments on PBS North Carolina that have left an indelible mark. That's the power of community-supported media.

We want to spark thousands more memories, and this is your moment to help make that a reality through an extra gift to PBS North Carolina.

Your donation will ensure PBS North Carolina will continue to surprise and delight everyone who tunes in, enjoys our educational resources or attends our community events.

70 years is an amazing legacy—one we're proud to uphold with you by our side.

With gratitude,

David Crabtree, CEO of PBS North Carolina



DONATE TODAY!

Your generous contribution will help PBS North Carolina provide memorable moments for the next 70 years. To make your gift, simply scan this code with your smartphone or visit pbsnc.org/donate. Thank you!





Artful Adventures

Focusing on arts across all disciplines, the PBS KIDS series **Pinkalicious & Peterrific** models the power of teamwork and creative thinking to solve problems. Watch every weekend this month, 7–10 AM and 1–4 PM, on Rootle.



WATCH!

PLAY!

Rootle Roadster Tour in ENC

On Saturday, March 8, enjoy an afternoon of free family fun in Dare County with the Rootle Roadster Tour. Enjoy games, educational resources, activities and so much more at Cape Hatteras Secondary School in Buxton, 1–4 PM. Hope to see you there!



The Power of Singing

Singing is an incredible way to connect with the kids in your life. Here are three reasons to sing with them:

- Sing to build connection.
- Sing to support brain development.
- Sing to teach routines and skills.

Learn more at pbs.org/parents/thrive/the-simple-power-of-singing-to-kids.



SHARE!

Find *CenterPiece* online at pbsnc.org/centerpiece.

For schedules of all our services, visit pbsnc.org/schedule.



DAILY SCHEDULE

- 6 AM Clifford the Big Red Dog** DV
Weekends:
The Cat in the Hat Knows a Lot About That!
- 6:30 Sesame Street** DV
Weekends:
Dinosaur Train DV
- 7:00 Pinkalicious & Peterrific** DV
Weekends until 10 AM:
🦋 **Read-a-roo's Block Party: Pinkalicious & Peterrific** DV
- 7:30 Mecha Builders** DV
Weekends:
Peg + Cat DV
- 8:00 Sesame Street** DV
- 8:30 Milo**
- 9:00 Work It Out Wombats!** DV
- 10:00 Daniel Tiger's Neighborhood** DV
- 11:00 Carl the Collector**
- 11:30 Curious George**
- Noon Donkey Hodie** DV
- 1:00 Elinor Wonders Why** DV
Weekends until 4 PM:
🦋 **Read-a-roo's Block Party: Pinkalicious & Peterrific** DV
- 1:30 Rosie's Rules** DV
Weekends:
Super Why! DV
- 2:30 Xavier Riddle** DV
- 3:00 Alma's Way** DV
Weekends at 3:30 PM:
Molly of Denali DV
- 4:00 Lyla in the Loop** DV
- 4:30 Arthur** DV
- 5:00 Odd Squad** DV
- 5:30 Skillsville** DV
- 6:00 Wild Kratts**
Weekends at 6:30 PM:
Ready Jet Go! DV
- 7:00 Lyla in the Loop** DV
Weekends until 10 PM:
PBS Family Fun Night
- 7:30 Nature Cat**
- 8:00 Molly of Denali** DV
- 8:30 Hero Elementary** DV
- 9:00 Cyberchase** DV
- 9:30 Let's Go Luna!** DV
- 10:00 Rosie's Rules** DV
- 10:30 Xavier Riddle** DV
- 11:00 Alma's Way**
Weekends at 11:30 PM:
Molly of Denali DV

For the most up-to-date info, visit pbsnc.org/schedule.

CELEBRATING 70 YEARS

PBS North Carolina has been on air for 70 years! Help invest in our future by donating during our on-air fundraiser, March 1–16.

Visit pbsnc.org/donate
or call 1-800-984-9090.



1 SATURDAY

- 6 AM** **PBS** *Mister Rogers' Neighborhood*
EX '60s & '70s Soul Celebration
Legends play their hits.
- 6:30** **PBS** *Daniel Tiger's Neighborhood* **DV**
NC *Sit & Be Fit*
Postural Alignment & Shoulder Stability
- 7:00** **PBS** *Sesame Street* **DV**
NC *Classical Stretch: By Essentrics*
Boost Your Energy **DV**
- 7:30** **PBS** *Donkey Hodie* **DV**
NC *Wai Lana Yoga*
Khechari Mudra
- 8:00** **PBS** *Pinkalicious & Peterrific* **DV**
NC *NC Weekend Family Time* **L**
- 8:30** **PBS** *Molly of Denali* **DV**
NC *The Key Ingredient with Sheri Castle*
Finding Our Blueberry Thrill **L**
- 9:00** **PBS** *Elinor Wonders Why* **DV**
NC *State Lines*
Legislative stories in NC. **L**
EX *Classical Rewind*
The power of musical masterpieces.

PLEASE NOTE: For the latest scheduling info, visit pbsnc.org/schedule. Program times may vary; add at least five minutes when recording.



Get Good with Money with Tiffany Aliche helps you find harmony with your financial goals, Saturday, March 1, 11 AM, on PBS NC.

- 9:30** **PBS** *Nature Cat*
NC *Black Issues Forum*
A platform for Black voices in NC. **L**
- 10:00** **PBS** *NC Weekend Family Time* **L**
NC *Side by Side with Nido Qubein*
Teena Piccione. **L**
- 10:30** **PBS** *My Home, NC*
Amazing Animals **L**
NC *ncIMPACT*
Aging **L**
EX *Why You Like It: Decoding Musical Taste*
The science and culture behind musical taste.
- 11:00** **PBS** *Get Good with Money*
Build wealth through financial wholeness.
NC *More or Less Perfect Union, a Personal Exploration*
Our Constitution at Risk
- Noon** **NC** *NC Weekend Family Time* **L**

EX *America Made with Love*
Meet gifted artisans.

12:30 **PBS** *Memory Makeover*
with Daniel Amen, MD
Tips on improving your memory.

NC *Sci NC*
Nature's Wonders **L**

1:00 **NC** *My Home, NC*
Amazing Animals **L**

1:30 **NC** *The Key Ingredient*
with Sheri Castle
Finding Our Blueberry Thrill **L**

EX *America's Test Kitchen Celebrates 25 Years*
A behind-the-scenes look at the series.

2:00 **NC** *Jazzy Vegetarian*
Sheet Pan Supper

2:30 **PBS** *Young Forever*
with Mark Hyman, MD
Tips on longevity.

NC *Quilting Arts*
Fold & Twist

3:00 **NC** *Lap Quilting with Georgia Bonesteel*
Vive la France, Part 1
EX *America's Home Cooking: Sweets*
Kentucky Derby pie and chocolate biscotti.

YOU'RE INVITED!

Learn about free screenings, discussions and other community offerings at pbsnc.org/events.



Enjoy a Boogie Wonderland with **Earth, Wind & Fire: iHeart Radio Live**, Saturday, March 1, 8 PM, on PBS NC.

3:30 NC The Woodwright's Shop with Roy Underhill
A Crutch in Time L

4:00 NC American Woodshop
Chippendale High Boy Carvings & Turnings

4:30 PBS Joseph Campbell & the Power of Myth with Bill Moyers
The Hero's Adventure
NC America's Heartland
A final cattle drive.

5:00 NC Into the Outdoors
Into the History of Wolves
EX '60s & '70s Soul Celebration

5:30 NC Carolina Outdoor Journal
Surf Side Spanish L

6:00 NC Classic Gospel
Whitney Houston: I Go to the Rock—The Gospel Music of Whitney Houston

7:00 NC Song of the Mountains
The Wizards of Winter, Part 2

8:00 PBS Earth, Wind & Fire: iHeart Radio Live
Join the legendary band for a night of music and celebration.

NC Shaped by Sound
Nnenna Freelon L

EX Young Forever
with Mark Hyman, MD

8:30 NC Sonark Sessions: Live from the Barn
Yarn L

9:00 NC Austin City Limits
Gary Clark Jr./Black Pumas

9:30 PBS Kris Kristofferson: The Life & Songs
The singer-songwriter and friends in concert.

10:00 NC The Life of a Musician
Sammy Shelor
EX Memory Makeover
with Daniel Amen, MD

10:30 NC Freight Train Blues
Harvey Dalton Arnold L

11:00 PBS Shaped by Sound
Nnenna Freelon L

NC Art of Music
Sheryl Crow & Jason Isbell

11:30 PBS Sonark Sessions: Live from the Barn
Yarn L

2 SUNDAY

6 AM PBS Donkey Hodie DV

6:30 PBS Lyla in the Loop DV
NC Sit & Be Fit
Circulation

7:00 PBS Work It Out Wombats! DV
NC Classical Stretch: By Essentrics
Upper Back & Posture

7:30 PBS Daniel Tiger's Neighborhood DV
NC Wai Lana Yoga
Steady Now!

EX All-New Rock, Pop & Doo Wop
Little Richard, Jerry Lee Lewis and Frankie Valli.

8:00 PBS Carl the Collector
NC Classic Gospel
Whitney Houston: I Go to the Rock—The Gospel Music of Whitney Houston

8:30 PBS Wild Kratts
9:00 PBS This Old House
Ridgewood|All Quiet on the Kitchen Front
NC The Woodwright's Shop with Roy Underhill
A Crutch in Time L

9:30 PBS Ask This Old House
Beehives 101, Step Stool
NC For Your Home
Grand Entrances DV
EX '60s & '70s Soul Celebration

10:00 PBS ncIMPACT
Aging L
NC NC Weekend
Family Time L

10:30 PBS State Lines L
NC Sci NC
Nature's Wonders L

11:00 PBS America's Home Cooking: Sweets
NC My Home, NC
Amazing Animals L

11:30 NC The Key Ingredient
with Sheri Castle
Finding Our Blueberry Thrill L

Noon NC State Lines L



On **Kris Kristofferson: The Life & Songs**, Willie Nelson and an all-star cast of friends celebrate an American treasure, Saturday, March 1, 9:30 PM, on PBS NC.



The new series **Prue Leith's Cotswold Kitchen** shares recipes, tips and hacks, Sunday, March 2, 1 PM, on PBS NC.



Watch **Deconstructing the Beatles** to relive Beatlemania and the Fab Four's first appearance on *The Ed Sullivan Show*, Monday, March 3, 8 PM, on PBS NC.

12:30 **NC** **Black Issues Forum** ^L
EX **Young Forever**
with Mark Hyman, MD

1:00 **PBS** **Prue Leith's Cotswold Kitchen**
SERIES PREMIERE!
Sandi Toksvig

NC **Side by Side**
with Nido Qubein
Teena Piccione. ^L

1:30 **NC** **ncIMPACT**
Aging ^L

2:00 **NC** **NC Bookwatch**
Nortin Hadler. ^L

PBS **Prue Leith's Cotswold Kitchen**
Alison Hammond

2:30 **NC** **Carolina Outdoor Journal**
Surf Side Spanish ^L

EX **Memory Makeover**
with Daniel Amen, MD

3:00 **NC** **NC Weekend**
Family Time ^L

3:30 **PBS** **Side by Side**
with Nido Qubein
Teena Piccione. ^L

NC **Sci NC**
Nature's Wonders ^L

4:00 **PBS** **Black Issues Forum** ^L
NC **My Home, NC**
Amazing Animals ^L

4:30 **PBS** **State Lines** ^L
NC **The Key Ingredient**
with Sheri Castle
Finding Our Blueberry Thrill ^L

EX **Joseph Campbell & the Power of Myth**
with Bill Moyers
The Message of the Myth

5:00 **PBS** **Washington Week**
with The Atlantic

NC **Fresh Glass**
Camins 2 Dreams

5:30 **PBS** **PBS News Weekend**

NC **Cook's Country**
Cajun Country

6:00 **PBS** **Midsomer Murders: 25 Years of Mayhem**
A look back.

NC **State Lines** ^L

6:30 **NC** **Firing Line** with
Margaret Hoover

7:00 **PBS** **Great Performances**
Andrea Bocelli 30th: The Celebration

NC **PBS News Weekend**

7:30 **NC** **Black Issues Forum** ^L

8:00 **NC** **Finding Your Roots**

The Butterfly Effect

9:00 **PBS** **All Creatures Great & Small: The Wisdom of the Dales**
Cast and crew reflect on the series.

NC **American Experience**
Forgotten Hero: Walter White & the NAACP ^{DV}

10:30 **PBS** **This Land Is Your Land**
American folk music.

11:00 **NC** **We'll Meet Again**
Freedom Summer

11:30 **EX** **America Made with Love**

3 MONDAY

6 PM **PBS** **PBS News Hour**

NC **Laura Flanders & Friends**

EX **Burt Wolf: Travels & Traditions**
Morikami Museum & Japanese Gardens

6:30 **NC** **State Lines** ^L

EX **Samantha Brown's Places to Love**

Route 66: MO to OK

7:00 **PBS** **Hometowns**
Craig County, VA

NC **PBS News Hour**

EX **Rick Steves' Europe**
Central Turkey

7:30 **PBS** **My Home, NC**
Amazing Animals ^L

EX **Joseph Rosendo's Travelscope**

Tokyo, Japan: Celebrating the Past & Present ^{DV}

8:00 **PBS** **Deconstructing the Beatles**
The Beatles Come to America

NC **Beaufort Remembers**
Residents share memories of the town. ^L

EX **Before We Die**
Detective Hannah Laing launches a manhunt.

9:00 **NC** **NC Weekend**
Family Time ^L

EX **Before We Die**
Hannah investigates a family for murder.

9:30 **PBS** **Concert for George**
Paul McCartney, Ringo Starr and more pay tribute to George Harrison.

NC **My Home, NC**
Amazing Animals ^L

10:00 **NC** **Playing Like a Girl: The House That Rob Built**
A basketball dynasty built by a pioneering coach and girls from farms and reservations.
EX **Before We Die**
Stefan tells Davor that Christian is supplying info to the police.

11:00 **NC** Reel South
Veritas ^{DV, L}
EX Finding Your Roots
The Butterfly Effect
11:30 **PBS** Amanpour & Co.

4 TUESDAY

6 PM **PBS** PBS News Hour
NC nciMPACT
Aging ^L
EX America's
Test Kitchen
Spring Dinner for Two
6:30 **NC** Black Issues Forum ^L
EX Cook's Country
Jamaican Feast
7:00 **PBS** Side by Side
with Nido Qubein
Dan Barkin. ^L
NC PBS News Hour
EX Highclere:
Behind the Scenes
Christmas.
7:30 **PBS** NC Weekend
Family Time ^L
8:00 **PBS** Yellowstone
Symphony
A musical journey
through our first
national park.
NC The Key Ingredient
with Sheri Castle
Finding Our
Blueberry Thrill ^L
EX Secrets of
the Royal Palaces
Westminster
8:30 **NC** A Chef's Life
They Call 'em 'bagas ^L
9:00 **PBS** PBS News Special:
2025 State of the Union
Address
NC Milk Street's
My Family Recipe
My Mother's Calzone
EX Travels with Darley
Ellijay, Georgia
9:30 **NC** Cook's Country
Cajun Country
EX Rick Steves' Europe
Tuscany's Dolce Vita
10:00 **NC** America's
Test Kitchen
Brunch at Home
EX Samantha Brown's
Places to Love
Route 66: MO to OK
10:30 **NC** Travels with Darley
Ellijay, Georgia
EX America's Heartland
A blueberry farm.
11:00 **PBS** Amanpour & Co.

NC The Great
American Recipe
Moveable Feasts ^{DV}
EX Joseph Rosendo's
Travelscope
Sault Saint Marie,
Canada ^{DV}
11:30 **EX** In the Americas
with David Yetman
Tlaloc's Revenge:
Mexico City's
Hydrological Heritage

5 WEDNESDAY

6 PM **PBS** PBS News Hour
NC In Good Shape:
The Health Show
EX nciMPACT
Aging ^L
6:30 **NC** Getting Dot Older
Making Fine Art
EX Sci NC
Nature's Wonders ^L
7:00 **PBS** MotorWeek
NC PBS News Hour
EX Rick Steves' Europe
France's Loire:
Chateau Country
7:30 **PBS** Sci NC
Nature's Wonders ^L
EX America's
Test Kitchen
Spring Dinner for Two
8:00 **PBS** Nature
Attenborough's
Life Journey ^{DV}
NC My Home, NC
It's the Food Show, Y'all ^L
EX Cook's Country
Jamaican Feast
8:30 **NC** Hometowns
SEASON PREMIERE!
Floyd County, VA
EX Pati's Mexican Table
La Paz: The Heart
of Baja Sur
9:00 **NC** Antiques Roadshow
Idaho Botanical Garden,
Hour 3
EX The Key Ingredient
with Sheri Castle
Finding Our
Blueberry Thrill ^L
9:30 **PBS** Young Forever
with Mark Hyman, MD
EX Christina Cooks:
Back to the
Cutting Board
Muscle Power
10:00 **NC** Angels on
Horseback: Midwives
in the Mountains
The Frontier Nursing
Service.

EX Milk Street Television
Back Streets Rome
10:30 **EX** Burt Wolf:
Travels & Traditions
SEASON PREMIERE!
Farming for the Future
11:00 **PBS** Amanpour & Co.
NC Beaufort Remembers
EX Nature
Wild Ireland:
Kingdom of Stone ^{DV}

6 THURSDAY

6 PM **PBS** PBS News Hour
NC Side by Side
with Nido Qubein
Teena Piccione. ^L
EX Lidia's Kitchen
Think Seasonally
6:30 **NC** Carolina
Business Review
Weekly highlights.
EX Pati's Mexican Table
La Paz: The Heart
of Baja Sur
7:00 **PBS** Samantha Brown's
Places to Love
Route 66: OK City to TX
NC PBS News Hour
EX Rick Steves' Europe
Paris Side-Trips
7:30 **PBS** The Key Ingredient
with Sheri Castle
The Nice Thing About Rice ^L
EX Samantha Brown's
Places to Love
Route 66: MO to OK
8:00 **PBS** My Home, NC
It's the Food Show, Y'all ^L
NC Sci NC
Engineering Science ^L
EX Pioneers of Television
Westerns
8:30 **PBS** Sci NC
Engineering Science ^L
NC Exploring NC
Fords & Mills ^L
9:00 **PBS** NC Weekend
Art & Artists ^L
NC This American Land
Sage Grouse, Curlew
Grassland, Tribute to
Gary Striker
EX Pioneers of Television
Funny Ladies
9:30 **PBS** Shaped by Sound
Sonny Miles ^L
NC 10 Days in Watts
Legacy



On **Tony Bennett: Viva Duets**, hear classics like “For Once in My Life” in a new light, Thursday, March 6, 10 PM, on PBS NC.

- 10:00** **PBS** **Tony Bennett: Viva Duets**
The crooner sings with a roster of guests, including Gloria Estefan.
NC **American Experience**
Rachel Carson DV
EX **Pioneers of Television**
Superheroes
- 11:00** **PBS** **Amanpour & Co.**
EX **Joseph Rosendo's Travelscope**
Northwest Ontario: Lake Superior & Beyond DV
- 11:30** **EX** **In the Americas with David Yetman**
Medellin: A Colombian Transformation

7 FRIDAY

- 6 PM** **PBS** **PBS News Hour**
NC **NC Bookwatch**
Tony Earley. L
EX **Sara's Weeknight Meals**
Snacks for Dinner
- 6:30** **NC** **Comic Culture**
Comic book creators. L
EX **America's Test Kitchen**
Simple Chinese Staples
- 7:00** **PBS** **Black Issues Forum** L
NC **PBS News Hour**
EX **Rick Steves' Europe**
The Best of Israel
- 7:30** **PBS** **ncIMPACT**
Economic Development L
EX **The Key Ingredient with Sheri Castle**
The Nice Thing About Rice L
- 8:00** **PBS** **Washington Week with The Atlantic**



Tractor Wars examines the fight between Deere, Ford and International to build the first all-purpose tractor, Saturday, March 8, 11 AM, on PBS NC.

- NC** **NC Weekend**
Art & Artists L
EX **Call the Midwife**
Violet's first event as mayor. DV
- 8:30** **PBS** **State Lines** L
NC **The Key Ingredient with Sheri Castle**
The Nice Thing About Rice L
- 9:00** **EX** **Call the Midwife**
The pupil midwives prepare for finals. DV
PBS **Willie Nelson's 90th Birthday Celebration**
At the Hollywood Bowl.
- NC** **State Lines** L
9:30 **NC** **Black Issues Forum** L
EX **Midsomer Murders**
Death in Disguise, Part 1
- 10:00** **NC** **Side by Side with Nido Qubein**
Dan Barkin. L
- 10:30** **NC** **ncIMPACT**
Economic Development L
EX **Midsomer Murders**
Death in Disguise, Part 2
- 11:00** **PBS** **Amanpour & Co.**
NC **Questioning the Constitution**
Politicians and scholars discuss the Constitution.
- 11:30** **EX** **Shaped by Sound**
Sonny Miles L

8 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood** DV
- 6:30** **PBS** **Daniel Tiger's Neighborhood** DV
NC **Sit & Be Fit**
Somatosensory & Lymphatic Systems
- 7:00** **PBS** **Sesame Street** DV
- NC** **Classical Stretch: By Essentrics**
Knee Strengthening Workout DV
EX **America Made with Love**
- 7:30** **PBS** **Donkey Hodie** DV
NC **Wai Lana Yoga Energize!**
- 8:00** **PBS** **Pinkalicious & Peterrific** DV
NC **NC Weekend**
Art & Artists L
- 8:30** **PBS** **Molly of Denali** DV
NC **The Key Ingredient with Sheri Castle**
The Nice Thing About Rice L
EX **America's Test Kitchen Celebrates 25 Years**
- 9:00** **PBS** **Elinor**
Wonders Why DV
NC **State Lines** L
- 9:30** **PBS** **Nature Cat**
NC **Black Issues Forum** L
- 10:00** **PBS** **NC Weekend**
Art & Artists L
NC **Side by Side with Nido Qubein**
Dan Barkin. L
EX **Prue Leith's Cotswold Kitchen**
Sandi Toksvig
- 10:30** **PBS** **My Home, NC**
It's the Food Show, Y'all L
NC **ncIMPACT**
Economic Development L
- 11:00** **PBS** **Tractor Wars**
The race to build the first all-purpose tractor.
NC **Questioning the Constitution**
EX **Prue Leith's Cotswold Kitchen**
Alison Hammond



Women of World War II: The Untold Stories celebrates the women who cracked codes and built ships, Saturday, March 8, 6:30 PM, on the Explorer Channel.

Noon **NC** NC Weekend

Art & Artists **L**

12:30 **PBS** America

Made with Love

NC Sci NC

Engineering Science **L**

EX Aging Backwards 4: The Miracle of Flexibility with Miranda Esmonde-White

How movement is vital to every aspect of life.

1:00 **NC** My Home, NC

It's the Food Show, Y'all **L**

1:30 **NC** The Key Ingredient with Sheri Castle

The Nice Thing About Rice **L**

EX Get Good with Money with Tiffany Aliche

2:00 **PBS** Prue Leith's

Cotswold Kitchen

Sandi Toksvig

NC Jazzy Vegetarian

Cooking for Kiddos

2:30 **NC** Quilting Arts

Out-of-the-Box

Possibilities

3:00 **NC** Lap Quilting with

Georgia Bonesteel

Vive la France, Part 2 **L**

EX Deconstructing the Beatles

The Beatles Come to America

PBS Prue Leith's

Cotswold Kitchen

Alison Hammond

3:30 **NC** The Woodwright's

Shop with Roy Underhill

Hancock Pedestal Table **L**

4:00 **NC** American Woodshop

Finishing for the Ages/

Queen Anne Low Boy Finish



Head back to the Age of Aquarius with The 5th Dimension and other artists on **Best of the '60s**, Saturday, March 8, 8 PM, on PBS NC.

4:30 **PBS** Joseph Campbell & the Power of Myth with Bill Moyers

The Message of the Myth

NC America's Heartland

Helping farmers with disabilities.

EX Concert for George

5:00 **NC** Into the Outdoors

Into Recycling:

Scrap Tires

5:30 **NC** Carolina

Outdoor Journal

Currituck Crappie **L**

6:00 **NC** Classic Gospel

Power in the Blood

6:30 **EX** Women of

World War II: The Untold Stories

The secret weapon that won the war.

7:00 **NC** Song of the

Mountains

Always Loretta

8:00 **PBS** Best of the '60s

The Kingsmen and Steppenwolf.

NC Shaped by Sound

Sonny Miles **L**

EX Henry Louis Gates, Jr.:

The Fabric of America

Explore the work of the renowned historian.

8:30 **NC** Sonark Sessions:

Live from the Barn

Jesse Fox **L**

9:00 **NC** Austin City Limits

Maggie Rogers/

Gracie Abrams

9:30 **EX** Young Forever

with Mark Hyman, MD

10:00 **NC** The Life of a Musician

Larry Cordle

10:30 **PBS** Deconstructing

the Beatles

The Beatles Come to America

NC Freight Train Blues

Johnny Ray Daniels **L**

11:00 **PBS** Shaped by Sound

Sonny Miles **L**

NC Queen of Swing

The life of Jazz Age trailblazer Norma Miller.

11:30 **PBS** Sonark Sessions:

Live from the Barn

Jesse Fox **L**

EX Best of the '60s

9 SUNDAY

6 AM **PBS** Donkey Hodie **DV**

6:30 **PBS** Lyla in the Loop **DV**

NC Sit & Be Fit

Neglected Areas of Body

7:00 **PBS** Work It Out

Wombats! **DV**

NC Classical Stretch:

By Essentrics

Relieve Neck Pain

7:30 **PBS** Daniel Tiger's

Neighborhood **DV**

NC Wai Lana Yoga

Get the Kinks Out

8:00 **PBS** Carl the Collector

NC Classic Gospel

Power in the Blood

8:30 **PBS** Wild Kratts

9:00 **PBS** This Old House

Ridgewood

Flooring Features &

a Rocking Fountain

NC The Woodwright's

Shop with Roy Underhill

Hancock Pedestal Table **L**

9:30 **PBS** Ask This Old House

Paint Wainscoting, Sandbox

NC For Your Home

Don't Forget the Yard **DV**

10:00 **PBS** ncIMPACT

Economic Development **L**

NC NC Weekend

Art & Artists **L**

EX Best of the '60s



On **Ella Fitzgerald Live in Montreux 1969**, the First Lady of Song shows off her versatility, Sunday, March 9, 8:30 PM, on the Explorer Channel.



The Philadelphia Eleven looks at the trailblazers who challenged the very essence of patriarchy within Christendom, Sunday, March 9, 9 PM, on the North Carolina Channel.

10:30 **PBS** **State Lines** L

NC **Sci NC**

Engineering Science L

11:00 **PBS** **Aging Backwards 4: The Miracle of Flexibility with Miranda Esmonde-White**

NC **My Home, NC**

It's the Food Show, Y'all L

11:30 **NC** **The Key Ingredient with Sheri Castle**

The Nice Thing About Rice L

Noon **PBS** **America's Test Kitchen Celebrates 25 Years**

NC **State Lines** L

12:30 **NC** **Black Issues Forum** L

EX **Prue Leith's Cotswold Kitchen**

Sandi Toksvig

1:00 **NC** **Side by Side with Nido Qubein**

Dan Barkin. L

1:30 **PBS** **Young Forever with Mark Hyman, MD**

NC **ncIMPACT**

Economic Development L

2:00 **NC** **NC Bookwatch**

Tony Earley. L

2:30 **NC** **Carolina**

Outdoor Journal

Currituck Crappie L

3:00 **NC** **NC Weekend**

Art & Artists L

EX **All Creatures Great & Small: The Wisdom of the Dales**

3:30 **PBS** **Side by Side with Nido Qubein**

Dan Barkin. L

NC **Sci NC**

Engineering Science L

4:00 **PBS** **Black Issues Forum** L

NC **My Home, NC**

It's the Food Show, Y'all L

4:30 **PBS** **State Lines** L

NC **The Key Ingredient**

with Sheri Castle

The Nice Thing About Rice L

EX **Best of the '60s**

5:00 **PBS** **Washington Week with The Atlantic**

NC **Fresh Glass**

A Thirst for Giving

5:30 **PBS** **PBS News Weekend**

NC **Cook's Country**

Cast Iron Everything

6:00 **PBS** **Willie Nelson's 90th Birthday Celebration**

NC **State Lines** L

6:30 **NC** **Firing Line with Margaret Hoover**

7:00 **NC** **PBS News Weekend**

EX **Showstoppers! Great Women of TV Variety**

Classic performances from Carol Burnett, Lily Tomlin and more.

7:30 **NC** **Black Issues Forum** L

8:00 **PBS** **50 Years with Peter, Paul & Mary**

Performances through the years.

NC **Finding Your Roots**

The New World

8:30 **EX** **Ella Fitzgerald Live in Montreux 1969**

The singer's debut at the Montreux Jazz Festival.

9:00 **NC** **The Philadelphia Eleven**

How a group of women in the Episcopal Church shared a call to become priests.

10:00 **PBS** **Concert for George**

EX **Classical Rewind**

10:30 **NC** **American Masters**

Twyla Moves DV

11:30 **EX** **'60s & '70s Soul Celebration**

10 MONDAY

6 PM **PBS** **PBS News Hour**

NC **Laura Flanders & Friends**

EX **Burt Wolf: Travels & Traditions**

Just Desserts in the Palm Beaches

6:30 **NC** **State Lines** L

EX **Samantha Brown's Places to Love**

Route 66: Oklahoma City to Texas

7:00 **PBS** **Focus On**

An interview with a university chancellor.

NC **PBS News Hour**

EX **Rick Steves' Europe**

Palestine

7:30 **PBS** **My Home, NC**

It's the Food Show, Y'all L

EX **Joseph Rosendo's Travelscope**

The Bonin/Ogasawara Islands: A Land Far, Far Away DV

8:00 **PBS** **'60s & '70s Soul Celebration**

NC **America's First Forest:**

Carl Schenck & the Asheville Experiment

The American conservation movement.

EX **Before We Die**

Bianca discovers what happened to Stefan.

9:00 **NC** **NC Weekend**

Art & Artists L

EX Before We Die

Hannah and Billy learn how the Mimicas plan to smuggle drugs.

9:30 NC My Home, NC
It's the Food Show, Y'all ^L

10:00 NC Something in the Water: A Kinston Basketball Story
How basketball provides kids with opportunities in ENC.

EX Before We Die
The police try to bust the Mimicas' operation.

10:30 NC Senior Night
A student's final basketball game.

11:00 PBS Amanpour & Co.
NC Reel South
In Exile/It's in the Voices/Fallout/Finding Us ^{DV, L}
EX Finding Your Roots
The New World

11 TUESDAY

6 PM PBS PBS News Hour
NC ncIMPACT
Economic Development ^L

EX America's Test Kitchen
Simple Chinese Staples

6:30 NC Black Issues Forum ^L
EX Cook's Country
Cast Iron Everything

7:00 PBS Side by Side with Nido Qubein ^L
NC PBS News Hour
EX Adrian Dunbar: My Ireland
Adrian's journey starts in County Donegal.

7:30 PBS NC Weekend
Art & Artists ^L

8:00 PBS Ken Burns: The Civil War
A look at the landmark documentary.
NC The Key Ingredient with Sheri Castle
The Nice Thing About Rice ^L

EX Secrets of the Royal Palaces
Windsor Castle

8:30 NC A Chef's Life
Gone Clamming, Part I ^L

9:00 NC Milk Street's My Family Recipe
My Grandmother's Christmas Popovers
EX Travels with Darley
New Mexico: Albuquerque to Ruidoso

9:30 PBS Ken Burns: The National Parks
The beauty of our nation's parks.

NC Cook's Country
Cast Iron Everything

EX Rick Steves' Europe
Italy's Great Hill Towns

10:00 NC America's Test Kitchen
Simple Chinese Staples
EX Samantha Brown's Places to Love
Route 66: Oklahoma City to Texas

10:30 NC Travels with Darley
New Mexico: Albuquerque to Ruidoso
EX America's Heartland
A cornbread festival.

11:00 PBS Amanpour & Co.
NC The Great American Recipe
Party on a Plate
EX Joseph Rosendo's Travelscope
Thousand Islands: A Canadian Binational Adventure ^{DV}

11:30 EX In the Americas with David Yetman
Baroque Pipe Organs of Oaxaca

12 WEDNESDAY

6 PM PBS PBS News Hour
NC In Good Shape: The Health Show
EX ncIMPACT
Economic Development ^L

6:30 NC Getting Dot Older
Honoring Ancestors
EX Sci NC
Engineering Science ^L

7:00 PBS MotorWeek
NC PBS News Hour
EX Rick Steves' Europe
Italy's Riviera: Cinque Terre

7:30 PBS Sci NC
Engineering Science ^L
EX America's Test Kitchen
Simple Chinese Staples

8:00 PBS Great Scenic Railway Journeys 30th Anniversary Special
A glimpse into our nation's railroad history.
NC My Home, NC
Life-Changing Legacies ^L
EX Cook's Country
Cast Iron Everything

8:30 NC Hometowns
Townsend, TN
EX Pati's Mexican Table
Road Trippin' with Javier Plascencia

9:00 NC Antiques Roadshow
Shelburne Museum, Hour 3
EX The Key Ingredient with Sheri Castle
The Nice Thing About Rice ^L

9:30 EX Fresh Glass
Camins 2 Dreams

10:00 PBS Memory Makeover with Daniel Amen, MD
NC Local 1196:

A Steelworkers Strike
A labor strike in PA.
EX Milk Street Television
New Cookie Classics

10:30 EX Burt Wolf: Travels & Traditions
Morikami Museum & Japanese Gardens

11:00 NC America's First Forest: Carl Schenck & the Asheville Experiment
EX Human Footprint
Strangers in Paradise ^{DV}

11:30 PBS Amanpour & Co.

13 THURSDAY

6 PM PBS PBS News Hour
NC Side by Side with Nido Qubein
Dan Barkin. ^L
EX Lidia's Kitchen
Take the Time

6:30 NC Carolina Business Review ^L
EX Pati's Mexican Table
Road Trippin' with Javier Plascencia

7:00 PBS Family Travel with Colleen Kelly
Greater Fort Lauderdale, Florida
NC PBS News Hour
EX Rick Steves' Europe
Italy's Veneto: Verona, Padua & Ravenna

7:30 PBS The Key Ingredient with Sheri Castle
Figs Galore ^L
EX Samantha Brown's Places to Love
Route 66: Oklahoma City to Texas

8:00 PBS My Home, NC
Life-Changing Legacies ^L
NC Sci NC
New Perspectives ^L
EX Pioneers of Television
Doctors & Nurses

- 8:30** **PBS** **Sci NC**
New Perspectives L
NC **Exploring NC**
Cradle of Forestry L
- 9:00** **PBS** **NC Weekend**
A Book Crawl Across the State L
NC **This American Land**
Safer Passage, Going for the Green, King of Camouflage
EX **Pioneers of Television**
Science Fiction
- 9:30** **PBS** **Shaped by Sound**
Alice Gerrard L
NC **10 Days in Watts**
We Are Taught to Survive
- 10:00** **PBS** **John Denver's Rocky Mountain High**
The 50th anniversary of the iconic song.
NC **Fossil Country**
Fossil hunters in Wyoming change what we know about the Earth.
EX **Pioneers of Television**
Sitcoms
- 11:00** **NC** **H2O: The Molecule That Made Us**
Pulse
EX **Joseph Rosendo's Travelscope**
Northeast Ontario: Canada's Canoe Culture & First Nations People DV
- 11:30** **PBS** **Amanpour & Co.**
EX **In the Americas with David Yetman**
Ancestors of the Ancient Mayas

14 FRIDAY

- 6 PM** **PBS** **PBS News Hour**
NC **NC Bookwatch**
Louise Hawes. L
EX **Sara's Weeknight Meals**
5-Ingredient Surf 'n' Turf
- 6:30** **NC** **Comic Culture** L
EX **America's Test Kitchen**
Pork Chops & Oven Fries
- 7:00** **PBS** **Black Issues Forum** L
NC **PBS News Hour**
EX **Rick Steves' Europe**
Amsterdam
- 7:30** **PBS** **ncIMPACT**
Housing L
EX **The Key Ingredient with Sheri Castle**
Figs Galore L
- 8:00** **EX** **Call the Midwife**
An unexpected visitor. DV



The new PBS NC music series **Shaped by Sound** spotlights folk icon Alice Gerrard, Thursday, March 13, 9:30 PM.

- PBS** **Washington Week with The Atlantic**
NC **NC Weekend**
A Book Crawl Across the State L
- 8:30** **PBS** **State Lines** L
NC **The Key Ingredient with Sheri Castle**
Figs Galore L
- 9:00** **EX** **Call the Midwife**
Mother of the Year. DV
PBS **Best of the '60s**
NC **State Lines** L
- 9:30** **NC** **Black Issues Forum** L
EX **Midsomer Murders**
Death's Shadow, Part 1
- 10:00** **NC** **Side by Side with Nido Qubein** L
- 10:30** **NC** **ncIMPACT**
Housing L
EX **Midsomer Murders**
Death's Shadow, Part 2
- 11:00** **NC** **Rule**
A successful high school in Newark, NJ. DV
- 11:30** **PBS** **Amanpour & Co.**
EX **Shaped by Sound**
Alice Gerrard L

15 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood** DV
- 6:30** **PBS** **Daniel Tiger's Neighborhood** DV
NC **Sit & Be Fit**
Heel-to-Toe Functional Fitness
EX **All-New Rock, Pop & Doo Wop**
- 7:00** **PBS** **Sesame Street** DV
NC **Classical Stretch: By Essentrics**
Increase Balance Workout DV
- 7:30** **PBS** **Donkey Hodie** DV
NC **Wai Lana Yoga**
Breathe Easy!
- 8:00** **PBS** **Pinkalicious & Peterrific** DV
NC **NC Weekend**
A Book Crawl Across the State L
- 8:30** **PBS** **Molly of Denali** DV
NC **The Key Ingredient with Sheri Castle**
Figs Galore L
EX **'60s & '70s Soul Celebration**
- 9:00** **PBS** **Elinor Wonders Why** DV
NC **State Lines** L
- 9:30** **PBS** **Nature Cat**
NC **Black Issues Forum** L
- 10:00** **PBS** **NC Weekend**
A Book Crawl Across the State L
NC **Side by Side with Nido Qubein** L
- 10:30** **PBS** **My Home, NC**
Life-Changing Legacies L
NC **ncIMPACT**
Housing L
- 11:00** **PBS** **Young Forever with Mark Hyman, MD**
NC **Rule** DV
- 11:30** **EX** **Get Good with Money with Tiffany Aliche**
- 12:30** **NC** **Sci NC**
New Perspectives L
- 1:00** **PBS** **America's Home Cooking: Sweets**
NC **My Home, NC**
Life-Changing Legacies L
EX **Memory Makeover with Daniel Amen, MD**
- 1:30** **NC** **The Key Ingredient with Sheri Castle**
Figs Galore L
- 2:00** **NC** **Jazzy Vegetarian**
Now That's Italian!
- 2:30** **NC** **Quilting Arts**
Stitching Realism
- 3:00** **PBS** **Memory Makeover with Daniel Amen, MD**
NC **Lap Quilting with Georgia Bonesteel**
Spring Forth with Flowers
EX **Ken Burns: The Civil War**
- 3:30** **NC** **The Woodwright's Shop with Roy Underhill**
Brian Boggs, Chairmaker L
- 4:00** **NC** **American Woodshop**
The Go-To Corner Chair
- 4:30** **NC** **America's Heartland**
A Montana family finds success with farming and fishing.



Pride & joy: Watch **Stevie Ray Vaughan & Double Trouble Live** at the El Mocambo, Saturday, March 15, 9:30 PM, on the Explorer Channel.



Celebrate Bob Marley's 80th birthday by watching **The Marley Brothers: The Legacy Concert**, Saturday, March 15, 11 PM, on the Explorer Channel.

EX Ken Burns:

The National Parks

5:00 **PBS** **Why You Like It: Decoding Musical Taste**

NC **Untamed**
Bears

5:30 **NC** **Carolina Outdoor Journal**
Short Term Ladyfish L

6:00 **NC** **Classic Gospel**
Reba McEntire: My Chains Are Gone: Hymns & Gospel

EX **Mustangs: America's Wild Horses**
The future of an icon.

6:30 **PBS** **Moments to Remember**
Legends of the late '50s and '60s pop era.

7:00 **NC** **Song of the Mountains**
ETSU Bluegrass Progression Band/Becky Buller Band

8:00 **NC** **Shaped by Sound**
Alice Gerrard L
EX **Earth, Wind & Fire: iHeart Radio Live**

8:30 **NC** **Sonark Sessions: Live from the Barn**
The Connells L

9:00 **PBS** **50 Years with Peter, Paul & Mary**
NC **Austin City Limits**
Jacob Collier/Nickel Creek

9:30 **EX** **Stevie Ray Vaughan & Double Trouble Live at the El Mocambo**
A performance from Vaughan's early days.

10:00 **NC** **The Life of a Musician**
Alisha Nugent

10:30 **NC** **Best of Echo Sessions**
Ghost Light

11:00 **PBS** **Shaped by Sound**

Alice Gerrard L

NC **Fat Boy: The Billy Stewart Story**
The journey of the R&B balladeer.

EX **The Marley Brothers: The Legacy Concert**
A celebration in honor of Bob Marley's 80th birthday.

11:30 **PBS** **Sonark Sessions: Live from the Barn**
The Connells L

16 SUNDAY

6 AM **PBS** **Donkey Hodie** DV

6:30 **PBS** **Lyla in the Loop** DV
NC **Sit & Be Fit**
Body Alignment & Core Strengthening

7:00 **PBS** **Work It Out Wombats!** DV
NC **Classical Stretch: By Essentrics**
Stress Release

EX **Memory Makeover with Daniel Amen, MD**

7:30 **PBS** **Daniel Tiger's Neighborhood** DV
NC **Wai Lana Yoga**
Get the Edge with Yoga

8:00 **PBS** **Carl the Collector**
NC **Classic Gospel**
Reba McEntire: My Chains Are Gone: Hymns & Gospel

8:30 **PBS** **Wild Kratts**

9:00 **PBS** **This Old House**
Ridgewood/Sugar Maple Revival
NC **The Woodwright's Shop with Roy Underhill**
Brian Boggs, Chairmaker L

EX **Young Forever with Mark Hyman, MD**

9:30 **PBS** **Ask This Old House**
3D-Printed Homes, Square Bowl

NC **For Your Home**
Working in Style DV

10:00 **PBS** **ncIMPACT**
Housing L

NC **NC Weekend**
A Book Crawl Across the State L

10:30 **PBS** **State Lines** L
NC **Sci NC**
New Perspectives L

EX **Rick Steves**
Fascism in Europe
How fascism rose and fell in Europe.

11:00 **PBS** **Easy Yoga: The Secret to Strength & Balance with Peggy Cappy**
How yoga can increase strength at any age.

NC **My Home, NC**
Life-Changing Legacies L

11:30 **NC** **The Key Ingredient with Sheri Castle**
Figs Galore L

Noon **PBS** **Great Scenic Railway Journeys 30th Anniversary Special**
NC **State Lines** L

EX **Rick Steves' Europe: Great German Cities**
Hamburg, Dresden, Leipzig, Frankfurt and Nürnberg.

12:30 **NC** **Black Issues Forum** L

1:00 **NC** **Side by Side with Nido Qubein** L

1:30 **NC** **ncIMPACT**
Housing L

2:00 **PBS** **Get Good with Money with Tiffany Aliche**
NC **NC Bookwatch**
Louise Hawes. L

2:30 **EX** **Classical Rewind**
NC **Carolina Outdoor Journal**
Short-Term Ladyfish L

3:00 **NC** **NC Weekend**
A Book Crawl Across the State L

3:30 **PBS** **Side by Side with Nido Qubein** L
NC **Sci NC**
New Perspectives L

EX **Why You Like It: Decoding Musical Taste**

- 4:00 **PBS** Black Issues Forum **L**
NC My Home, NC
Life-Changing Legacies **L**
- 4:30 **PBS** State Lines **L**
NC The Key Ingredient
 with Sheri Castle
Figs Galore **L**
- 5:00 **PBS** Washington Week
 with The Atlantic
NC Fresh Glass
Who's the Winemaker
EX Deconstructing
 the Beatles
*The Beatles Come
 to America*
- 5:30 **PBS** PBS News
 Weekend
NC Cook's Country
New England for Everyone
- 6:00 **PBS** Celtic Woman 20th
 Anniversary Concert
 A concert of Irish music
 filmed in Dublin.
NC State Lines **L**
- 6:30 **NC** Firing Line with
 Margaret Hoover
EX This Land Is Your Land
- 7:00 **NC** PBS News Weekend
- 7:30 **NC** Black Issues Forum **L**
- 8:00 **PBS** '60s & '70s
 Soul Celebration
NC Finding Your Roots
Laughing on the Inside
EX 50 Years with Peter,
 Paul & Mary
- 9:00 **NC** American Masters
Becoming Helen Keller **DV**
- 10:00 **EX** Memory Makeover
 with Daniel Amen, MD
- 10:30 **NC** Great Performances
Black Lucy & the Bard
- 11:00 **PBS** Memory Makeover
 with Daniel Amen, MD

17 MONDAY

- 6 PM **PBS** PBS News Hour
NC Laura Flanders
 & Friends
EX Burt Wolf:
 Travels & Traditions
*What's Cooking
 in Guatemala*
- 6:30 **NC** State Lines **L**
EX Samantha Brown's
 Places to Love
Northern Costa Rica
- 7:00 **PBS** The Key Ingredient
 with Sheri Castle
Field Guide to Field Peas **L**
NC PBS News Hour
EX Rick Steves' Europe
*The Netherlands Beyond
 Amsterdam*

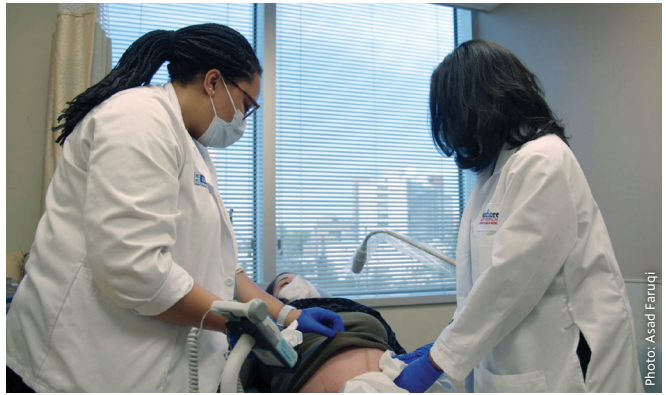


Photo: Asad Faruqi

Witness a year in the life of medical students on **The Calling: A Medical School Journey**, Monday, March 17, 10 PM, on PBS NC.

- 7:30 **PBS** My Home, NC
Life-Changing Legacies **L**
EX Joseph Rosendo's
 Travelscope
*Bhutan, Part 1: Gross
 National Happiness* **DV**
- 8:00 **PBS** Antiques Roadshow
Living History Farms, Hour 3
NC Theirs Is the Kingdom
 A mural inside a church
 in Asheville. **L**
EX Adrian Dunbar:
 My Ireland
 County Donegal.
- 9:00 **PBS** Antiques Roadshow
Bismarck, Hour 2
NC NC Weekend
*A Book Crawl Across
 the State* **L**
EX Adrian Dunbar:
 My Ireland
 Chef Tom Kerridge
 shows Adrian his estate.
- 9:30 **NC** My Home, NC
Life-Changing Legacies **L**
- 10:00 **PBS** The Calling: A
 Medical School Journey
 Medical students at
 Albert Einstein College
 of Medicine in NY.
NC One Night in March
 Mississippi State's
 basketball program
 during the civil rights
 movement.
EX Ireland's Wild Coast
 Ireland's Atlantic coast.
- 10:30 **NC** Changes in the Wind
 Whirligigs rebuild an
 old tobacco town. **L**
- 11:00 **NC** Reel South
The Only Doctor **DV, L**
EX Ireland's Wild Coast
 Clew Bay, Donegal
 and the coast of
 Northern Ireland.
- 11:30 **PBS** Amanpour & Co.

18 TUESDAY

- 6 PM **PBS** PBS News Hour
NC ncIMPACT
Housing **L**
EX America's
 Test Kitchen
Pork Chops & Oven Fries
- 6:30 **NC** Black Issues Forum **L**
EX Cook's Country
*Saucy Italian-Inspired
 Dinners*
- 7:00 **PBS** Side by Side
 with Nido Qubein **L**
NC PBS News Hour
EX Adrian Dunbar:
 My Ireland
 Chef Tom Kerridge
 shows Adrian his estate.
- 7:30 **PBS** NC Weekend
*A Book Crawl Across
 the State* **L**
- 8:00 **PBS** Finding Your Roots
Born to Sing
NC The Key Ingredient
 with Sheri Castle
Figs Galore **L**
EX Secrets of
 the Royal Palaces
Greenwich Palace
- 8:30 **NC** A Chef's Life
Gone Clamming, Part 2 **L**
- 9:00 **PBS** American Experience
Fly with Me **DV**
NC How She Rolls
How She Rolls **DV**
EX Travels with Darley
Illinois Great River Road
- 9:30 **NC** Cook's Country
*Saucy Italian-Inspired
 Dinners*
EX Rick Steves' Europe
 Vienna
- 10:00 **NC** America's
 Test Kitchen
Pork Chops & Oven Fries

- EX** Samantha Brown's
Places to Love
Northern Costa Rica
- 10:30 NC** Travels with Darley
Illinois Great River Road
- EX** America's Heartland
New potato varieties.
- 11:00 PBS** Amanpour & Co.
NC The Great
American Recipe
Mix It Up DV
- EX** Joseph Rosendo's
Travelscope
San Antonio's Fiesta: Olé! DV
- 11:30 EX** In the Americas
with David Yetman
*From the San Juans to
Moab by Mountain Bike*

19 WEDNESDAY

- 6 PM PBS** PBS News Hour
NC In Good Shape:
The Health Show
EX nclMPACT
Housing L
- 6:30 NC** Getting Dot Older
Singing the Blues
EX Sci NC
New Perspectives L
- 7:00 PBS** MotorWeek
NC PBS News Hour
EX Rick Steves' Europe
Prague
- 7:30 PBS** Sci NC
New Perspectives L
EX America's
Test Kitchen
Pork Chops & Oven Fries
- 8:00 PBS** Nature
*The Elephant & the
Termite* DV
NC My Home, NC
Creative Fire L
EX Cook's Country
*Saucy Italian-Inspired
Dinners*
- 8:30 NC** Hometowns
Ridgway, PA
EX Pati's Mexican Table
*The Godmother of
Cabo Cuisine*
- 9:00 PBS** Nova
Building the Eiffel Tower DV
NC Antiques Roadshow
*Vintage Hartford 2023,
Hour 1*
EX The Key Ingredient
with Sheri Castle
Figs Galore L
- 9:30 EX** Fresh Glass
A Thirst for Giving



Shaking It Up: The Life & Times of Liz Carpenter looks at a woman who was often front and center where history was unfolding. Thursday, March 20, 10 PM, on the Explorer Channel.

- 10:00 PBS** Weathered: Inside
the LA Firestorm
Explore what caused the
2025 LA wildfires.
NC Ida B. Wells:
American Stories
The story of the
journalist, civil rights
leader and suffragist.
EX Milk Street Television
Chicken Paprikash
- 10:30 EX** Burt Wolf:
Travels & Traditions
*Just Desserts in the
Palm Beaches*
- 11:00 PBS** Amanpour & Co.
NC Theirs Is the
Kingdom L
EX Human Footprint
The Replacements DV

20 THURSDAY

- 6 PM PBS** PBS News Hour
NC Side by Side
with Nido Qubein L
EX Lidia's Kitchen
A Frugal Feast
- 6:30 NC** Carolina
Business Review L
EX Pati's Mexican Table
*The Godmother of
Cabo Cuisine*
- 7:00 PBS** Family Travel
with Colleen Kelly
Galveston Island, Texas
NC PBS News Hour
EX Rick Steves' Europe
Berlin
- 7:30 PBS** The Key Ingredient
with Sheri Castle
The Egg Comes First L
EX Samantha Brown's
Places to Love
Northern Costa Rica

- 8:00 PBS** My Home, NC
Creative Fire L
NC Sci NC
Flight Science L
EX American Experience
Fly with Me DV
- 8:30 PBS** Sci NC
Flight Science L
NC Exploring NC
Works in Progress L
- 9:00 PBS** NC Weekend
The Holiday Season L
NC This American Land
*Ropeless Fishing to Save
Whales, Women Hikers
Give Back, Preserving
Original Homesteads*
- 9:30 PBS** Shaped by Sound
Mipso L
NC 10 Days in Watts
Watts Pride
- 10:00 PBS** Reel South
*For the Record/
I'm the Girl* DV, L
NC Cultivating the Wild
Southerners reclaiming
the South through art,
science and culture.
EX Shaking It Up:
The Life & Times of
Liz Carpenter
The story of the
trailblazing Texan.
- 11:00 PBS** Amanpour & Co.
NC H2O: The Molecule
That Made Us
Civilizations
EX Joseph Rosendo's
Travelscope
*Following the Reforma-
tion Trail in Switzerland
& Germany, Part 1* DV
- 11:30 EX** In the Americas
with David Yetman
Islands in the Desert

21 FRIDAY

- 6 PM PBS** PBS News Hour
NC NC Bookwatch
Nancy Peacock L
EX Sara's
Weeknight Meals
No Meat, All Flavor
- 6:30 NC** Comic Culture L
EX America's
Test Kitchen
Chicken & Biscuits
- 7:00 PBS** Black Issues Forum L
NC PBS News Hour
EX Rick Steves' Europe
*Germany's Hamburg &
the Luther Trail*



Discovering Maggie Smith looks at the career of one of Britain's most prolific actresses, Friday, March 21, 9 PM, on PBS NC.



Great Performances at the Met presents *Grounded*, an opera about the quandaries and toll of modern warfare, Friday, March 21, 10 PM, on PBS NC.

Photo: Ken Howard

- 7:30** **PBS** **ncIMPACT**
Youth & Education L
EX **The Key Ingredient**
with Sheri Castle
The Egg Comes First L
- 8:00** **PBS** **Washington Week**
with The Atlantic
NC **NC Weekend**
The Holiday Season L
EX **Call the Midwife**
Holiday Special DV
- 8:30** **PBS** **State Lines** L
NC **The Key Ingredient**
with Sheri Castle
The Egg Comes First L
- 9:00** **PBS** **Discovering**
Maggie Smith
The remarkable career
of Dame Maggie Smith.
NC **State Lines** L
- 9:30** **NC** **Black Issues Forum** L
EX **Midsomer Murders**
Strangers Wood, Part 1
- 10:00** **PBS** **Great Performances**
at the Met
Grounded
NC **Side by Side**
with Nido Qubein L
EX **Midsomer Murders**
Strangers Wood, Part 2
- 10:30** **NC** **ncIMPACT**
Youth & Education L
- 11:00** **NC** **Dismantling**
Democracy
America, Land of the Free?
- 11:30** **EX** **Shaped by Sound**
Mipso L

22 SATURDAY

- 6 AM** **PBS** **Mister Rogers'**
Neighborhood
EX **Carolina**
Outdoor Journal
Bass'n with Frogs L
- 6:30** **PBS** **Daniel Tiger's**
Neighborhood DV

- NC** **Sit & Be Fit**
Brain & Balance
EX **Dream of Europe**
Albania
- 7:00** **PBS** **Sesame Street** DV
NC **Classical Stretch:**
By Essentrics
Full-Body Strengthening
EX **Travels with Darley**
*Chicago Architecture &
the Magnificent Mile*
- 7:30** **PBS** **Donkey Hodie** DV
NC **Wai Lana Yoga**
Easy Stress Relief
EX **Rick Steves' Europe**
*Dubrovnik & Balkan
Side-Trips*
- 8:00** **PBS** **Pinkalicious**
& **Peterrific** DV
NC **NC Weekend**
The Holiday Season L
EX **Nature**
*The Elephant & the
Termite* DV
- 8:30** **PBS** **Molly of Denali** DV
NC **The Key Ingredient**
with Sheri Castle
The Egg Comes First L
- 9:00** **PBS** **Elinor**
Wonders Why DV
NC **State Lines** L
EX **Nova**
Building the Eiffel Tower DV
- 9:30** **PBS** **Nature Cat**
NC **Black Issues Forum** L
- 10:00** **PBS** **NC Weekend**
The Holiday Season L
NC **Side by Side**
with Nido Qubein L
EX **Lidia's Kitchen**
A Frugal Feast
- 10:30** **PBS** **My Home, NC**
Creative Fire L
NC **ncIMPACT**
Youth & Education L

- EX** **A Taste of History**
*Dushi Delights & Beachside
Bites Curacao, Caribbean*
- 11:00** **PBS** **Garden Smart**
*50 Acres & 20 Million
Daffodils: A Lot to Learn*
NC **Dismantling**
Democracy
America, Land of the Free?
EX **Milk Street Television**
Mexico's Riviera
- 11:30** **PBS** **Homemade Live!**
Off the Eaten Path
EX **Milk Street's**
My Family Recipe
Baa's Crunchy Pooris
- Noon** **PBS** **A Taste of History**
*A Pioneer Palate
Colorado Springs*
NC **NC Weekend**
The Holiday Season L
EX **Sara's**
Weeknight Meals
No Meat, All Flavor
- 12:30** **PBS** **Ireland with Michael**
Iowish
NC **Sci NC**
Flight Science L
EX **Good Road**
Havana, Cuba: Cuba Inc.
- 1:00** **PBS** **Antiques Roadshow**
Living History Farms, Hour 3
NC **My Home, NC**
Creative Fire L
EX **NC Weekend**
The Holiday Season L
- 1:30** **NC** **The Key Ingredient**
with Sheri Castle
The Egg Comes First L
EX **Fresh Glass**
Neighborhood Brewing
- 2:00** **PBS** **Rick Steves' Europe**
Berlin
NC **Jazzy Vegetarian**
Rockin' Vegan Burger

EX **Adrian Dunbar:**
My Ireland
Chef Tom Kerridge shows Adrian his estate.

2:30 **PBS** **Samantha Brown's Places to Love**
Route 66: MO to OK

NC **Quilting Arts**
Applique Two Ways

3:00 **PBS** **Travels with Darley**
New Jersey's Silk City & Baseball

NC **Lap Quilting with Georgia Bonesteel**
Summertime Stitches

EX **Secrets of the Royal Palaces**
Greenwich Palace

3:30 **PBS** **Woodsmith Shop**
Limbert-Style Bookcase

NC **A Woodwright's Shop with Roy Underhill**
Corner Cupboard, Part 1

4:00 **PBS** **This Old House**
Ridgewood|Colonial Revival with Modern Flair

NC **American Woodshop**
Easy Inlay Turned Boxes

EX **Dream of Europe**
Albania

4:30 **PBS** **Ask This Old House**
Stair Treads, Sconce Install

NC **America's Heartland**
A ranch family in Utah.

EX **Rick Steves' Europe**
Sevilla

5:00 **PBS** **Carolina Outdoor Journal**
Chasing the Tide

NC **Untamed**
Turtles

EX **Human Footprint**
The Replacements

5:30 **PBS** **PBS News Weekend**

NC **Carolina Outdoor Journal**
Bass'n with Frogs

6:00 **PBS** **Father Brown**
The Scars of War

NC **Classic Gospel**
Wintley Phipps: Amazing Grace—Hymns & Gospel Classics

EX **Human Footprint**
The Urban Jungle

7:00 **PBS** **Miss Fisher's Murder Mysteries**
Ruddy Gore

NC **Song of the Mountains**
Tim Stafford & Thomm Jutz/Tim Graves & the Farm Hands

EX **Human Footprint**
The Ground Below

8:00 **PBS** **Midsomer Murders**
Faithful unto Death, Part 1

NC **Shaped by Sound**
Mipso

EX **Horatio's Drive: America's First Road Trip**
Dr. Horatio Nelson Jackson was first to drive across the continent.

8:30 **NC** **Sonark Sessions: Live from the Barn**
Viniloversus

9:00 **PBS** **Midsomer Murders**
Faithful unto Death, Part 2

NC **Austin City Limits**
Brittany Howard

10:00 **PBS** **Death in Paradise**
A tourist is stabbed.

NC **The Life of a Musician**
John McEuen, Part 1

EX **Horatio's Drive: America's First Road Trip**

10:30 **NC** **Best of Echo Sessions**
Jon Stickley Trio

11:00 **PBS** **Shaped by Sound**
Mipso

NC **No Evidence of Disease**
A rock band made of oncology surgeons.

11:30 **PBS** **Sonark Sessions: Live from the Barn**
Viniloversus

23 SUNDAY

6 AM **PBS** **Donkey Hodie**

6:30 **PBS** **Lyla in the Loop**

NC **Sit & Be Fit**
Tone & Stretch

7:00 **PBS** **Work It Out Wombats!**

NC **Classical Stretch: By Essentrics**
Hip & Glute Flexibility

EX **Antiques Roadshow**
Living History Farms, Hour 3

7:30 **PBS** **Daniel Tiger's Neighborhood**

NC **Wai Lana Yoga**
Loose Legs, Loose Hips

8:00 **PBS** **Carl the Collector**
Classic Gospel

NC **Classic Gospel**
Wintley Phipps: Amazing Grace—Hymns & Gospel Classics

EX **Doc Martin**
To the Lighthouse

8:30 **PBS** **Wild Kratts**

9:00 **PBS** **This Old House**
Ridgewood|Colonial Revival with Modern Flair

NC **The Woodwright's Shop with Roy Underhill**
Corner Cupboard, Part 1

EX **Doc Martin**
The Shock of the New

9:30 **PBS** **Ask This Old House**
Stair Treads, Sconce Install

NC **For Your Home**
Take the Tour

10:00 **PBS** **ncIMPACT**
Youth & Education

NC **NC Weekend**
The Holiday Season

EX **Doc Martin**
S.w.a.l.k.

10:30 **PBS** **State Lines**

NC **Sci NC**
Flight Science

11:00 **PBS** **Christina Cooks: Back to the Cutting Board**
Oh, Spicy!

NC **My Home, NC**
Creative Fire

EX **Doc Martin**
Paint It Black

11:30 **PBS** **Sara's Weeknight Meals**
Family-Friendly Fare

NC **The Key Ingredient with Sheri Castle**
The Egg Comes First

Noon **PBS** **Kevin Belton's New Orleans Kitchen**
The Berry Best

NC **State Lines**

EX **Doc Martin**
Wild West Country

12:30 **PBS** **The Key Ingredient with Sheri Castle**
Warming Up to Hot Peppers

NC **Black Issues Forum**

1:00 **PBS** **Milk Street Television**
New Cookie Classics

NC **Side by Side with Nido Qubein**

EX **Doc Martin**
Equilibrium

1:30 **PBS** **Pati's Mexican Table**
Baja Breakfast

NC **ncIMPACT**
Youth & Education

2:00 **PBS** **America's Test Kitchen**
Chicken & Biscuits

NC **NC Bookwatch**
Nancy Peacock.

EX **Doc Martin**
Single White Bevy

2:30 **PBS** **Cook's Country**
Italian Comfort Food
NC **Carolina**
Outdoor Journal
Bass'n with Frogs L

3:00 **PBS** **Milk Street's**
My Family Recipe
My Mother's Calzone
NC **NC Weekend**
The Holiday Season L
EX **Doc Martin**
Licence to Practice

3:30 **PBS** **Side by Side**
with Nido Qubein L
NC **Sci NC**
Flight Science L

4:00 **PBS** **Black Issues Forum** L
NC **My Home, NC**
Creative Fire L
EX **Adrian Dunbar:**
My Ireland
County Donegal.

4:30 **PBS** **State Lines** L
NC **The Key Ingredient**
with Sheri Castle
The Egg Comes First L

5:00 **PBS** **Washington Week**
with The Atlantic
NC **Fresh Glass**
Neighborhood Brewing
EX **Adrian Dunbar:**
My Ireland
Chef Tom Kerridge
shows Adrian his estate.

5:30 **PBS** **PBS News**
Weekend
NC **Cook's Country**
Low Country Party

6:00 **PBS** **Midsomer Murders**
Faithful Unto Death, Part 1
NC **State Lines** L
EX **Ireland's Wild Coast**

6:30 **NC** **Firing Line** **with**
Margaret Hoover

7:00 **PBS** **Midsomer Murders**
Faithful Unto Death, Part 2
NC **PBS News Weekend**
EX **Ireland's Wild Coast**

7:30 **NC** **Black Issues Forum** L

8:00 **PBS** **Lucy Worsley**
Investigates
Bloody Mary
NC **Finding Your Roots**
Born to Sing
EX **Nova**
Building the Eiffel Tower DV

9:00 **PBS** **Wolf Hall:**
The Mirror & the Light
SEASON PREMIERE!
Wreckage DV
NC **American Experience**
Fly with Me DV
EX **Weathered: Inside**
the LA Firestorm



Mark Rylance and Damian Lewis return as "royal fixer" Thomas Cromwell and Henry VIII in the highly anticipated sequel **Wolf Hall: The Mirror & the Light**, Sunday, March 23, 9 PM, on PBS NC.

10:00 **PBS** **Marie Antoinette**
SEASON PREMIERE!
The Worst Winter
EX **ncIMPACT**
Youth & Education L

10:30 **EX** **Sci NC**
Flight Science L

11:00 **PBS** **The Paris Murders**
Facing the Camera
NC **Women's Basketball:**
The Road to Respect
EX **Antiques Roadshow**
Living History Farms, Hour 3

24 MONDAY

6 PM **PBS** **PBS News Hour**
NC **Laura Flanders**
& Friends
EX **Burt Wolf:**
Travels & Traditions
What's Cooking in Miami

6:30 **NC** **State Lines** L
EX **Samantha Brown's**
Places to Love
New Orleans, Louisiana

7:00 **PBS** **The Key Ingredient**
with Sheri Castle
Muscadine Mood L
NC **PBS News Hour**

EX **Rick Steves' Europe**
Germany's Dresden
& Leipzig

7:30 **PBS** **My Home, NC**
Creative Fire L
EX **Joseph Rosendo's**
Travelscope
Bhutan, Part 2: Land of
the Thunder Dragon DV

8:00 **PBS** **Antiques Roadshow**
Denver Botanic Gardens
Chatfield Farms, Hour 1
NC **The Courthouse**
Rebuilding a historic NC
courthouse. L
EX **Lucy Worsley**
Investigates
Bloody Mary

8:30 **NC** **The Imaginary Vil-**
lage of Allan Gurganus
Connecting the eclectic
domain of Allan Gurganus'
community to his fiction.

9:00 **PBS** **Antiques Roadshow**
Bismarck, Hour 3
NC **NC Weekend**
The Holiday Season L
EX **Wolf Hall:**
The Mirror & the Light
Wreckage



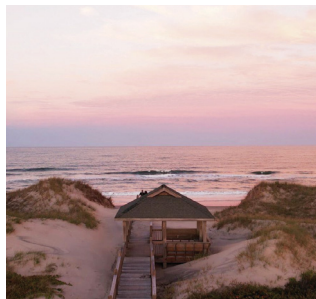
In the new season of **Marie Antoinette**, disastrous consequences loom for Marie and Louis as the revolt rumbles on, Sunday, March 23, 10 PM, on PBS NC.



On **Independent Lens**, a basketball prodigy's life intensifies amid injury and triumph, Monday, March 24, 10 PM, on PBS NC.



American Experience examines the decades-long push for equality and accessibility, Tuesday, March 25, 9 PM, on PBS NC.



The series **Hometowns** heads to the Outer Banks for a visit to Corolla, Wednesday, March 26, 8:30 PM, on the North Carolina Channel.

- 9:30** **NC** **My Home, NC**
Creative Fire L
- 10:00** **PBS** **Independent Lens**
Home Court DV
NC **The Dream Whisperer**
An NBA great's quest to get recognition for a special HBCU team.
EX **Marie Antoinette**
The Worst Winter
- 11:00** **NC** **Reel South**
For the Record/ I'm the Girl DV, L
EX **Finding Your Roots**
Born to Sing
- 11:30** **PBS** **Amanpour & Co.**

25 TUESDAY

- 6 PM** **PBS** **PBS News Hour**
NC **ncIMPACT**
Youth & Education L
EX **America's Test Kitchen**
Chicken & Biscuits
- 6:30** **NC** **Black Issues Forum** L
EX **Cook's Country**
Italian Comfort Food
- 7:00** **PBS** **Side by Side with Nido Qubein**
Rev. Franklin Graham. L
NC **PBS News Hour**
EX **Great Lighthouses of Ireland**
Fastnet in County Cork.
- 7:30** **PBS** **NC Weekend**
The Holiday Season L
- 8:00** **PBS** **Finding Your Roots**
The Brick Wall Falls
NC **The Key Ingredient with Sheri Castle**
The Egg Comes First L

- EX** **Secrets of the Royal Palaces**
Hampton Court: Upstairs, Downstairs
- 8:30** **NC** **A Chef's Life**
What's Your Beef? L
- 9:00** **PBS** **American Experience**
Change, Not Charity: The Americans with Disabilities Act DV
NC **How She Rolls**
Biscuits Rising ... in Charlotte DV
EX **Travels with Darley**
Chicago Architecture & the Magnificent Mile
- 9:30** **NC** **Cook's Country**
Italian Comfort Food
EX **Rick Steves' Europe**
Salzburg & Surroundings
- 10:00** **PBS** **Frontline**
The Rise & Fall of Terrorgram
NC **America's Test Kitchen**
Chicken & Biscuits
EX **Samantha Brown's Places to Love**
New Orleans, Louisiana
- 10:30** **NC** **Travels with Darley**
Chicago Architecture & the Magnificent Mile
EX **America's Heartland**
Lobster fishing.
- 11:00** **NC** **The Great American Recipe**
Family DV
EX **Joseph Rosendo's Travelscope**
Following the Reformation Trail in Switzerland & Germany, Part 2 DV

- 11:30** **PBS** **Amanpour & Co.**
EX **In the Americas with David Yetman**
Kites of the Dead in Guatemala

26 WEDNESDAY

- 6 PM** **PBS** **PBS News Hour**
NC **In Good Shape: The Health Show**
EX **ncIMPACT**
Youth & Education L
- 6:30** **NC** **Getting Dot Older**
Recycling Wheels
EX **Sci NC**
Flight Science L
- 7:00** **PBS** **MotorWeek**
NC **PBS News Hour**
EX **Rick Steves' Europe**
Germany's Frankfurt & Nürnberg
- 7:30** **PBS** **Sci NC**
Flight Science L
EX **America's Test Kitchen**
Chicken & Biscuits
- 8:00** **PBS** **Nature**
Grizzly 399: Queen of the Tetons DV
NC **My Home, NC**
If You Build It L
EX **Cook's Country**
Italian Comfort Food
- 8:30** **NC** **Hometowns**
Corolla, NC L
EX **Pati's Mexican Table**
Los Cabos by Land & Sea
- 9:00** **PBS** **Nova**
Hunt for the Oldest DNA DV
NC **Antiques Roadshow**
Vintage Hartford 2023, Hour 2
EX **The Key Ingredient with Sheri Castle**
The Egg Comes First L
- 9:30** **EX** **Fresh Glass**
Who's the Winemaker

10:00 **PBS** **The Future of Nature**
SERIES PREMIERE! *Oceans*
NC **Georgia O'Keeffe:**
A Woman on Paper
The artist's career and
her time spent in SC.
EX **Milk Street Television**
New Bistro Classics

10:30 **NC** **Design in Mind:**
Bunny Williams:
Not a House But a Home
A look at the renowned
interior designer.
EX **Burt Wolf:**
Travels & Traditions
What's Cooking
in Guatemala

11:00 **PBS** **Amanpour & Co.**
NC **The Courthouse**
EX **Nature**
The Elephant & the
Termite DV

11:30 **NC** **The Imaginary Vil-**
lage of Allan Gurganus

27 THURSDAY

6 PM **PBS** **PBS News Hour**
NC **Side by Side**
with Nido Qubein L
EX **Lidia's Kitchen**
Dream of Summer

6:30 **NC** **Carolina**
Business Review
EX **Pati's Mexican Table**
Los Cabos by Land & Sea

7:00 **PBS** **Family Travel**
with Colleen Kelly
Best of the Beach
NC **PBS News Hour**
EX **Rick Steves' Europe**
Bulgaria

7:30 **PBS** **The Key Ingredient**
with Sheri Castle
Let's Talk Homegrown
Tomatoes L
EX **Samantha Brown's**
Places to Love
New Orleans, Louisiana

8:00 **PBS** **My Home, NC**
If You Build It L
NC **Sci NC**
Harvesting Science L
EX **Graceball: The Story**
of Bobby Richardson
Richardson's pro
baseball career.

8:30 **PBS** **Sci NC**
Harvesting Science L
NC **Exploring NC**
First Lost Colony L

9:00 **PBS** **NC Weekend**
Cheers! L



On **The Future of Nature**, go
on a deep dive of our oceans,
Wednesday, March 26, 10 PM,
on PBS NC.

NC **This American Land**
Sending in the Marines,
Feeding the Beach &
Trailblazing Volunteers
EX **The Black Sox Scan-**
dal: American Stories
The wild scheme of the
Chicago Black Sox.

9:30 **PBS** **Shaped by Sound**
Blue Cactus L
NC **10 Days in Watts**
A Garden Grows in Watts

10:00 **PBS** **Reel South**
Land-Scaped
Landscapes DV, L
NC **Return of the**
Trumpeters

A conservation
success story.
EX **Never Drop the Ball**
Black baseball players
through decades of
exclusion.

11:00 **PBS** **Amanpour & Co.**
NC **H2O: The Molecule**
That Made Us
Crisis

EX **Joseph Rosendo's**
Travelscope
Eastern Europe's
Treasures: From
Budapest to Bucharest DV

11:30 **EX** **In the Americas**
with David Yetman
Under the Shadow
of the Volcanoes

28 FRIDAY

6 PM **PBS** **PBS News Hour**
NC **NC Bookwatch**
Anna Rubino. L

EX **Sara's**
Weeknight Meals
When Pigs Fry

6:30 **NC** **Comic Culture** L
EX **America's**
Test Kitchen
Spring Dinner for Company



Jacqueline du Pré: Genius &
Tragedy celebrates the gifted
cellist whose career was
cruelly curtailed by MS, Friday,
March 28, 9 PM, on PBS NC.

7:00 **PBS** **Black Issues Forum** L
NC **PBS News Hour**
EX **Rick Steves' Europe**
Romania

7:30 **PBS** **ncIMPACT**
Infrastructure L
EX **The Key Ingredient**
with Sheri Castle
Let's Talk Homegrown
Tomatoes L

8:00 **EX** **Call the Midwife**
Holiday Special 2024 DV
PBS **Washington Week**
with The Atlantic
NC **NC Weekend**
Cheers! L

8:30 **PBS** **State Lines** L
NC **The Key Ingredient**
with Sheri Castle
Let's Talk Homegrown
Tomatoes L

9:00 **PBS** **Jacqueline du Pré:**
Genius & Tragedy
The life of the cellist.
NC **State Lines** L

9:30 **NC** **Black Issues Forum** L
EX **Midsomer Murders**
Beyond the Grave, Part 1

10:00 **NC** **Side by Side**
with Nido Qubein
Rev. Franklin Graham. L

10:30 **PBS** **The Ukrainian**
Freedom Orchestra
Plays Beethoven's 9th
Symphony Freedom
NC **ncIMPACT**
Infrastructure L

EX **Midsomer Murders**
Beyond the Grave, Part 2
11:00 **NC** **Dismantling**
Democracy
Democracy Around
the World

11:30 **EX** **Shaped by Sound**
Blue Cactus L

29 SATURDAY

- 6 AM** **PBS** **Mister Rogers' Neighborhood** DV
EX **Carolina Outdoor Journal**
Big Reds L
- 6:30** **PBS** **Daniel Tiger's Neighborhood** DV
NC **Sit & Be Fit**
Warm Up, Circulate, Strengthen & Stretch
EX **Dream of Europe**
London Part 1 with Abbey Road Studios
- 7:00** **PBS** **Sesame Street** DV
NC **Classical Stretch: By Essentrics**
Hamstring Flexibility
EX **Travels with Darley**
Quebec Eco-Adventures
- 7:30** **PBS** **Donkey Hodie** DV
NC **Wai Lana Yoga**
Special: Pregnancy, Part 2
EX **Rick Steves' Europe**
The Best of Slovenia
- 8:00** **PBS** **Pinkalicious & Peterrific** DV
NC **NC Weekend**
Cheers! L
EX **Nature**
Grizzly 399: Queen of the Tetons DV
- 8:30** **PBS** **Molly of Denali** DV
NC **The Key Ingredient with Sheri Castle**
Let's Talk Homegrown Tomatoes L
- 9:00** **PBS** **Elinor Wonders Why** DV
NC **State Lines** L
EX **Nova**
Hunt for the Oldest DNA DV
- 9:30** **PBS** **Nature Cat**
NC **Black Issues Forum** L
- 10:00** **PBS** **NC Weekend**
Cheers! L
NC **Side by Side with Nido Qubein**
Rev. Franklin Graham L
EX **Lidia's Kitchen**
Dream of Summer
- 10:30** **PBS** **My Home, NC**
If You Build It L
NC **ncIMPACT**
Infrastructure L
EX **A Taste of History**
Danube River Adventure, Part 1
- 11:00** **PBS** **Garden Smart**
Spring Color



Fresh Glass toasts the next generation of winemakers, Saturday, March 29, 1:30 PM, on the Explorer Channel.

- NC** **Dismantling Democracy**
Democracy Around the World
EX **Milk Street Television**
Vegetables for Meat Lovers
- 11:30** **PBS** **Homemade Live!**
Cookbook Club
EX **Milk Street's My Family Recipe**
My Mother's Pernil
- Noon** **PBS** **A Taste of History**
Nourished by Nature
St. John's, Newfoundland
NC **NC Weekend**
Cheers! L
EX **Sara's Weeknight Meals**
When Pigs Fry
- 12:30** **PBS** **Ireland with Michael**
The Galway Races
NC **Sci NC**
Harvesting Science L
EX **Family Travel with Colleen Kelly**
Greater Fort Lauderdale, Florida
- 1:00** **PBS** **Antiques Roadshow**
Denver Botanic Gardens
Chatfield Farms, Hour 1
NC **My Home, NC**
If You Build It L
EX **NC Weekend**
Cheers! L
- 1:30** **NC** **The Key Ingredient with Sheri Castle**
Let's Talk Homegrown Tomatoes L
EX **Fresh Glass**
The Future Generation of Winemaking
- 2:00** **PBS** **Rick Steves' Europe**
Germany's Hamburg & the Luther Trail
NC **Jazzy Vegetarian**
Soup, Salad & Dessert
EX **Great Lighthouses of Ireland**

- 2:30** **PBS** **Samantha Brown's Places to Love**
Route 66: Oklahoma City to Texas
NC **Quilting Arts**
Dynamic Dimension
- 3:00** **PBS** **Travels with Darley**
Ellijay, Georgia
NC **Lap Quilting with Georgia Bonesteel**
Fall into Step
EX **Secrets of the Royal Palaces**
Hampton Court: Upstairs, Downstairs
- 3:30** **PBS** **Woodsmith Shop**
Weekend Shelf Projects
NC **The Woodwright's Shop with Roy Underhill**
Corner Cupboard, Part 2 L
- 4:00** **PBS** **This Old House**
Westford/Welcome to Westford
NC **American Woodshop**
Cantilevered Tables
EX **Dream of Europe**
London Part 1 with Abbey Road Studios
- 4:30** **PBS** **Ask This Old House**
Outdoor Shower
NC **America's Heartland**
Soybeans.
EX **Rick Steves' Europe**
England's Bath & York
- 5:00** **PBS** **Carolina Outdoor Journal**
Structured Sheepshead L
NC **Untamed**
Owls
EX **Nature**
The Elephant & the Termite DV
- 5:30** **PBS** **PBS News Weekend**
NC **Carolina Outdoor Journal**
Big Reds L
- 6:00** **PBS** **Doc Martin**
To the Lighthouse
NC **Classic Gospel**
Gaither Vocal Band: Love Songs
EX **Nova**
Hunt for the Oldest DNA DV
- 7:00** **PBS** **Miss Fisher's Murder Mysteries**
Murder in Montparnasse
NC **Song of the Mountains**
Nothin' Fancy/EmiSunshine & The Rain
EX **Weathered: Inside the LA Firestorm**

- 8:00** **PBS** **Midsomer Murders**
Death in Disguise, Part 1
NC **Shaped by Sound**
Blue Cactus L
EX **American Experience**
Change, Not Charity: The Americans with Disabilities Act DV
- 8:30** **NC** **Sonark Sessions:**
Live from the Barn
The Old Ceremony L
- 9:00** **PBS** **Midsomer Murders**
Death in Disguise, Part 2
NC **Austin City Limits**
Jelly Roll/The War & Treaty
EX **The Vietnam War**
Deja Vu (1858–1961) DV
- 10:00** **PBS** **Death in Paradise**
The team investigates the death of a tourist.
NC **The Life of a Musician**
John McEuen, Part 2
- 10:30** **NC** **Best of Echo Sessions**
Satsang
EX **The Vietnam War**
Déjà Vu (1858–1961) DV
- 11:00** **PBS** **Shaped by Sound**
Blue Cactus L
NC **Inside High Noon**
The film's production.
- 11:30** **PBS** **Sonark Sessions:**
Live from the Barn
The Old Ceremony L

30 SUNDAY

- 6 AM** **EX** **Finding Your Roots**
The Brick Wall Falls DV
- 6:30** **PBS** **Lyla in the Loop** DV
NC **Sit & Be Fit**
Functional Feel-Good Exercises
- 7:00** **PBS** **Work It Out**
Wombats! DV
NC **Classical Stretch: By Essentrics**
Ab & Waist Strengthening
EX **Antiques Roadshow**
Denver Botanic Gardens Chatfield Farms, Hour 1
- 7:30** **PBS** **Daniel Tiger's Neighborhood** DV
NC **Wai Lana Yoga**
Special: Pregnancy, Part 3
- 8:00** **PBS** **Carl the Collector**
NC **Classic Gospel**
Gaither Vocal Band: Love Songs
EX **Doc Martin**
I Will Survive
- 8:30** **PBS** **Wild Kratts**



On *Call the Midwife*'s season premiere, the midwives enter the 1970s, which brings with it new challenges for Nonnatus House, Sunday, March 30, 8 PM, on PBS NC.

- 9:00** **PBS** **This Old House**
Westford/Welcome to Westford
NC **The Woodwright's Shop with Roy Underhill**
Corner Cupboard, Part 2
EX **Doc Martin**
One Night Only
- 9:30** **PBS** **Ask This Old House**
Outdoor Shower
NC **For Your Home**
Baby on the Way DV
- 10:00** **PBS** **ncIMPACT**
Infrastructure L
NC **NC Weekend**
Cheers! L
EX **Doc Martin**
How Long Has This Been Going On?
- 10:30** **PBS** **State Lines** L
NC **Sci NC**
Harvesting Science L
- 11:00** **PBS** **Christina Cooks:**
Back to the Cutting Board
How the Past Informs the Future
NC **My Home, NC**
If You Build It L
EX **Doc Martin**
Everlasting Love
- 11:30** **PBS** **Sara's**
Weeknight Meals
A Tale of Two Chinatowns
NC **The Key Ingredient with Sheri Castle**
Let's Talk Homegrown Tomatoes L
- Noon** **PBS** **Kevin Belton's**
New Orleans Kitchen
Mom's Night Out
NC **State Lines** L
EX **Doc Martin**
Fly Me to the Moon
- 12:30** **PBS** **The Key Ingredient with Sheri Castle**
Let's Talk Homegrown Tomatoes L
- NC** **Black Issues Forum** L
- 1:00** **PBS** **Milk Street Television**
Chicken Paprikash
NC **Side by Side with Nido Qubein**
Rev. Franklin Graham. L
EX **Doc Martin**
Return to Sender
- 1:30** **PBS** **Pati's Mexican Table**
Mexican Wine Country
NC **ncIMPACT**
Infrastructure L
- 2:00** **PBS** **America's**
Test Kitchen
Spring Dinner for Company
NC **NC Bookwatch**
Anna Rubino. L
EX **Doc Martin**
Love Will Set You Free
- 2:30** **PBS** **Cook's Country**
Thai Comforts
NC **Carolina**
Outdoor Journal
Big Reds L
- 3:00** **PBS** **Milk Street's**
My Family Recipe
My Grandmother's Christmas Popovers
NC **NC Weekend**
Cheers! L
EX **Doc Martin**
Our Last Summer
- 3:30** **PBS** **Side by Side with Nido Qubein**
Rev. Franklin Graham. L
NC **Sci NC**
Harvesting Science L
- 4:00** **PBS** **Black Issues Forum** L
NC **My Home, NC**
If You Build It L
EX **Lucy Worsley Investigates**
Bloody Mary
- 4:30** **PBS** **State Lines** L

NC The Key Ingredient
with Sheri Castle

*Let's Talk Homegrown
Tomatoes* **L**

5:00 **PBS** Washington Week
with The Atlantic

NC Fresh Glass

*The Future Generation
of Winemaking*

EX Wolf Hall:
The Mirror & the Light
Wreckage

5:30 **PBS** PBS News
Weekend

NC Cook's Country

Midwestern Favorites

6:00 **PBS** Midsomer Murders
Death in Disguise, Part 1

NC State Lines **L**

EX Marie Antoinette
The Worst Winter

6:30 **NC** Firing Line with
Margaret Hoover

7:00 **PBS** Midsomer Murders
Death in Disguise, Part 2

NC PBS News Weekend

EX Nature

*Grizzly 399: Queen
of the Tetons* **DV**

7:30 **NC** Black Issues Forum **L**

8:00 **PBS** Call the Midwife **DV**
SEASON PREMIERE!

The team supports
a pregnant teen.

NC Finding Your Roots
The Brick Wall Falls **DV**

EX Nova

Hunt for the Oldest DNA **DV**

9:00 **PBS** Wolf Hall:
The Mirror & the Light

Obedience **DV**

NC 100 Years

from Mississippi

Mamie Lang Kirkland
confronts her trauma.

EX The Future of Nature
Oceans

10:00 **PBS** Marie Antoinette
A Poison Pen

NC American Masters

*Rita Moreno: Just a Girl
Who Decided to Go for It* **DV**

EX ncIMPACT
Infrastructure **L**

10:30 **EX** Sci NC

Harvesting Science **L**

11:00 **PBS** The Paris Murders
On the List

EX Antiques Roadshow
*Denver Botanic Gardens
Chatfield Farms, Hour 1*

31 MONDAY

6 PM **PBS** PBS News Hour

NC Laura Flanders

& Friends

EX Burt Wolf:

Travels & Traditions

*What's Cooking in
the Palm Beaches*

6:30 **NC** State Lines **L**

EX Samantha Brown's
Places to Love

25th Anniversary Special

7:00 **PBS** The Key Ingredient
with Sheri Castle

The Apples of My Eye **L**

NC PBS News Hour

EX Rick Steves' Europe

Assisi & Italian

Country Charm

7:30 **PBS** My Home, NC

If You Build It **L**

EX Joseph Rosendo's

Travelscope

A San Antonio Christmas **DV**

8:00 **PBS** Antiques Roadshow

Denver Botanic Gardens

Chatfield Farms, Hour 2

NC Earthcaster

Artist Thomas Sayre.

EX Call the Midwife

The team supports
a pregnant teen.

9:00 **PBS** Antiques Roadshow

Birmingham, Hour 1

NC NC Weekend

Cheers! **L**

EX Wolf Hall:

The Mirror & the Light

Obedience

9:30 **NC** My Home, NC

If You Build It **L**

10:00 **PBS** Going Your Way

End-of-life care.

NC The Singing Senator

Charlie Albertson.

EX Marie Antoinette

A Poison Pen

10:30 **NC** Our American

Family: The Mays

A mill sustains a Nash-
ville community.

11:00 **PBS** Amanpour & Co.

NC Reel South

Land-Scaped

Landscapes **DV, L**

EX Finding Your Roots

The Brick Wall Falls **DV**

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STAY TUNED ...



PBS NC's climate change series **State of Change** returns in April with a new installment. Learn how communities along rivers, wetlands and the coast are returning landscapes to a natural state to increase their resilience to flooding, rising tides and other events caused by our changing climate.

Recognizing Special Friends

Gifts to PBS North Carolina offer thoughtful remembrances.

In honor of: **Linda Ross • Ann Schneidwind**

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AND SUPPORTING...

